# The Welcome Record

Volume 34 Issue 12

Wednesday 3rd April 2019

# Pleasant Sunday Afternoon



Esmé Flett - organ and Rodney Flett - trombone

Rachel Buckley - soprano
Esmé Flett - organ and Rodney Flett - trombone

Remember Daylight Saving ends
on Sunday at 2am
Remember to turn
your clocks back by
one hour.

APR

7

On Sunday, 24th March, we were treated to a delightful concert to showcase the superb Fincham organ in St John's Anglican Church, plus the talents of local musicians, all drawn together under the direction of Esmé Flett. Esmé knows the organ like the proverbial "back of her hand" and can entice very sweet sounds as well as a huge roar when all stops are pulled out. Canon Heather warmly welcomed everyone to the concert. Solo and choral works by Handel, JS Bach and Mozart were arranged for soprano, organ and trombone, with Rachel Buckley singing beautifully and Rodney Flett's trombone very subtly augmenting the organ. Vinnie Bourke demonstrated his fine trumpet playing with the second movement of Haydn's trumpet concerto. These artists were supported by performances from members of the talented Steed family, with lan playing the organ and leading the singing of a couple of favourite hymns and his nephews Andy, David and Lachlan playing lively interpretations of songs they remembered from Sunday School. This thoroughly enjoyable concert was then followed by a delicious afternoon tea in the hall.

Welcome Record readers will have another opportunity to listen to the Fincham organ at the special church service on Sunday 9<sup>th</sup> June as part of this year's Queen's Birthday Weekend Gilbert & Sullivan Festival. A second Pleasant Sunday Afternoon concert is also anticipated to be part of the 150<sup>th</sup> anniversary celebrations for St John's in December this year.

photos and article Fiona Lindsay

Donation: 50c



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#### **OPENING TIMES**

Tuesday 9.30am - 3.30pm

(for advertisements, articles and classifieds) Wednesday 9.00am - 3.30pm (to receive payments)

### Phone 5468 1054

Contributions are accepted up to 4pm on Tuesdays. Exceptions are made only by prior arrangement, or for important community notices for the Classified pages. If in doubt, please ring us before 3pm on Tuesday to avoid disappointment.

All letters, articles and classifieds must contain the writer's full name, home address and daytime telephone number.

The Welcome Record aims to present the diversity of viewpoints which reflect the concerns and interests of our community. It will not print contributions which are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. The opinions expressed by contributors are not necessarily those of The Welcome Record.

# DUNOLLY PLANTS



Small gardens from \$50 - includes plants Gay - 0488 968 177 Jason's Mowing from \$30

0457 827 449



I have been afflicted with the summer flu this week, so I haven't been doing a lot of rambling.

Had a phone call today telling me that the NBN was here and that I would lose my landline within 24 hours. Rang Telstra —it is a scam. I think it is an old one though.

I was wondering what would happen to the sweet peas that grew from seed at the wrong time of the year. They

My daughter was telling me about something that had really annoyed her, and told me she was gumpifled. Isn't that a great word?

According to the RACV magazine we are in for another show in the sky on the evenings of 6th/7th of May when the earth's orbit intersects with that of Halley's comet —

Rosie

#### DUMB FENG SHUI-



Combining the Chinese horoscope and the elements. You may be an earth-rat, a fire-dog or a wood-

If you are a metal-monkey, choose holiday spots in warm climates.

Kaz Cooke

Stock picture

### ■ Encarta Dictionary: English (U.K.)

#### ■ gump (intransitive verb)

gump [ gAmp] (gumps, gumping, gumped)

#### muddle through

to muddle through difficult situations thanks to a series of lucky chances

Microsoft Word Review Dictionary Search

You have brains in your head... You have feet in your shoes... You can steer yourself, Any direction you choose.

- Dr. Seuss

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### **New Private Health Website**

On Monday 1st April 2019, the Office of the Commonwealth Ombudsman launched a new version of its Privatehealth.gov.au website.

The website is Australia's leading independent source of consumer information about private health insurance. It is also the only website that allows users to search the features and premium costs of every policy available in Australia.

