# The Welcome Record

Volume 33 Issue 33 Wednesday 5th September 2018 Donation: 50c

# 'Sense of Place' Progress.....



We had a great session at the school last week with our tile painting, and now have about half of the tiles needed! A dedicated group has been attending on Wednesdays, which has been wonderful, We are certainly getting an idea about what Dunolly offers to people - a beautiful natural environment, groups to cater for a variety of interests, friendships, historical connections, memories of people who have been important in their lives and the community, to name a few.

If you or your group have not yet participated, please contact us, and make your mark on the sculpture.

The tiling of the front images is ramping up this week, with Deborah guiding us patiently in gaining confidence to select suitable shapes and colours to bring the drawings to life. We hope to have these nearing completion soon! The first is now sitting in the window of Deborah's studio space in Broadway - the former craft shop.

We are also looking for a structural engineer who can assist us with specifications for the steel structures that are required for installation. If anyone has these skills, or can suggest someone who has, we would love to hear from them. So far our own investigations have drawn blanks!

Contact by email at <a href="ministryoffundunolly@gmail.com">ministryoffundunolly@gmail.com</a> or phone Anna 0490 077 902.





### The Welcome Record Inc.

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Published by community volunteers at the Dunolly Town Hall 83 Broadway Dunolly Victoria 3472

Phone: (03) 5468 1054

Email: welcomerecordsatiinet.net.au

Web: www.dunollynews.org



#### **Editors:**

Susan Anderson - Editor in Chief (President)
Marilyn Goldie - Sub Editor (Secretary)

#### Office:

Faye Arnold
Jan Brock (Treasurer)
Monika Thumerer (Office Manager)

#### **Proofreaders:**

Murray Hall Cynthia Lindsay Rosemary Mecredy Jenny Scott Marilyn Rowe

#### **Printing and Distribution:**

Jan Brock Cheryl Jennings Theresa Milne Monika Thumerer Marilyn and Bob Rowe

#### **OPENING TIMES**

Tuesday 9.30am - 3.30pm

(for advertisements, articles and classifieds)

#### Wednesday 9.00am - 3.30pm

(to receive payments)

Contributions are accepted up to closing time on Tuesdays. Exceptions are made only by prior arrangement, or for important community notices for the *Classified* pages. If in doubt, please ring us before 3.00pm on Tuesday to avoid disappointment.

All letters, articles and classifieds must contain the writer's full name, home address and daytime telephone number.

The Welcome Record aims to present the diversity of viewpoints which reflect the concerns and interests of our community. It will not print contributions which are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. The opinions expressed by contributors are not necessarily those of The Welcome Record.



Phone 5468 1054



Really enjoyed the Yellow Book — good job ladies. I really love the magpies in the yard and enjoy their happy yodelling all hours of the day and night. BUT, I could do without the "messages" they leave all over the place. They can perch on the clothes line any time they like, but I wish they would not leave their messages on the washing.

I don't know what they eat at times, but it produces an almost permanent dye.

I was checking a breathtakingly large total on my supermarket docket when I noticed an item "potato sweet gold composite". What on earth is a composite vegetable?



Item in the leaflet from one of the big two supermarkets — "thicker, softer, happier toilet paper"! If you hear giggling in your loo, you will know it's your happy toilet paper.

I see the police are going to be fitted with body cameras for their security. I

sometimes wonder how they can carry all the gear they already have about their person. Now they will have another item to cope with.

After the rate notices arrived this week, a friend remarked that their rates were \$30 less than last year. When I checked ours, it was the princely sum of \$1.50 less.

Rosie

## What the Heck are you talking about KAZ ????

HOW NOT TO RELAX



If you are trying to cut down on sunflower seeds, quinoa and kale, take up smoking, drinking and doing drugs, it will REALLY help. Kaz Cooke

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### LETTERS TO EDITOR

#### Dear Editor

#### A Delight

What a delightful gift the current Welcome Record team have given the Dunolly community with their special 'yellow book'. It was very interesting to see how newer technology has improved the look of the Welcome Record over the years, though there is appeal in the imperfections of years gone by. It brought back memories of camaradie and friendships which were founded on doing the best work we could with what we had at the time. And the real sense of purpose and satisfaction we all got when the new Welcome Record hit the street on time was amazing. I imagine today's team of volunteers get that same satisfaction from a job well done. There is one thing I must correct though. I was never a member of the Welcome Record committee. For all sorts of reasons it was something I never found the time for. The committee was, and still is I would imagine, the guiding force behind the Welcome Record and has kept it a relevant and interesting part of our community for so long. Reading all the old news items tells the story of our past and the changes which are essential for a community's growth over the years. Let us hope it continues to record Dunolly and district's story well into the future.

Vicky Frizzell

#### Dear Editor

What a pleasant surprise to see a special edition of the old Yellow Book which brought up many memories of things that happened in the community all those years ago.

Special interest was the birth notice of our son, who by the way was the last baby to come out of the Dunolly Hospital before the birthing facilities were closed.

I wonder whether a regular page or two of yesteryear could be incorporated in the weekly edition, as stories and verse written by Colin Smith and others, I think, would have a real following in the community. Keep up the good work

Martin Saul

Dear Editor,

Memories, ahhhh.

Only the cover of our yellow book was Yellow – all we could afford, ha! Looks good all in yellow – a great idea. Golly, golly, where did all those years go?

A lot of folks were not mentioned, so it could be an ongoing saga if you could convince our volunteers of old to write. Shirley Akers and Kaye Pollinelli started the yellow book and boy, was that primitive! A large roller typewriter with a stencil sideways. What a joy computers are, eh? Ken Roberts from Finders picked up when they stopped, etc. etc.

You are doing a wonderful job, keep up the good work.

Carolyn



Some of the glorious wattle trees in bloom in and around Dunolly Photo by Jenny Scott

Remember - for a colourful viewing experience - open The Welcome Record online at <a href="https://www.dunollynews.org/">https://www.dunollynews.org/</a>



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# CENTRAL

#### Council Plan refresh adopted

Central Goldfields Shire Council adopted the refresh of the 2017-2021 Council Plan at an Ordinary Meeting of Council last night (28/08).

The Council Plan is developed every four years and under the Local Government Act it must be reviewed annually. It sets out the strategic direction for Council and guides our work by setting our priorities and actions towards achieving our vision and transparently outlines how it will be achieved.

The Council Plan 2017-2021 was informed by the Central Goldfields Shire community and stakeholders as part of a community consultation process. Additional community consultation was carried out in April 2018 as part of the Have your Say campaign.

More than 500 residents provided feedback via listening posts, postcards and an online survey.

Central Goldfields Shire Council Chief Administrator Noel Harvey said it was great to see one of Council's most important documents finalised.

"The refresh of the Council Plan was made possible thanks to the hundreds of residents who took the time to provide us with feedback as part of the Have Your Say campaign.

"Your feedback provided us with valuable input that helped us inform the updated Plan to ensure it is community driven and relevant.

"The Council Plan drives our decision-making and planning for the next three years and we look forward to working closely with the community in its delivery."

#### Carisbrook Flood Community Reference Group

The Carisbrook Flood and Drainage Management Plan Implementation Community Reference Group was appointed at an Ordinary Meeting of Council last night (28/08).

At the June Council Meeting, Council approved the establishment of the group, the terms of reference and the expression of interest process.

Five members of the Carisbrook community expressed an interest in membership and Council last night approved the appointment of Ms Alison Teese OAM; Mrs Helen Broad; Mrs Patricia Coutts; Mr Hayden Stewart and Mr Keith McLeish.

Central Goldfields Shire Chief Administrator Noel Harvey said the group was established to work closely with Council staff and the community.

Its mission is to effectively and efficiently deliver the remaining flood management infrastructure and establish good community practices around flood management.

"Each of the members of the group has direct experience in working with the Carisbrook community and will be in a position to feedback progress of the implementation of the Carisbrook Flood and Drainage Management Plan with the community."

Implementation of the Carisbrook Flood and Drainage Management Plan has commenced with creek clearing and levy construction. Stages 1 and 2 of the Flood Levy were completed and Stages 3 and 4 are pending Council acquisition of the land required for levy construction.

# Renowned artist's works to go on show at Gallery

Works from one of Australia's leading landscape artists are going on display at the Central Goldfields Art Gallery this weekend.

Opening at the Gallery at 2pm on Saturday 8th September, the Jeff Makin: Survey exhibition will be launched by Central Goldfields Shire Chief Administrator Noel Harvey.

Prior to the official opening, Jeff will give a free artist's talk at 1.30pm where he will explain some of the inspiration and background for his art. All community members are welcome to attend.

Jeff Makin: Survey is a specially curated exhibition that highlights the beauty and majesty of the landscape stretching from Mount Macedon through to the Grampians.

Central Goldfields Shire Chief Administrator Noel Harvey said the Gallery's latest exhibition will be the latest in a series of popular displays.

"Jeff Makin is an artist of reputation and I have no doubt his works will bring in locals and visitors from near and far," he said.

Being a fulltime artist for decades, Jeff has explored the picturesque and sublime elements of nature and carries on the tradition of painting outside, en plain air, of the Heidelberg School of Painters living in Australia during the 19th century.

Jeff is represented in major public and private collections throughout Australia.

The exhibition will be on display at Central Goldfields Art Gallery from this Saturday 8 September to 14 October 2018.

For more information and interviews contact Central Goldfields Shire Communications Officer Lachlan Steed on 5461 0689.

**CGSC News** 



New mural at Dunolly Bowling Club.
Painted by John Moir



# MAYORAL COLUMN

#### Loddon Healthy Minds conference thank you

I would like to acknowledge the Loddon Healthy Minds Network for all its work in organising the Suicide Prevention conference, held on Thursday 30th August at the Inglewood Town Hall.

Suicide Prevention – it's everyone's business was opened by the Federal Member for Murray Damian Drum, and brought together health professionals, volunteers and community members with an interest in community mental health. The aim of the conference was to focus on suicide prevention and mental health in our rural areas, as well as raising awareness and starting conversations in communities.

The conference was very well-attended, with practitioners from a number of regional areas. A range of speakers on the day also shared important insights for participants to take back to their communities.

I'd like to thank all those involved in helping organise this important forum, including the Loddon Healthy Minds Network, and Council. I'd also like to thank all the speakers (including keynote speaker Wayne Schwass) who provided their time and passed on valuable knowledge and skills to those in attendance.

The conference was made possible thanks to funding from the Building Better Regions Fund and support received from the Murray phn, Lifeline, Boort Hospital, SalvoCare Northern Victoria, Bendigo Health Carers Support Service, Northern District Community Health and Strong Families Strong Children Loddon.

#### Naturally Loddon Spring Festival is on now

Sunday 2nd September marked the official launch of the 2018 Naturally Loddon Spring Festival, which includes 14 family-friendly events between now and Melbourne Cup weekend across the Loddon Valley.

The Father's Day launch, held at John and Sonia Piccoli's sculpture gardens at Barraport, gave visitors the chance to explore this amazing property and see John's famed sculptures up close.

This year's Naturally Loddon Spring festival program includes the ever-popular Kooyoora Wildflower Show, family weekends at Terrick Terrick National Park and Little Lake Boort, and nature walks at Bridgewater-On-Loddon

The festival also includes the Wedderburn Vintage Machinery Rally, town festivals at Inglewood and Tarnagulla, stand-up paddle-boarding on the Serpentine Creek, a spring dance and Boort's annual metal sculpture competition.

For more information on all events, visit www.loddon.vic.gov.au or call the Loddon Visitor Information Centre on (03) 5494 3489.

Cr Sheryl McKinnon

# DISCOVERING DUNOLLY RADIO SHOW



Tuesdays 5 PM Thursdays 6 PM (encore) Goldfields FM 99.1

#### Winter By The River

The river looked different today. It had a glazed aspect.

Jess should have realised after seeing the ducks procrastinate about entering the water. Rafts of thin ice floated, creating fractal geometry upon the surface. Water continued to tumble over the small weir, but at a reduced rate. She gazed up the rise toward the powered sites of the caravan park.



The morning sun felt warm on her skin but also highlighted her hard-won wrinkles and gaunt stare. The overnight tourists were off again; a process repeated everyday as they arrived late and departed early in their flash cars and modern caravans. How Jess envied their ability to just trundle away to a better life.

That life was not to be hers. Fate and bad choices had decreed that she had to do it tough. And, by God, how starkly defined and unyielding it was. She had been beaten black and blue by yet another drug-addled partner and turned out onto the street with unaddressed debt; an intellectually disadvantaged thirteen year old son named Noah; a clapped-out Holden Commodore and a large dog called Brute. The dog was now living in the car because the vehicle didn't go anymore and there was nowhere else to house the animal. Jess shared a Kmart tent with her latest partner, Justin, who was younger than her, but he at least had a job, enabling them to pay the caravan park fees. Noah occupied another Kmart tent next to them. The nights were subzero and shivering had become second-nature. That hadn't prevented Justin from forcing himself on her last night. She wondered how he could possibly feel amorous in the spiteful cold.

"Get off me ya frigging scumbag!" she had cried out in the hours before dawn. "Justin, get off me I said!" Jess had screamed at him again and again but it only seemed to encourage him. "What about Noah?" she had implored. Jess was painfully aware of her son lying in the tent next door, so close that she could almost reach out and touch him.

Justin had laughed, "He's got to learn some time." He had then shaken her roughly and demanded, "Whose money pays the rent, huh?" Jess had succumbed, as always. Life could be worse, she supposed, but not by much.

In contrast, Noah possessed such a sweet disposition despite the glassy look in his eyes denoting the absence of something there. Jess wished she could do better by him. He didn't deserve this kind of life and it was heart-breaking to witness his unabashed gratitude for the small gifts that she managed to scrounge for him. Luckily, Noah thought that camping out in a tent in winter was some kind of big adventure, but he really should have been in school instead of wasting his days on the riverbank.

One day her debts would be repaid. One day she would have a loving partner and a roof over her head. One day Noah would be able to live independently and productively. But, for now, the only thing for Jess to welcome was the coming of summer and an end to this bleakest of winters.

Martyn Barnett



#### **Dunolly Christian Churches**

Invites you to worship God and welcomes you to their services:

### **Anglican Church Services:**

St John's Dunolly

10am Thursday Eucharist Canon Heather **Emu** 

11.30am, 2nd and 4th Sundays of the month

Bealiba St. David's

8am, 1st & 3rd Sunday of the month

#### **Catholic Church Services:**

Dunolly, St. Mary's

8.30am Mass, 2nd & 4th Sunday of the month

8.30am Assembly, 1st & 3rd Sunday of the month

Bealiba, St. Patrick's

8.30am Mass, 5th Sunday of the month

### **Uniting Church Services:**

Dunolly

9.30am Sunday musical celebration with Heiner Bauch



#### Catholic Church St. Mary's Muse

It was good to see Joan and Joe back home again. There will be an Old Time Dance at the Avoca Hall from 1.30pm to 5.00pm on Sunday 9th September to raise money for drought relief. The cost is \$8 per head and please bring a plate for afternoon tea. The hall is heated. Contact Allen on 0408 396 844.

Donations for the Annual Appeal for Sick and Retired Priests can be put in an envelope marked "retired priests appeal" and put on any collection over the next two weeks.

There will be Mass at St. Mary's Dunolly on Sunday, 9th September at 8.30am.