The website's new features include:

- Information about the government's Private Health Insurance Reforms, including new product tiers for hospital policies (Gold, Silver, Bronze and Basic).
- An improved search feature that allows users to filter down results based on the services they are most interested in, or the premium they are prepared to pay. Search results can be displayed in a vertical 'tile' format, allowing users to compare policies side by side.

A new, simpler Private Health Insurance Statement (PHIS) which summarises the most important features of every policy. Users can download, print or email PHISs to enable them to consider the information at a time that suits them.

- A new premium estimator so users can decide whether to compare policies according to the base premiums or an estimated premium that takes into account their rebate and/or Lifetime Health Cover (LHC) loading.
- An updated look and feel, including compatibility with mobile devices.

Improvements to existing features such as the *Agreement Hospitals finder* which shows which hospitals are covered by each insurer.

During the reform's transition period from Monday 1st April 2019 to Wednesday 1st April 2020, health insurers will be transferring existing policies across to the new tiers gradually. The website will always include all available policies, as health insurers are required to keep information on the privatehealth.gov.au website up to date at all times.

Office of the Commonwealth Ombudsman

# Arthritis, food allergies and chronic fatigue linked to "leaky gut"

Your joint pain may be the result of general wear and tear or it could be linked to food sensitivities or allergies, which can lead to systemic inflammation and autoimmune rheumatoid arthritis.

Food sensitivities and excessive consumption of processed foods can cause inflammatory damage to the intestinal wall lining of the digestive system, which may lead to nutrient deficiencies and intestinal permeability, also known as "leaky gut".

Leaky gut is considered to be a contributing factor in the cause of arthritis, autoimmune disease, chronic skin conditions, migraines, brain fog, chronic fatigue and food intolerances. The intestinal lining consists of tight gap junctions (holes) that normally only allow small particles including amino acids (proteins), carbohydrates and essential fatty acids to pass into the bloodstream to provide cells with the energy they require. When these tight gap junctions become damaged, they loosen and allow larger food particles, toxins and bacteria into the bloodstream causing cell damage.

This triggers inflammation and stimulates an immune reaction causing health problems. Arthritis is usually treated with anti-inflammatory medications such as aspirin and non-steroidal anti-inflammatory drugs (NSAID's), which have also shown to compromise intestinal permeability in some individuals. Therefore, by identifying and treating the cause you can take control of your arthritis. Through dietary modification, lifestyle advice, nutritional and herbal medicine you can reduce arthritic pain and improve your quality of life and long-term health outcome without the use of drugs.

For further advice and to discuss your treatment options consult a natural health care professional.

Kathy Stokes Naturopath Courtesy, *The Maryborough Advertiser* 



### Maryborough Ambulance Auxiliary Tips on how to prevent and avoid falls

The Auxiliary brings you this month's health article. This month we are talking about falls and how to prepare, protect or respond if you are faced with this scenario.

### In case of emergency, always call Triple 000.

Falls are one of the most common causes of injury attended by ambulance paramedics. Prevent falls by identifying and eliminating potential hazards and exercise to improve balance and strength.

The following steps are a few ways falls may be prevented:

- Have good lighting in all areas
- Ensure walkways are kept clear at all times
- · Wipe up spills immediately
- Have non-slip flooring and keep floors clear of loose mats and rugs
- Ensure cupboard doors are kept closed
- Install grab rails in the bathroom
- Wear 'safe' shoes with low heels and a slip resistant sole
- Exercise regularly to maintain balance
- Use sturdy steps with a handrail
- Do not use chairs or stools to reach high objects
- Keep electric cords out of walkways and tape down along skirting boards
- · Have regular eye sight check ups
- Maintain outside surfaces and pathways for cracks

For further information visit:

### www.health.vic.gov.au/agedcare

Ambulance Auxiliaries play a vital role in raising funds to purchase medical equipment and resources to support their local branch, over and above what is provided through government funding and the usual budget process.

These additional funds enable Ambulance Victoria to provide local paramedics with training, equipment and resources that ensure better patient outcomes and a healthier Victorian community.

If you would like to donate or get involved in the Maryborough Ambulance Auxiliary please contact Dianne on 0448 614 004.

Dianne Mullins

### Around school this week

With only one week to go, it is great to reflect on the wonderful work that has happened this term. We are grateful to have welcomed new families and excited to have the wonderful support of parents and carers. Great things truly happen for your child when you work together in partnership with your child, their teacher and the school.