R Mecredy

The just will live in the presence of the Lord.

Ps. 14:2-5



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#### **Uniting Church News**

This week Heiner Bauch will lead us in our musical celebration service. We will be singing all our old favourite hymns.

Our car-boot sale will be on this Saturday the 8th September. Hosts for the day are the R.S.L This will start early in the morning and the op-shop will be open too.

So come and buy from the ladies and enjoy a browse in our op-shop too.



The op-shop is open Tuesday 9.00am to 2.00pm Thursday and Friday 10 am to 4 pm. You are always welcome. and a cuppa is always available.

Jean Richardson.



The next Uniting Church Car boot sale will be on Saturday 8th September. The Dunolly RSL will have a cake and produce stall and a sausage sizzle. Outside stalls welcome at \$2.00 a site.

The OpShop will be open with the usual bargains.

Jim McKenzie

#### St John's Church News

Thursday 6th September -

10am Eucharist Canon Heather

#### **Bystander Intervention Workshop -**

Dr Ree Bodde facilitates the Workshop offering strategies to prevent sexual violence, sexual assault and sexual harassment. Time 10am to 3pm Saturday 13th October in The foyer at Christ the King, Maryborough. For more information and registration phone Esther Waters 0407952572

#### A date for your diary

We will be holding a Pop-Up OpShop at Christ the King Hall in Maryborough on Thursday 25th October to Saturday 27th October. Trina Kay

SCRIPTURE VERSE OF THE WEEK
Every generous act of giving, with every
perfect gift, is from above, coming down from
the Father of light, with whom there is
no variation or shadow due to change.

James 1:17

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#### **Memorial Service for Talbot Master**



Talbot Masonic Lodge arranged a memorial service for their Master John Bourke which was held at the Maryborough Masonic Centre in Havelock Street, on Wednesday 22<sup>nd</sup> August 2018.

A funeral service was held at Sacred Heart Catholic Church in Preston on Thursday 26<sup>th</sup> July which was followed by a private cremation.

To allow local members of Freemasonry and the public to pay their respects, a service, including a Masonic Service, was conducted with the earthly remains of John (his ashes) present.

John Bourke was midway through his second term as Worshipful Master of Talbot Masonic Lodge when he, was brutally murdered in his own home in tragic circumstances; allegedly by two youths who have been arrested and charged.

Previously John had acted in the capacity as Master of the Robbie Burns Lodge in Sunshine and though handicapped in body through Brittle Bones Disease he never accepted being crippled and was certainly not handicapped in mind.

To honour the tenacity of John's character, a series of Memorial Lectures, have been set up with production to commence very soon.

Those lectures called Lessons in Life will target students during their transitional years of grades six, seven and eight.

Distribution will be assisted by the Life-Be-In-It organisation and Robert Palmer of The Education Professionals, along with Canadian Dr Jennifer Fraser one of that nation's top neuroscience researchers, who was appointed to the federal task-force to address the youth crisis in Canada.

This task-force concluded that creating schools and universities which employ the ancient practice of mindfulness had much merit because cutting-edge neuroscience shows how much it enhances brain function; being the way to invent the future by harnessing our past and linking it to our technological genius and advancement.

By this initiative Freemasons in Victoria hope that something positive can be achieved through these disastrous circumstances, thus helping to prevent young people from taking the wrong pathway in life. By this method, Freemasons hope that a lasting memory of John Bourke will endure.

Ken Calder

#### John Bourke Memorial Oration

I wish to announce a legacy that is being set up to the memory of Worshipful Brother John Bourke, on whose remains (ashes) we have just conducted the Masonic Service.

In Freemasonry we claim that "Our Principles Make a Difference", which they do by making men bette, one man at a time. Those principles are the same ones instilled into craftsmen employed in the stonemasons guilds centuries ago when men were not only taught the skills of their trade but skills, on how to live their lives to the betterment of themselves and any society in which they lived.

These principles, which have stood the test of time, need to be made available for consideration by our young people and hopefully adopted for the reasons we hold them dear.

Our young people are under pressure from too many forces of evil and influence, so we hope to use the advantages of education to counteract these influences.

In Freemasonry we still use the working tools of the stonemasons as examples of virtues and to us, the chisel points out the advantages of education by which means alone we are rendered fit members of every well organised society.

We also use an example of the rough and smooth ashlar whereby the craftsman used the chisel to knock off the rough edges and make them perfect; just as we try to do to men.

While we hold these teachings close to our hearts the time is right to provide the reasoning for these virtues to students in the formative years of their thinking, namely the transitional years from primary to secondary education. For this reason, we will be producing a video series on "Lessons in Life" targeting years six, seven and eight.

A common introduction will be narrated by our Grand Master, Most Worshipful Brother Keith Murray, with the first video now in production and narrated by Most Worshipful Brother Vaughan Werner Past Grand Master based on the virtues of Integrity and Honesty.

Bro Robert Palmer based in Geelong, is 2IC of Life-Be-In -It and has a company named The Teaching Professionals, intends to use these videos which will be made available via a new website to be called "Live More of Your Life.com" and linked to our Freemasons website. These productions may also be published internationally because we also have on board a highly regarded expert in Canadian, Dr Jennifer Fraser - one of the top Neuroscience Researchers who believes that: "Creating schools and universities that employ the ancient practice of mindfulness, because cutting-edge science shows how much this enhances brain function, is the way to invent the future by harnessing our past and linking it to our technological genius and advancement." DR Fraser seeks to be a part of this transformation.

We also have support from New Zealand through Dal McGuirk, a retired Dean of faculty in Auckland.

We hope by this initiative that the memory of John Bourke and the tragic way he died will then be turned from something negative into something positive for our future society and to his memory for the way he faced life handicapped in body, but not in mind, will live on.

The teaching profession will be welcome to use these videos in lessons without charge.

Ken Calder



Rainbow over Dunolly trees - Friday 31.8.18 Photo by Marilyn



On Monday 27th August, the Hub started a new mixed craft afternoon. There were some local ladies using the spinning wheels and a lady came to learn to spin. If you would like to attend, there is plenty of space to sew, mend, or whatever you choose. A mosaic class is held in the morning and some of those ladies stay on to enjoy the company and continue with their projects. We are a mixed group of women with skills in all sorts of craft.

Come and join in or just come for a cuppa. Gather, share and have some fun. We start at 12.30pm and create till about 3pm; the fire keeps us toasty warm. See you there.

#### 2018 Annual Art Show

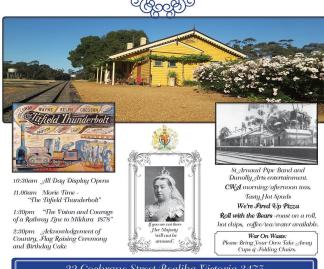
The show will be held on Saturday 3rd and Sunday 4th November, the first weekend in November. There will be a few new categories added in to encompass some of the cross-medium/media art and photography that is emerging in our local arts. There will also be a Children/ Youth section for the younger members to enter for free. Entry will be \$5 per item and all items can be sold if you choose that option. Please get started on your entries as you don't have a great deal of time.

Remember the Garage Sale on Saturday 13th October. Sharon, at the Neighbourhood Centre, will be taking bookings and handing out the Garage Sale kits, but we have plans in place for the rummage sale at the Hub as part of the Town Wide Garage Sale.

Plus, there is a new addition to the TWGS - a boot sale in the grounds of the Hub for all the folk who don't want to have one at their home and hopefully a few folk from further afield who come and join in the fun.

Lynda Vater





22 Cochrane Street Bealiba Victoria 3475 Information: 03 5469 1306 or 03 5469 1257

Bealiba Historical Society in conjunction with Goldfields Historic & Arts Society Inc.
Kindly supported by Central Goldfields Shire







#### **Town Wide Garage Sale**

As part of the Central Goldfields Shire's Spring Fling Festival of events we are holding our Town Wide Garage Sales on October the 13th.

We have a number of houses registered but need a few more to make this event come alive! You can register to hold a sale and pick up your kit at the Centre.

We will do all advertising and promoting of the event.

Our Garage Sale event attracts people from everywhere hoping to pick up a bargain or find that certain something they have been looking for.

The cost of registering is \$10. You will receive a kit consisting of signs to put on your wheelie bin and balloons to tie on your fence. If you don't fancy holding a sale at your house you can set up a stall at the Arts Hub where there will be a jumble sale happening!

If you have already registered and haven't received your kit, they are ready to pick up.

Just come up to the centre or ring and I can drop one off to you!

If you would like more information on any of the above or you have an idea or a program you would like to run we are always ready to listen! please ring 54681511

Email: admin@dunnhc.com.au

Or you are welcome to call in for a cuppa.

We are the building on the right of Dunolly hospital, top end of Bull St.



The Dunolly & District Neighbourhood Centre Inc AGM will be held on Wednesday the 12th of September at 11.30am.

The purpose of this meeting is to present the President's, Coordinator's and Treasurer's reports for the year 2017/18 and elect new office bearers.

This will be followed by a light lunch. If you would like to attend this meeting please ring with your interest in doing so

Sharon Hiley, Coordinator



Christine Hem, Ricky Young and Debra Haynes, from the Santa Show Committee, with trailer bought with funds provided by The Welcome Record Grants Scheme.



# **Probus News**

### **VALE ANNA MASON**

On Thursday last week a very well-attended funeral was held in Phelan's chapel in Maryborough for our ex-Secretary Anna Mason on a cold and wet morning. Our Probus Club and Dunolly folks were well-represented.

An interesting presentation of her life was given so humorously at the funeral. Her enthusiasm for everything was evident. Her beautiful and exciting garden was constantly being created – mainly from rubbish, with care and interest. She was a master chef offering seven vegetables on a plate and loving cooking.

Her delicious sausage rolls, which she made for Alan's lunches because he enjoyed them SO much called for comments from his workmates that she must have loved him – and indeed she did. Anna and Alan held a large stall at our monthly markets in Dunolly.

Max and Marie D'Atri from Laanecoorie, her parents, were foundation members of our Dunolly and District Probus Club. Max was President many times and they both were towers of strength in our club. Marie convinced Anna to join and become our Secretary and she produced spread sheets of club membership details to make life easy. She was diligent and full of ideas. Sometimes she rushed in where angels fear to tread, to the embarrassment of our devout experienced executive team, but her enthusiasm did not fail.

When the Probus newsletter monthly publication position became available at an annual general meeting, I was asked if I would take it on again but after five years out of action with Maurice unwell, I was left far behind with technology and knew I could not cope. Anna had only been Secretary for one year, a huge job, yet agreed to take it on as she felt we must have a newsletter. I felt bad, as she was doing so much, so I rang her and offered that if she would hold my hand I would have a go. She was a tower of strength and certainly appreciated getting rid of that task! She loved our monthly outings, dining out and bus trips with Marie and was such a colourful member.

Her faith in herself was so strong. She was invincible - until her life was so rapidly whipped away. Her humour and smile touched our hearts.

We miss her.



Carolyn Butler



## Travels with Cynthia

Today we are arriving in London from the continent and heading for the Union Jack Club at Waterloo. This club is intended for ex-servicemen and women and their families and since my husband, Mike, was in the regular Army, we were eligible to stay there. As most people are aware, London accommodation is hugely expensive. It was like that twenty years before and hadn't changed, so we found that we could stay in a five-star hotel in Melbourne for the same price as a two-star hotel in London. The Union Jack was not luxurious, quite basic really, but had a very nice atmosphere and was reasonably-priced for London. The rooms were all single in one section and the doubles were for married couples only. All through Europe Liz had been hankering for real toast and marmalade and at last she got it, but instead of the lovely fresh orange juice we had been having in Europe, cordial was served in its place. What a letdown. At night the soup was taken round in big enamel teapots, which was hardly the elegant touch we had become used to. We also had to supply our own towels, soap etc.; no luxuries here!

Liz was heading home from London after a few days of sightseeing and I was staying on, as Mike was joining me after Liz left.

I was amazed at the much greater volume of tourists in London in the 1980s than when I lived there twenty years earlier with my two girlfriends. Back then we would turn up at Madame Tussauds and walk straight in and get a good view of all the exhibits. But by the time I revisited there with Liz, the queue snaked around two blocks and when you were admitted in groups, there were so many people inside that you were craning your neck and trying to push through the crush to see anything. At the Tower of London there was an illuminated sign indicating how long the wait would be and it might be anything up to an hour. The first time we just sallied right in to view the Crown Jewels.

We also went to the Tower at night to witness the Key Changing ceremony when the Beefeaters walk through the passages to receive the keys to lock the gates. The Beefeater stands at the door and raps with his pike and the one inside calls out "Who goes there?" Answer: "The Keys".

Reply: "Whose Keys?" Answer again:" The Queen's Keys". Finally "Pass Keys". And then they can all lock up and go to bed. And so did we.

Cynthia Lindsay



### **DELEDIO RESERVE FACILITY UPGRADE**

The club room facilities used by the Laanecoorie Dunolly Cricket Club (LDCC) and the Dunolly Football Netball Club (DFNC) at Deledio Reserve have long needed an upgrade. Major damage exists in the current building including termite damage, a cracked concrete slab and a kitchen that does not meet health requirements. Building inspections by the Shire have concluded that an upgrade is not suitable and a new building is required.

The Deledio Recreation Reserve Committee of Management has established a sub-committee

(Deledio Reserve Sports Committee) to work with the Shire and community with the aim of constructing a new, modern, functional, sustainable building that serves the interests of LDCC and DFNC and will meet the needs of other community groups in Dunolly and the district into the future.

The new facility will have many uses and will provide the community with a space for large community gatherings as well as community group activities. Both the Primary School and the Archery Club have an interest in using the new facility and have joined the Committee. Other community groups are invited to join. If you are interested please contact the Secretary, Marion Da Costa, on 04238 168 634.

The Committee is delighted that the Shire has nominated the new facility as one of its priority projects. Currently, the Committee is working with the Shire to plan and design the new building. Council is seeking funding from the State and Federal governments. As part of the funding package the Committee and community also need to raise funds.

The Committee has a donation plan and encourages individuals and community groups to participate.

Donations of \$25, \$50 or \$100 can be made to the Deledio Reserve Sports Committee Inc. at the Dunolly branch of the Maldon and District Community Bank.

Each donor will have their name inscribed on a donors' board. If you are interested in sponsorship or larger donations please contact the Treasurer, Steve Dellavedova, on 0400 688 014.

Marion Da Costa



#### Swan family venturing out and about

Last Friday 31st August, four cygnets with their parents, were shepherded from the courtyard near the bakery on Nolan Street, in Maryborough, through the covered walkway alongside the library. From there the swans safely made their way to the lake in Phillips Gardens. Much to everyone's relief they slid gracefully into the water. It was a joy to watch. The swan family was treated with respect and care by those who watched them guiding their little ones to the water.

Marilyn Goldie



# Women's Health Survey and Women's Health Week

Jean Hailes for Women's Health surveyed more than 15,000 women across Australia this year to find out their greatest health concerns, habits and needs. The result is a deep insight into the wellbeing of women across the country as they juggle busy lives with work, home and family demands and the increasing pressures of the digital world.

The Jean Hailes Women's Health Survey 2018, launched on 1 September, reveals that almost half of women surveyed had been diagnosed with depression or anxiety by a doctor or psychologist. And two-thirds of women reported feeling nervous, anxious or on edge nearly every day or on more than seven days in the last four weeks.