YEAR 3/4 CAMP

A huge thank you to the wonderful staff who gave up time with their families to be on duty 24 hours a day to ensure all students enjoyed a safe, exciting and challenging camp at Malmsbury. How

awesome are our students who accepted all the challenges and were role models for all.

#### SCHOOL PHOTOS

School photos were taken yesterday. Thank you to those who organised envelopes early, making it easier on staff during what is always a hectic morning.

Next week is the last week of term and we finish at 2.30pm on Friday. Next term starts on Tuesday 23<sup>rd</sup> after Easter Monday. Students are at school on Tuesday and Wednesday, Thursday is ANZAC day and Friday is a Curriculum

### CLUSTER CROSS COUNTRY

The cross country is on Monday 29th April. Students will need to be doing some of their own training over the holidays due to the limited days at school leading up to the event. The PFA will hold a sausage sizzle on that day so we will send home those order forms next week.

#### ANZAC DAY

Once again we will be involved in the ANZAC day service. Anyone interested in being a part of the Dawn Service can let Mrs Lovel know. All students are urged to attend the 11am service.

### STUDENTS OF THE WEEK

Prep - Christopher Kurzke

Year 1/2 - Lily Malcolm

Year 3/4 H - Cedric carless

Year 3/4 M - Class Campers

Year 5/6 - Hunter Scholes

Principal's Award - Thomas Pilbeam, Kobey Skilling

Auslan - Elliott Hallworth

# Start a ripple... Create a wave. It begins with YOU!

This week's value in focus is: Fairness Being fair in everything I do

### LAST WEEK'S STUDENTS OF THE WEEK

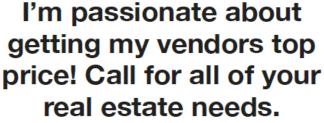


#### School Blog

Our Year 5/6 Techies have a blog that includes snapshots of activities happening around our school. All parents can access the blog via the website or QR code below -



https://blog.seesaw.me/dpsyear56







### **Council honours Jack Worrall**

Central Goldfields Shire Council has honoured past Carlton Football Club coach, Australian cricketer and journalist John 'Jack' Worrall by naming a new street after

the local sporting legend. At Tuesday's (26/03) Council Meeting, Council endorsed the naming of Worrall Court in Maryborough's Whirrakee Rise Estate.

Born near Timor in 1861, Worrall is one of the most successful local sportspeople after coaching Carlton FC to their first three premierships in 1906, 1907 and 1908; touring England with the Australian Test cricket team and being inducted in the AFL and Carlton Halls of Fame in 1996.

The Goldfields Region Sports Association also presents an annual medal bearing Worrall's name to an outstanding local sportsperson.

Central Goldfields Shire Chief Administrator Noel Harvey said this region has a proud sporting history and Jack Worrall is worthy of recognition in this way.

"We're proud to honour Jack Worrall, who did so much for football, cricket and sport in general.

"Even though Jack passed away in the early 20th century, we're still very proud of his accomplishments to this day."

### Possible water disruptions for Bealiba and Dunolly

Coliban Water customers in Bealiba and Dunolly may experience an interruption to water supply services for approximately half a day during a water mains cleaning program which runs Monday 1st April to Thursday 18th April, 2019.

The air scouring work on the Laanecoorie water supply system will help remove any sediment and maintain disinfection levels. Affected customers have been mailed information with interruption times and dates, and are welcome to contact Coliban Water on 1300 363 200 for any questions.

### Hazardous trees to be removed along Majorca Road

Up to four hazardous trees are being removed along Majorca Road next Wednesday 3 April between 7.30am and 1pm, depending on weather conditions.

Traffic may be temporarily stopped between these times to allow the trees to be safely removed.

#### Rodborough Road update

Rodborough Road is now re-open to public traffic following an extensive culvert removal and replacement. Thank you to all road users for their patience and understanding while the major works were being carried out.

### Darkness and Light exhibition opening next weekend

This weekend is your last chance to see the biennial *Golden Textures* exhibition at the Central Goldfields Art Gallery.

The Gallery's next exhibition, *Darkness and Light:* Landscapes of central Victoria will be officially launched next Saturday 6 April at 2pm.

**CGSC News** 



### Great turn out for Pyramid Hill Fiesta

It was great to see such a fantastic turn out for the Pyramid Hill Fiesta with crowds up on last year's event. Held on Saturday 23rd March, the Fiesta was once again a wonderful celebration of diversity in the Pyramid Hill community. The event welcomed visitors from Melbourne, Bendigo, Barham, Koondrook, Echuca, Rochester and Deniliquin, including Filipino and non-Filipino community members.

The event opened with the Pre-School children taking part in the Santacruzen Parade. It also saw traditional Philippine dances and fashion display, joint performances by Pyramid Hill College and St Patrick's Primary School, music, children's entertainment and delicious food.

Another highlight was the address from Wyndham City Councillor Walter Villagonzalo. Cr Villagonzalo came to Australia from the Philippines in 1986 and is heavily involved in Wyndham's migrant community.

I'd also like to acknowledge Council's Parks and Gardens team who received a heartfelt thanks and appreciation from the Fiesta Committee and Pyramid Hill Progress Association for their hard work preparing the Kelly Park precinct for the event. It certainly looked superb for the Fiesta.

### Pet registrations due Wednesday 10th April

A reminder for dog and cat owners in our Shire that pet registration renewals are due by Wednesday 10th April 2019. You should have already received your pet registration renewal notice.

Every dog and cat over the age of three months must be registered. If you are registering your dog or cat for the first time with Council, you must provide Council with evidence that your pet has a microchip. You will also be provided with a lifelong registration tag for your pet.

Registering a cat or dog helps improve the chances of your pet being returned should it become lost.

Microchipping dogs and cats also helps Council reunite you with your pet if it loses its registration tag and becomes lost. The microchip allows Council officers to scan your pet and obtain your contact details.

Remember to also ensure you keep your pet's microchip details up to date. You can do this online through the Central Animal Register at www.car.com.au.

If you have recently purchased your dog or cat, a Transfer of Ownership form can be downloaded through the register.

Dogs that are registered with Council as farm working dogs do not require a microchip nor have to wear a registration tag while they are working.

If your dog or cat is no longer with you, please let Council know so it can update its records and ensure you no longer receive registration renewals for that pet.

For more information on registering your pet, visit www.loddon.vic.gov.au or phone Council's Local Laws staff on 5494 1200.

Continued on page....6



#### Zucchini relish

Grate 1kg zucchini, chop 2 onions and sprinkle with two tablespoons salt and let stand for two hours.

Rinse well and drain well.

Add 2 cups vinegar and simmer until tender, then add 2 cups sugar, 1 teaspoon curry, 1 teaspoon mustard, 2 teaspoons turmeric, and 2 tablespoons of cornflour. Boil for a further five minutes. Bottle and seal.

From John Grover's little book of interesting stuff.





### Support helps Central Goldfields students thrive

Over \$875,000 has been allocated to students in Central Goldfields Shire from the Victorian Government's Camps, Sports and Excursions Fund - making sure disadvantaged students don't miss out on vital activities with their peers.

Member for Western Victoria, Jaala Pulford, said \$876,675 in payments has been made to students in Central Goldfields Shire since 2015 from the Camps, Sports and Excursions Fund.

Since 2015, a total of 1,018,213 payment have been allocated across Victoria to families experiencing disadvantage, ensuring students can attend extracurricular activities such as school trips, swimming and sport programs, outdoor education programs, excursions and incursions.

Ms Pulford said the Labor Government wants to ensure that every child has access to the world of learning opportunities that exist beyond the classroom.

"For students across Central Goldfields Shire, these payments will mean that no student misses out on joining their classmates in important and fun educational activities," Ms Pulford said.

"Since 2015, we've distributed more than \$875,000 in payments to families and schools in Central Goldfields Shire to ensure that every student, regardless of where they live or their family's situation, can participate in fun, educational activities that enrich their learning and school experience," she said.

In 2018, a record 222,000 students – or more than one in four government school students – received the CSEF, ensuring that no child misses out on joining their classmates in important and fun educational activities.

Families holding a valid means-tested concession card or temporary foster parents, with a child enrolled in a Victorian government or non-government school, are eligible to apply.