"Anecdotally we hear more and more about the 'sandwich generation' of women, who are trying to juggle busy careers with kids and ageing parents," says Chris Enright, Head of Education & Knowledge Exchange, at Jean Hailes for Women's Health. "Our survey reflects that women worry about their health, particularly their weight, and getting enough time to themselves just to unwind, and 9.5% of women drink alcohol every day."

"These findings help us to understand the behaviours of women in relation to their health, and importantly, how we can help them to lead healthy lifestyles," says Ms. Enright.

"What we also found interesting is that half of survey respondents describe themselves as overweight or obese yet 70% of women say they do at least two hours of moderate physical activity every week," she says.

"Many women are trying to stay strong and healthy but almost a third of women who responded to our survey said they wanted to know more about healthy eating and nutrition."

There is also good news in the results. "Hardly any of the 15,000 women that we surveyed are regular smokers—90% hadn't smoked in the past year. And half of women describe their health as very good or excellent," says Ms Enright.

"At Jean Hailes, we are big believers in being proactive to maintain optimal health," she says. "Get to know your own body and what's 'normal' for you. Talk to your GP about any abnormal changes and ensure you get regular check-ups."

Women's Health Week: Running 3-7 September, more than 100,000 people across the country have registered to attend a Women's Health Week event or subscribed to receive free daily videos, podcasts, stories, recipes and much more. Landmarks across Australia will be turning pink during the campaign in celebration, including Flinders Street Station and the Sound Tube in Melbourne, Sydney Town Hall, Canberra's Royal Mint and SkyCity Adelaide.

For further information on Women's Health Week, and for campaign images, please visit:

www.womenshealthweek.com.au.

#### **About Jean Hailes**

Jean Hailes for Women's Health is a national not-forprofit organisation committed to improving women's knowledge and understanding of complex women's health issues. Jean Hailes has a unique model, combining medical centres, research and a department that translates the latest health findings into practical, accessible information on our website, through health resources, educational programs and professional events. Jean Hailes only produces trusted evidence-based information reviewed by our in-house team of clinicians. In 2016. Jean Hailes was officially recognised as the Federal Government's national digital gateway for women's health.

Janelle Carragan







### You Said, We Listened, We Have Done! Women's Health

Over 500 Maryborough women have participated in an extensive consultation through an online survey and deliberative forum to decide what kind of health and wellbeing centre you want.

"This will be our first step to developing the co-design model of women's health and is just the beginning of this project" said Nickola Allan. "In this next phase we are inviting women to attend our Well Women's Day as part of Jean Hailes' Women's Health Week to meet our fabulous women's health nursing team, and have a pap smear while you are there".

The day, will provide an opportunity for women to gain information on self-screening, health related topics as well as pap smear tests by a female nurse. The event will be held at the Wellness Centre – Clarendon Street Maryborough on Thursday 6 September, 2018 between 9:00am-5:30pm.

The day is a fantastic opportunity to come and meet our friendly Women's Health Nursing Team.

For more information or bookings please contact Kate Brown via email:kbrown@mdhs.vic.gov.au or 5461 0333 For further information, contact Nickola Allan Director of Clinical Services on 5461 0306.

Tara Camera

#### Greens preselect organic farmer in Ripon



preselected The Greens have Blampied organic farmer Serge Simic to run in the seat of Ripon in the November state election.

This is Mr Simic's first tilt at the marginal lower house seat, and he plans on running a campaign centred around local communities and the environment.

"People are growing tired of the old parties, we've seen too many times that they're out for themselves rather than the community they're supposed to represent. I want to give my community the opportunity to vote for someone who will stand up for them every single time,"

"Community is really important to me, and I believe that everyone should be able to enjoy where they live whether they're in an established area or a rapidly growing area. That means they need to have affordable housing, decent transport options, and local schools."

Mr Simic also wants to use the campaign as an opportunity to push for serious action on climate change. "I'm an organic farmer, so it's my job to work alongside nature. Every day I see and experience the impact of climate change, and we need people in government who will take it seriously and take action."

"One of the reasons I'm running for the Greens is because of the party's commitment to clean energy. They're the only party with a plan to transition Victoria to 100% renewable energy, which isn't just good for the environment but will also create lasting job opportunities." Mr Simic came to Australia 20 years ago as a refugee from the former Yugoslavia. Before turning his hand to farming, he worked in hospitality, construction and mining.

For more information or to organise an interview with Mr Simic, contact Tom Hodgson on 0422 130 321

Tom Hodgson



Whispering Weeders

Spring is in the air

Our Whispering Weeders had another lovely day when we travelled over to Castlemaine.

First we went to "Shades of Gray" which left us fifty shades of blue as the nursery was closed.

We then went onto the beautiful and peaceful Botanical Gardens. Fortunately, the group isn't into taking cuttings, as there are some very tempting plants there. A couple of the ladies wanted to start up a "Tree Hugging Club". Bit sad really, I thought. Watching the ducks is a great way to waste time when you're lucky enough to have time on your hands.

Next we went on to ASQ's Sky Dance Cafe/Nursery. We enjoyed a wonderful meal, then had a wander through the Nursery. As a result, some of the ladies have quite a bit of planting ahead of them.

After that some of us drove back and hit the shops in Castlemaine. Great day out!

Janine Paley

#### Hon Jaala Pulford MP MEMBER FOR WESTERN VICTORIA



#### More help for young families in **Central Goldfields Shire**

New mums and dads in Central Goldfields Shire will be able to access dedicated support to help them get through their first years of being a parent thanks to a funding boost from the Andrews Government.

Currently, any Victorian family experiencing challenges and who need an extra helping hand is provided free access to Enhanced Maternal and Child Health support until their child turns one.

But a new \$37.7 million expansion to the program means mums and dads will be supported for a further two years, or until their child turns three.

The Member for Western Victoria, Jaala Pulford, said the expansion will also increase the number of support hours parents can receive from 15 hours to 20 hours a week.

"Children's needs don't just stop at 12 months and I'm pleased we can now provide Central Goldfields families with more support for longer," Ms Pulford said.

"Victoria's MCH service is world class and this expansion means more families, in fact thousands more, will be able to access it, and for longer," she said.

The change - currently rolling out across the state - will benefit 37,000 families every year when fully rolled out, up from only 12,000 families.

In Central Goldfields Shire, annual funding will be increased from \$74,763 to \$120,460, which will assist 61 local families.

Enhanced MCH is a targeted service for families who need some additional help and may be at risk of poor outcomes due to factors like parent-infant attachment concerns, premature or low birth-weight babies, children with a disability, parental mental health issues or family violence. As well as providing information on child health and parenting, MCH nurses also give vital advice on a child's development and help ensure our kids get the best start in

They provide parents' support on a range of issues, including nutrition, breastfeeding, sleep and settling, childhood illness, allergies, skin conditions and early learning.

All families can also access the free 24-hour MCH Line phone service on 13 22 99, which is available for those with children aged from birth to school age.

Jaala Pulford MP

Castlemaine



## **Andrew Broad MP**

FEDERAL MEMBER FOR MALLEE

Proudly representing the Dunolly and District Community.

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Authorised by Andrew Broad MP. National Party of Au



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Being CreateAble with Heather

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Usually 3<sup>rd</sup> Wednesday 10am \$6 for 2 cards

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Contact Heather on 5435 7374 or 0402 739 343 to check class times and book your place (dates may change mainly due to school holidays)

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Noelle Mason RN.



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noellemason.celebrant@gmail.com

#### Spring firewood season now open

The Spring Firewood Collection Season for 2018 is now open. Starting across Victoria this Saturday, the season closes on Friday, November 30.