Payments of \$125 per year for eligible primary school students, and \$225 per year for eligible secondary school students are made directly to the school and are tied to the student.

## Supporting men's health with a funding boost for men's sheds

The Andrews Government is building or upgrading men's sheds for communities all over Western Victoria.

Member for Western Victoria, Jaala Pulford, today announced this year's Men's Shed grant applications are now open.

The Labor Government is investing nearly \$900,000 to build, upgrade or refurbish men's sheds, which play a key role safeguarding the emotional and social health and wellbeing of Victorian men.

Men's sheds are safe and productive spaces for men to work on common projects, form friendships and give back to their community. There are more than 360 sheds across Victoria.

Ms Pulford said the grants are available to communities across Western Victoria to build and upgrade sheds, so more people can benefit from the valuable services and companionship a men's shed offers.

"We're supporting men's sheds to help more people from Western Victoria form friendships, work on common projects and contribute to their community," Ms Pulford said

"Men's sheds can have extraordinary benefits to men's physical and mental health and wellbeing, and provide support to their local communities through volunteer work," Ms Pulford said.

Men's shed groups can apply for grants of up to \$80,000 for the construction of a new sheds or the replacement, extension and refurbishment of an existing shed.

For information about the 2019-20 Men's Shed Grant program and how to apply, visit:

http://providers.dhhs.vic.gov.au/mens-shed-program

Craig Wilson Media

....Continued from page 5

### What's happening with recycling?

In light of recent events affecting recycling services of some councils in Victoria (mainly in Melbourne) a few community members have expressed their concern as to the impact on recycling services in Loddon.

I would like to reassure our community that Council's waste services contractor, Veolia, has confirmed it remains unaffected by the recycling industry issues brought on by recent processing plant closures in Melbourne, and that it is 'business as usual'.

Currently all recycling material collected within Loddon Shire is transported and processed in either Bendigo at Endeavour (owned by JJ Richards), or the Materials Recovery Facility in Echuca which is owned by Veolia.

Once collected, Veolia or one of Veolia's sorting partners uses a number of technologies to pre-screen and manually separate the recyclables into viable streams that will enable their reuse in manufacturing processes.

I'll be providing more information about Council's recycling services over the coming weeks, including the recycling processes for certain items (mattresses, white goods, tyres, metal, green waste, and so on).

### Did you know?

To Wednesday 20th March this year, kerbside pickups saw a total of 48 tonnes of recyclables diverted from landfill and reprocessed. For kerbside, transfer stations and landfill stream, 415 tonnes of recycling was collected for reprocessing.

Cr Cheryl McKinnon

Now air-conditioned with comfortable seating

### Alvah Art Gallery

114 Dunolly-Bridgewater Road DUNOLLY

Open 10am to 5pm

Mb: 0439 029 989

Email: emu28@bigpond.com



# Dunolly and District Neighbourhood Centre



### **WALKING GROUP**

Every Monday from the centre at 9.30am join us for half to one hour walk through our beautiful bushland. (Although a tad dry and dusty at the moment) There is always a recuperating cuppa on our return.

#### **OLD TIME DANCE**



What about dancing? You can dance the night away doing all the old time and new vogue dances at the Anglican Church Hall Barkly St Every Monday from 7.30pm.

Music, twirling around the floor with your partner (or by yourself for that matter!) What more could you want?

#### **CRAFT GROUP**



Craft, who doesn't love doing crafty things? From knitting to beading to quilting to teddies, whatever your particular craft is Wednesday is craft day at the centre from 9.30 am. Bring your lunch if you want to stay all day or come and go as you

wish, it's up to you! All crafty people welcome!
For more information on any of the above
Contact details for the Neighbourhood Centre are:
Ph: 54681511 and Email: admin@dunnhc.com.au
We are the building to the right of the Dunolly Hospital in
Havelock St and are open Monday to Thursday from
9am.



Sharon Hiley Coordinator

If you laugh, you think, and you Cry, that's a full day. That's a heck of a day. You do that seven days a week, you're going to have something special.

~Jim Valvano

James Thomas Anthony Valvano (March 10, 1946 – April 28, 1993), nicknamed Jimmy V, was an American college basketball player, coach, and broadcaster. After his career, Valvano gave an inspirational and memorable speech in 1993 at the ESPY Awards, while terminally ill with cancer, telling listeners to laugh, think, and cry each day, saying "don't give up. Don't ever give up". https://en.wikipedia.org/wiki/Jim\_Valvano





Wirework Workshop on Sunday 7th April at the Arts Hub.

Workshop is fully booked

**Printmaking Afternoon** – At the Arts Hub we have inks and printmaking equipment to print off some works on paper, we have been gifted a lot of paper and some extra inks, so if you have your own lino cuts (sorry we don't have any lino) and you would like to gather and do some printing, come along on Saturday 13th April, anytime after 11am and join in.

### Looking for art/craft work for Exhibition at the Arts Hub for Tiny Towns Art Trail on 20th, 21st, 27th and 28th April,

If you participated in last year's Art Show or the Craft Exhibition and would like to lend the Art Hub the art or craftwork you entered, or maybe you were part of the Recycle Runway event and would like to exhibit the item you made, or you have attended any workshops at the Hub. I am looking to make this exhibition about showcasing the work we do at the Hub, and the considerable talent we have locally, the two weekends attract many people from all over Victoria, so it is a great opportunity to network, exhibit and sell at no cost. To make this exhibition a success we need you, the community to be involved, so if you have any items you would like to exhibit for the Tiny Towns Arts Trail please call Lynda on 0418 875 453.

### Sew Simply Workshops at GELC in Maryborough

Sew Simply is a short set of workshops at GELC in Maryborough on Saturday 4th, 11th and 18th May. The workshops are a set of lessons in how to use a sewing machine with confidence, how to do the simple things like thread a machine, or a bobbin, how to change stitches, sew a straight line. We will also be constructing a very simple bag over the three weeks, also touching on simple hand sewing, general sewing skills and shortcuts to make sewing a part of your life whether it's as a beginner or as someone who has no confidence in their skills. All are welcome across all ages and skill levels and we will supply the machines and equipment. Please ring Lynda if you need more information, bookings will be through GELC.

### **Current Programs - Mosaics on Mondays**

Meeting from 10am – 12 noon on a Monday morning you can come to learn the art of mosaics, work alongside other artists, come and have a yarn and a cup of tea – all equipment supplied.

### Tai Chi - Wing Chun

Tai Chi: The classes are on Tuesdays and Thursdays at 10am, there is also a Tuesday evening Win Chun class at 6 pm

Lynda Vater

Issue 12

### Travels with Cynthia

Instead of continuing from where I left off last time I am reverting to my childhood days when I was first taken on trips to visit relatives.

My mother's sister, Aunt Jean, had married a Tasmanian politician and lived in Hobart, so we used to visit her fairly regularly. My mother didn't like air travel so we used to go across Bass Strait on the Taroona in the days before ship stabilisers. Being one of the choppiest stretches of water in the world, the crossing was rarely smooth. I can remember on the first occasion trotting along the deck, laughing at the way. I kept wobbling from side to side and wondering why all those people were leaning over the

Mother was reluctant to tell me about sea sickness because she believed it was a state of mind. As a result when my brothers asked what the cuspidors were for, attached to the bunk heads, she told them they were to put their crusts in so as not to mention sea sickness. Needless to say both the boys were sick later and didn't realise what they should have used.

My mother told me later that I must have a cast iron stomach because it seemed that I was the only survivor of the mal de mer.

When I was about 10 my Aunt Margie and Uncle Frank opened a branch of Grandpa's real estate agency in Burnie, on the North coast of Tasmania, and I was invited to stay in the school holidays. This time I was to go alone by air. Back then the passenger planes were small DC9s, very noisy and bumpy.

There were only about 20 or 30 passengers and the air hostesses took around barley sugar to prevent our ears blocking. It was quite an experience for a ten-year-old and although I wasn't actually scared I do remember being very relieved when we touched down and I recognised the welcoming face of my Aunt Margie.



Cynthia

DC9 aircraft Stock picture



Tic Toc, put back your clock To proper time As day-light saving ends No more longer days and sunshine bright.

What have you done, I wonder, with all that saved daylight.

Perhaps you have had fun with family and friends. Now, to Autumn and Winter - cold and rain Which will hopefully, fall in abundance again. Enjoy the season

Marilyn





### **Dunolly Christian Churches**

Invites you to worship God and welcomes you to their services:

### **Anglican Church Services:**

St John's Dunolly

Thursday 4th April, No Service.