"We want to remind people that it will once again be legal to collect firewood from designated areas on public land across Victoria from September 1, 2018 until November 30, 2018," Forest Fire Management Victoria district manager Paul Bates said.

"FFMVic and Parks Victoria staff will be patrolling parks, forests and reserves to make sure people are doing the right thing while collecting their firewood.

"It's important that people only collect firewood from designated collection areas in state forests or parks where collection is allowed, and to stay within collection limits.

"This includes taking a maximum of two cubic metres per person per day and a maximum of 16 cubic metres per household per financial year. This is to prevent households stockpiling large volumes of firewood from public land and denying others a supply.

The felling of any trees for firewood by members or the public is strictly prohibited.

The amount of domestic firewood available across Victoria is varied and some households rely on firewood for winter energy, so collectors are asked to consider others when taking firewood.

Under the Forest Act 1958, people who collect firewood outside designated firewood collection areas or firewood collection season or take more than the

maximum allowable amounts can face fines of up to \$7928 or a maximum penalty of one year imprisonment or both, if the matter proceeded to court.

Any information the community may have about the illegal removal of firewood for sale can he reported to DELWP on 136 186, quoting Operation Sawdust.

Some firewood collection areas may be part of the Spring planned burning program. 'To check where go to www.ffm.vicvic.gov.au/planned burn, download the VicEmergency app or call 1800 226 226.

More information and updates, including interactive maps showing designated collection areas, will be available on www.ffm.vic.gov.au/firewood from September 1, or you can call 136 086 to find out more.

The environmental watering program that is underway by the North Central Catchment Management Authority in Gunbower Island has caused several road and track closures over the past couple of months.

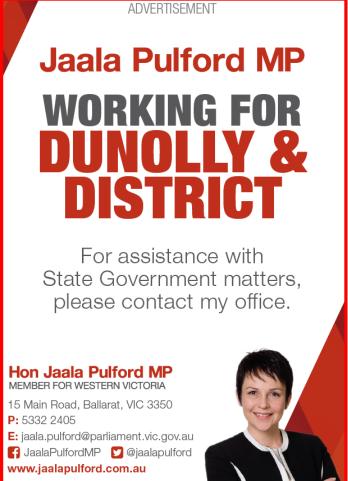
FFMVic officers have been monitoring the water levels within the forest and have determined that all access roads to the firewood collection area are inaccessible.



Therefore, the designated firewood collection area in Gunbower State Forest will be closed for the 2018 Spring season.

Courtesy, The Maryborough Advertiser







#### **Coles School Sports equipment drive**

Volume 33 Issue 33

This is all of our Coles School Sports equipment that we were able to get.

Thank you, to the parents/friends who collect for us!

The Sportos had fun pumping up all the new balls and can't wait to use the new tennis racquets.



#### STUDENTS OF THE WEEK

Prep/1 - to be announcedYear 1/2 - Cedric Carless No awards for the senior grades this week as they will not be at assembly due to their excursion tomorrow.

Principal's - to be announced



#### This week's value in focus is: Citizenship

Being a valuable member and making meaningful contributions to the community

#### Around school this week

#### **Lost Property**

There are a few missing jumpers/jackets at the moment. Some timely reminders:

Please ensure all clothing is NAMED clearly and check every so often that it hasn't washed off

Check the tags for items that have been brought home by mistake

Ensure your chidren understand it is THEIR responsibility to remember their clothing

Suggest ways for them to remember these items, like putting them straight in their bags when they take them off or token on their bag to remind them to bring the items home

There are quite a few items in the Lost Property cupboard just outside the multipurpose room

#### Mrs Lovel's challenge - Be More Awesome in August

The challenge was set at last week's assembly and a nomination box was placed in the office. So far, we have had the following students nominated by their peers for being more awesome:

Jaxson Conway, Mia Schodde, Jacob Soulsby, Kaleb Ricardo, Charley Martin, Blayne Cananzi, Joe Lovel, Hannah Parker, Darcy Hoban, Cedric Carless, Corey Parker, Lexi Holliday, Annabel Fitt, Jasmine Crumpton, Grace Freemantle, Poppy Smith, Lily Malcolm



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# Regular Community Gatherings

Community Group <u>Venue</u> <u>Date / Times</u> Bealiba Bingo Bealiba Hall 2nd Monday each month 1.30pm Bealiba CWA Bealiba Hall 3rd Thursday each month1pm Bealiba Playgroup Primary School—school terms Every Friday from 10am to 11am **Bealiba Progress Association** Bealiba Hall 2nd Monday each month 7.30pm Bealiba Indoor Carpet Bowls Bealiba Hall Every Thursday night 7.30pm Community Bus to Maryborough RTC side street Friday 10am leaves - be there 15 minutes before departure. For return trip call 5468 1205 **Dunolly and District Probus Club** Senior Citizens Hall 3rd Thursday each month 10am **Dunolly Community Garden** Pre-school Maude Street Mondays 5pm-7pm daylight saving. Mondays 2pm-4pm Autumn/Winter **Dunolly Community Market** Broadway (Main Street) 2nd Sunday each month 8am to 1pm 1st Wednesday each month 1.30pm Dunolly CWA SES rooms **Dunolly District Hospital Auxiliary PAG Room** 1st Monday each month at 10am **Dunolly Field and Game** SES shed 1st Wednesday each month 7.30pm **Dunolly Fire Brigade** Fire Station 3rd Monday each month 7.30pm **Dunolly Historic Precinct** Town Hall 4th Monday each month 1pm Committee **Dunolly Karate Club** Dunolly RSL Hall Mondays 5.30-6.30pm and 6.30-7.30pm Pee Wee/Junior/Senior (7+ years) **Dunolly Masonic Lodge** Masonic Lodge Havelock Street 3rd Monday each month at 7.30pm **Dunolly Museum** 3rd Monday each month 2pm. For website Google: 75 Broadway **Dunolly Museum Site Dunolly Neighbourhood Watch** CFA rooms 3rd Wednesday each month 10am **Dunolly Ninjas Program** Dunolly RSL Hall Mondays from 5pm (4 to 6 years old) Call 5468 2907 **Dunolly Planned Activities Group** Tuesday and Thursdays 10.30am to 2.30pm Dunolly RSL RSL Hall Dunolly 2nd Tuesday each month - 7pm **Dunolly Senior Citizens Meeting** Senior Citizens Hall 1st Monday each month 10am Each Tuesday at 1.30pm **DSC Card Playing** Senior Citizens Hall **DSC Carpet Bowls** Senior Citizens Hall Each Monday 1.30pm DSC Luncheon Senior Citizens Hall 3rd Wednesday each month 12.30pm **Dunolly Social Cyclists** Call Neville for info: 5468 7295 Meet fortnightly **Dunolly St George Lodge** Lodge 4th Saturday each month Dunolly Supported Playgroup Dunolly Preschool Wednesday 9.30am to 11.30am **Dunolly Unit Vic SES** SES rooms 3rd Tuesday each month 6.30pm. Training Every other Tuesday Golden Triangle Archers Behind Deledio Reserve 4th Sunday each month 10am Maryborough Lions Club Alma and Nolan Streets 1st Sunday each month 8am - 1pm Tourist Market Maryborough Mother Goose Program **Dunolly Primary School** Every Friday during school term 9.30-10.30am **Newbridge CWA** Newbridge Hall 3rd Tuesday each month 1.30pm **Old Time Dancing** Anglican Hall, Barkly St Dunolly 7.30pm Mondays 3rd Tuesday each month, 7.30pm **PMAV** Maryborough Highland Club Red Hat Society Ripples On The Res 2nd Thursday of the month, 11.30am Tai Chi **Dunolly Arts Hub** Tuesdays at 10am, Thursdays at 10am and Fridays at 6pm **Talbot Farmers Market** Talbot streets 3rd Sunday each month 9am to 1pm Tarnagulla Action Group Community Centre 3rd Monday each month 7.30pm Tarnagulla Playgroup Behind the Tarnagulla Hall Thursday 10.30am-12 noon Tarnagulla Senior Citizens Victoria Hall 1st and 3rd Monday each month 11am-12.30pm