Emu

11.30am, 2nd and 4th Sundays of the month

Bealiba St. David's

Mass at 8.30am, 5th Sunday of the month

### **Catholic Church Services:**

Dunolly, St. Mary's

8.30 Mass every Sunday until Easter

Bealiba, St. Patrick's

8.30am Mass, 5th Sunday of the month

### **Uniting Church Services:**

Dunolly

9.30am Sunday, Holy Communion

### Catholic Church

Australian Catholics Autumn Edition is in the church. There will be Mass at St. Mary's, Dunolly at 8.30am on Sunday, 7th April.

Do you want to fast this Lent?

Fast from pressures and be prayerful.

Fast from bitterness and fill your heart with joy.

R Mecredy

Today keep hope in your life and a smile on your face.



### St John's Church

There will be no service at St John's this Thursday April 4th.

Friday 19th April, Ecumenical Good Friday Service at St. John's at 9.30am.

Trina Kay

### SCRIPTURE VERSE OF THE WEEK

God has reconciled us to himself through Christ, and given us the ministry of reconciliation.

2 Corinthians 2:18

### Tiny Towns Arts Trail - Woolly West Fest Project

Wednesday 10th April at 2pm at the Ministry of Fun. Free hands-on demonstration of stage one of our community banner.

We will lay out the banner to be processed in the felting machine. You can pick up wool packs and patterns for the knitting of gum leaves.

Judy Meldrum

### **Uniting Church**

This week we will hold our Holy Communion service at 9.30 am

Our UCAF will meet at 1.30 pm on Thursday 4th April. Jan Watts will lead us in a card making activity. Devotion is - Women of the bible and that day will be 'Miriam' Jean Richardson will lead us. Please bring a small plate of food to share. We are also planning for our 'Mother's Day" Fashion Parade.

Saturday 13th April will be our car-boot sale in the Church grounds. The Newbridge CWA will be our hosts.

Our Op-Shop will be open too.

The op-shop is having it's \$5 a bag sale on summer clothes. Come in and see, we have still some lovely clothes in all sizes.

Jean Richardson



The Op-shop is open on Tuesdays from 9.30am to 2pm Thursdays and Fridays from 10am to 4pm

### Op Shop \$5 bag sale

To clear our excess summer stock the \$5 bag sale will continue until the end of April

The racks have been restocked, bargains galore.

We also have a large range of furniture, including a lounge suite and two wardrobes, that need to be moved at give-away prices.

Jim McKenzie



### **Uniting Church Car Boot Sale**



The Newbridge CWA will be hosting the car boot sale on Saturday 13th April with cake and produce stall. Outside stall holders are welcome.

The Op-shop is open and we have a large range of furniture we need to shift at rock bottom prices.

Jim Mc Kenzie



### ASH TREE GARDEN SERVICES

For all your Garden Maintenance

Ashleigh - **0431 633 475** 

Lawn Mowing & Maintenance
Brushcutting, Weeding & Spraying
Planting & Mulching
Pruning, Rose Pruning & Hedge Trimming
Ride-On Mowing
Small Tree Works

Fully Insured

Qualified Gardener/Horticulturalist

### WAVAWA CAFE

Tarnagulla Community Centre Open every Sunday 10.00AM to 4.00PM Homemade cakes, pastries, soup and sandwiches Come along and enjoy a coffee or Devonshire tea. behind the Victoria Hall. Eat in or take away We also have a range of local crafts and produce. Support your local centre run by volunteers.

### DUNOLLY RURAL TRANSACTION CENTRE

Issue 12

Internet Centrelink Medicare Banking Photo copying Printing Laminating

Computer Training V/Line Bookings Community Bus Friday Run Dry Cleaning





rtcdunolly@gmail.com

Trading hours

Monday to Friday 10.00am to 4.30pm

03 5468 1205

# CARPENTER



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- All types of plumbing and gas fitting
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Experienced operator with over 40 years service

Servicing Dunolly & Surrounding Districts at better than reasonable rates



### BOB PEART

Tel: 5468 7262 or Mobile 0429 782 691

### Freemasons Support Scout Camps

St George Lodge of Dunolly nominated Mataranka Scout and Guide Camp at Goldsborough as the charity to be supported by the Freemasons Foundation of Victoria who have generously made available \$5,000.00 to every Masonic Lodge in the state to use for support of charitable causes.

The Campsite Committee received the full grant of \$5000.00 to help with roof repairs on the Mataranka building.

When presenting the cheque during the annual Baden Powell Lodge awards night at Waverley Masonic Centre, Worshipful Brother Ken Calder indicated that a new water tank would also be a big help.

A small crowd funding exercise then ensued where a total of \$2,220.00 was raised which will fully pay for a new 22,000 litre water tank.

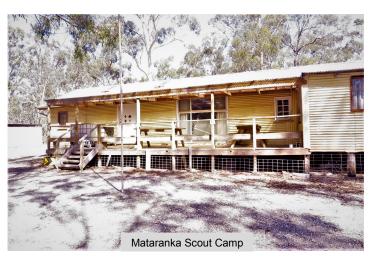
During the evening awards were made to Venturer groups for magnificent volunteer works carried out at various camping facilities used by Scouting groups.

Further presentations of cheques were made; firstly, by Keith Murray the Grand Master of Freemasons Victoria who presented \$1,000.00 to Harkaway Scout Camp to assist in repairs from vandalisation and theft of a heart starter machine and then by Baden Powell Lodge who nominated Harkaway River Camp as the recipient of their \$5,000.00 Freemasons Foundation Grant.

While Baden Powell was not a Freemason he set up the Scouting movement with very similar values and the Baden Powell Lodge has numerous scouting leaders as members.

Photos and article Ken Calder









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\* Draw will be on Thursday 18th & lucky winner will be contacted.

# Clunes & District Real Estate

"Thank you for all your help with selling our property in Clunes."

### SOLD! SOLD! SOLD!

### **CASH BUYERS WAITING**

MELBOURNE RETIREES, TREE CHANGERS, HOBBY FARMERS - REGISTERED NOW WAITING TO PURCHASE!!

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If no Answer: 5461 1979 5460 5605 5461 2369 Mobile 0418 995 424



Fidge Court Pty Ltd T/as

### Railway Hotel Dunolly

ABN 53 609 146 750

101 Broadway, Dunolly 3472

Bar open every day

Lunch 12-2pm
Wednesday to Sunday
Dinner 6-8pm
Every Day

Happy Hour Friday 5-7pm



Phone 5468 1013

For all of your bookings

### MARYBOROUGH VETERINARY PRACTICE MOBILE VETERINARY SERVICES



49 Alma Street, Maryborough 3465



### DUNOLLY AREA TUESDAY AFTERNOON

We conduct a Mobile Veterinary Service throughout the Maryborough area.

We are available for:

- House calls for small animal consultations, vaccinations etc
- Routine farm consultations
- All appointments for calls must be made before midday Tuesday.



Tel. 5461 4466 AFTER HOURS SERVICE AVAILABLE)

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Men and Women's Cuts and Colours

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Wednesday

Thursday

From 9am

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### TALBOT BOTTLE GAS

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### Card Making Classes in Laanecoorie

4 unique cards classes for only \$15

Usually 2nd Wednesday of each month 10.30am and 7.30pm

Coffee& Cards at Dunolly Bakery

Usually 3rd Wednesday 10am \$6 for 2 cards

**Interactive Cards Class** 

10.30am & 7.30pm usually 3rd Thursday

Contact Heather on 5435 7374 or 0402 739 343 to check class times and book your place (dates may change mainly due to school holidays)

Check out the cards and other classes at www.mccarthyheather.blogspot.com.au Celebration of Life, Births, Wedding and Funerals, Living Wills



By Registered Celebrant Noelle Mason R.N.

03 5464 7329 / 0429 333 321 marriage@noellemason.com.au

### Regular Community Gatherings

### **Community Group**

Bealiba Bingo Bealiba CWA Bealiba Line Dancing Bealiba Playgroup

Bealiba Progress Association Bealiba Indoor Carpet Bowls CG Ratepayers Association Inc Community Bus to Maryborough

**Dunolly and District Probus Club** Dunolly and District Inc. **Dunolly