# **Upcoming Events**

#### September

Every Wednesday Sense of Place Workshops

The Welcome Record Committee TWR office

The Ministry of Fun -10am to 12.30pm

**Saturday 8th** Sausage sizzle at the Uniting Church - near

**OpShop** 

Sunday 9th 140th Celebration - Bealiba Station

Sunday 9th Dunolly Community Market - 9am to 1.30pm

Sunday 30th Dunolly and District Field and Game Club

Archery -75 targets - 11am start

#### SLUDGEBUSTERS P/L

2nd Monday bi-monthly, 1pm



Septic tank cleaning Grease traps

#### **EPA LICENCE**

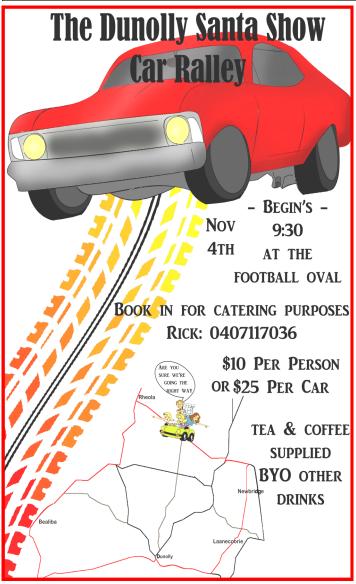
5461 2975

mobile 0417 598 614

Greg Butler

AT BETTER THAN REASONABLE

**RATES** 





# Due to Special Edition last week two draws are listed this week

Drawn: Friday 24th August, 2018

Numbers: 1, 2, 3, 8, 14
Drawn: Friday 31st August
Numbers: 1, 2, 6, 12, 14
No winner: Jackpot \$1350 (current)
Build the Jackpot \$1.00 per entry.

Quick Picks available Envelopes available at local shops. T Long

#### FUNNY FILLERS

What is even smarter than a talking bird? (a spelling bee!)
Why do hummingbirds hum?
(because they forgot the words!)

Why did the monkey put a steak on his head? (because he wanted to grow up to be a grilla'?)

Why do birds fly south for the winter?

(Because it's too far to walk!)
What do you give a sick bird?

(Tweetment!)



A Stableford Round was held on Saturday in great conditions with a small field.

A great tussle between Ian Hargraves and Darren Hunt saw Ian triumph with a 42 point to 41 point win. Both players were in great form and it was a pleasure to watch.

Jenny Lovel prevailed in the Ladies section, with a score of 36.

Our Club championships were held over 3 weeks in August, and the competition was very tight.

The winners were:

Mens section:

1st Jamie Polinelli 74-78-76 = 228 2nd Rob Scholes 79-76-77 = 232

Ladies section was Shenae Hunt, one of our promising iuniors. Well done Shenae!

The handicap winner was Josh Hunt with nett 195. Well done to all participants, and in particular to Jamie and Shenae for recording great wins as Champions at D.G.C. for 2018.

Ian Arnold

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#### **Under 11s**

On Saturday the Under 11s took to the court to play in the grand final at the Maryborough Netball Association. What an effort and testament to all the players and their families to get here. The kids played so well but were unfortunately up against a top level opponent in Maryborough United.

What a season of learning curves, improvements and excitement. Well done to all the Under 11s and coach Katie Lovel on an outstanding season.

#### A Grade

With all other teams knocked out the week before, our A graders are still in the race for the premiership.

After a strong bout of rain earlier in the day, the A graders started their match Sunday afternoon in chilly and slippery conditions.

From the first whistle you knew you were in for a ripper of a match, with each ball physically contested all the way up the court. Dunolly played well to gain a small lead at quarter time of 2 goals, this continued in the second quarter, with the same margin at half time.

Throughout the match Dunolly were able to get up by 5 or 6 goals but some silly mistakes let Rovers back into the game at times. The last quarter was Dunolly's most focused and the girls ended up running home strongly to take the win 41 to Rovers 35.

Next week sees A grade head into the Prelim finals against Carisbrook on Sunday 9th September at Princes Park. Good luck and make sure you get down to support our last team left in the MCDFNL competition.

It certainly helped make a difference last weekend and only one more win is needed to make it into the grand final!!!

Shelby Gloury



The Dunolly Bowling Club Opening day will be on Sunday 16th September. Names by 12.30 for 1pm start.

Dress, club uniform; bring a plate for afternoon tea.

Dunolly will host two practice matches during September. A match against Avoca will be on Saturday 22nd (club uniform). The second is against Inglewood on Sunday 30th (casual dress), in both cases, names by 12.30 for 1pm start. Cost for each of the above is \$5.00.

Please bring a plate for afternoon tea.

Volunteers are needed for Friday 14th September, when a working bee will begin at 9am. Tasks include cleaning of the rooms, washing windows, mowing, and other tasks around the greens. Come along and help get the club ready for the new season.

Alan Larpent



A fabulous night was had to celebrate our 50th birthday. Avoca and St.Arnaud clubs helped us celebrate with a great night of bowling. The hall was full.

The winning team was Garry Coburn, Shirley Coburn, Chris Evans (all from Bealiba) and Helma Van Beck from St. Arnaud.

The night was followed by a supper. Joe Battisson and Sam Whitehead both gave a speech and David Price entertained us with a song. Representatives from Avoca and St. Arnaud congratulated us and stated how they always enjoyed visiting Bealiba for a social night. The cake was made by Jenny Lovel. All guests were given a memento pen and the three raffle prizes were all won by Avoca members. Thankyou to all our members who helped make the night a great success. Well done.

Pam Brightwell



The U11 netball team after their grand final game. They finished runners up for the season after showing outstanding development during the season.



A much loved iconic club banner. It was first pictured with a Dunolly netball team in the, early 80s and it is believed to have been made by Alice Raven.

# Supplied courtesy: The Puzzle Wizard

#### Across

- 1. Object which attracts iron, eg.
- Food eaten at meal
- Cause much damage
- Aust. writer, \_ Verbal
- One who keeps a record of points in game
- Aust. tennis great, Rod
- 18. Large nonvenomous snake
- 19. Be obliged to repay 20. Decorated with sugary
- coating Think deeply about
- 23. Nothing
- Able to quickly transfer large amounts of information between computers (as in '
- services')

  26. Actress synonymous with line 'Come up and see me some time',

  West
- 27. Point of pen 28. Lack of bravery

- Island republic, Lanka
- To esteem
- Mend by weaving thread
- To blunder
- Domino with one spot Establishment
- providing fashionrelated service Fellow tennis
- champion and sister of Venus Williams Canada's capital
- Once again
- Monotony
- Go back on one's word
- Weasel with white winter coat

#### Down

- Thin cotton fabric 2. Humiliate oneself (in requesting or apologising, eg.)
- Without clothes on
- At any time Tawny brown colour
- Strength and depth of sound
- In proportion,
- Former Sydney-Melbourne train, Southern
- Cook slowly in closed vessel
- Fine strand of material
- Star in Dog Day
- Afternoon, Al \_\_\_\_ Name shared by a Helen Morse movie and
- a golfing attendant 18. Cry of disapproval

- 21. To found (an
- argument, eg.) (on) Point of decline, low
- One who tends drinks
- Prejudiced, minded
- Senseless
- 28. Dish containing 29. Rabbit's home 30. Wrath 31. Spice 3 lettuce and croutons,
- - Spiced sausage
- Possessed from birth
- 34. Single piece of
- information Late Aust. stock market expert, Rivkin
- Mix together
- 40. Woolly female creature 41. Poem like song

1		2	3	4	5		6		7	8	9	10
		11							12			
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39			40				41					
42					43							
44	8						45					







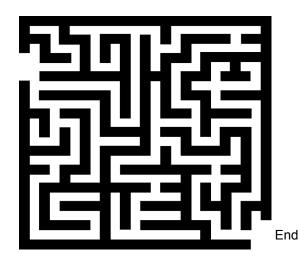


#### Questions for: 5th September 2018

- Who sang about being an egg-man and a walrus?
- What takes place in Hong Kong's Happy Valley?
- Which country does the sport of pelato come from? 3.
- What is one quarter of 1,000?
- Which is larger 50% or five eighths?
- How many sides, in total, would three triangles and three rectangles have?

Answers on page 22

Start





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> Maye hammer Will Trayel

### Voting help

Pick My Project is an online community grants initiative with \$30m to help make Victorian communities an even better place to live. Now it's your chance to vote on the local project ideas you would like to see funded!

How to vote without an email address or mobile phone

Voting for Pick My Project normally requires a unique email and mobile phone number, but if you don't have either of these, you can use this process to get your vote to count. Use the steps below to vote.

- 1. Jump onto the Pick My Project website, www.pickmyproject.vic.gov.au, type in an address, suburb or town that you would like to browse for project ideas.
- 2. Browse local project ideas with your local community, and use the space on the right-hand side of this page to write the titles of three projects you would like to vote to get funded.
- 3. Once you have identified three projects, call us on 1800 797 818 to complete your vote over the phone. You'll need to provide your name, residential street name, postcode, and age.
- 4. Now that you've voted make sure you spread the word and encourage your friends and family to get involved too!

Please note: This form is to assist you in voting over the phone. Any forms or voting instructions sent via email or post will not be included. The contact centre is open during business hours, so if you call on the weekend or during peak times, we may not be available to take your call. If this is the case, please leave a message, and we'll call you back as soon as we can.

### PICK MY PROJECT

### My local community is...

(write down your suburb or town below)



#### My three favourite projects are...

(write down the project titles below)





pickmyproject.vic.gov.au contact@pickmyproject.vic.gov.au 1800 797 818

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clunesanddistrictrealestate.com.au Wednesday - Sunday 10am - 4pm 57 Fraser Street, Clunes 3370 sales@clunesanddistrictrealestate.com.au

#### Answers to trivia quiz 5.9.2018

1: The Beatles

4: 250

2: Horse racing.

5: Five-eights

3: Spain.

6: 21

## Lovel's Septic Tank Cleaning Service



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extremely reasonable rates call:

Mark **0428 179 870** or leave a message on 5468 1212

# **CLASSIFIEDS**

# Thank you

To the people of Dunolly who we have met since arriving on Saturday 18th August 2018. Thankyou so much for your warm welcome. It was very humbling.

Mall Hillier and Thea Heskes



FLETT, Margaret

#### Thank You

Our very sincere thanks to all who supported us with flowers, cards, visits and phone calls after Margaret's passing. We appreciated it very much.

Please accept this as our personal "Thank you".

lan, Michael and Jill

#### 

#### WANTED!

The services of a Structural Engineer....for the 'Sense of Place' project.

Please contact Anna, 0490 077 902 for details.

#### For Sale

Two Altech Intel Core i5 computer towers - fully defragged and reconditioned - \$200 each.
Call The Welcome Record office only Tuesday and Wednesday on 5468 1054 or leave message.

#### For Sale

Yamaha portable keyboard complete with stand and accessories .one owner in excellent condition \$235 ONO. Phone 0409 001 712



We would like to advise that there have been changes to the meeting times for Lodge St George No.18. The Lodge now meets every 3rd Monday at 7.30pm — still at the Dunolly Masonic Lodge in Havelock Street.

John Hiatt Lodge Secretary



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## & NOTICES

Loddon Southern Region Development & Tourism Section 86 committee Of Loddon Shire Council ANNUAL GENERAL MEETING

Wednesday 19 September 2018, Time: 7.30pm VENUE: **Newbridge Hall 38 Burke Street Newbridge** Everyone most welcome. For further information contact:: (03) 5438 7254

#### Notice of AGM

The Welcome Record will hold its AGM on Monday 10th September at 2pm. Venue - Dunolly Town Hall. Interested parties are invited to attend.

Sue Anderson President

#### Notice of AGM

The Annual General Meeting of the Dunolly Football Netball Club Inc will be held on Monday, 1 October 2018 at the Deledio Reserve pavilion at 7pm. Please contact the Secretary on 0438 168 634 for nomination forms and further information.

#### Notice of AGM

The Dunolly & District Neighbourhood Centre Inc AGM will be held on Wednesday the 12th of September at 11.30am. Please contact us on ring 54681511 The purpose of this meeting is to present the Presidents, Coordinators and Treasurers reports elect new office bearers. This will be followed by a light lunch. If you would like to attend this meeting please ring with your



DUNOLLY / BEALIBA RSL SUB-BRANCH Members please remember we are holding the cake stall & sausage sizzle on 8th September at the Uniting Church. Come along set up your own stall. Helpers required to set up at 8am, of

course cakes or produce for sale appreciated. Members will be selling raffle tickets for a trailer of wood, (yes, we still need that), in town over the next week.

Next meeting 11th September 7pm at hall.

Lyn Gale

### For Art Work as Gifts



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## My martial arts journey - Part one

People have been asking about my martial arts styles as they couldn't work out how I managed to win in most karate competitions, considering I only had been doing it for couple of years.

My martial arts journey begins when I was about three or four. My dad took me to see Kung Fu movies a few times per week, and instead of comic books, fairy tales or children's books, I grew up reading Kung Fu books. I had my first training manual when I was eight. I used to just go through every picture and remember all the steps in my mind, then tried to do the forms. Little did I realise that I had an excellent memory. I managed to do the forms by just watching them on films or studying them in books. When I practised them, most moves were easy. I thought this was quite natural.

We had to do Judo at school in Malaysia; the moves were different to Kung Fu, but I enjoyed it. I only studied that for a year, then I came to Australia in early 1980's.

I still watched a lot of Kung Fu movies but I didn't take up any martial arts until the late 1980's. I tried Wing Chun and Tai Chi on a casual basis until the early 1990's when I joined a Southern Style Kung Fu school. After few lessons, my instructor made me lead the class. I didn't really want to, so I hid behind some tall students, but no matter where I hid, all the students seemed to follow and line up behind me! I had to lead the class. A few months later, I was the assistant instructor for that branch and eventually took the classes in three different branches. It was a fun eight years in a male-dominated kung fu school, I was the only girl for the first two-and-a half years. We did Lion Dance as well. Traditionally a Lion Dance troupe was only reserved for male students. Female students are not allowed to do it, but I broke the tradition. One day, when I was watching the Lion Dance practice, one of the students was running late, so the head instructor asked me to fill in for him until he turned up. After a few goes,



he told me I was in the troupe. You should have seen the faces of all the other male students and instructors!

Since I got into the Lion Dance troupe, all the other female students also wanted in. Eventually, the school got a pink lion for the girls, but they were only allowed to practice, not to perform in public. However, I was allowed to.

I eventually obtained my black belt in the late 1990's, There hadn't been any black belt grading for over 10 years and I was one of the first group to get them again.

I moved on to Tai Chi and Wushu (Northern Kung Fu Style) in the year 2000, training with one of Jet Li's Kung Fu brothers. I soon became the assistant instructor again. It was a fun time with many performances, and that's where I met Jason Stewart. My photo also appeared in an article in The Blitz Martial Arts Magazine when we were demonstrating Tai Chi Fan.

Part two to follow next issue 12th September.



Susie Oh

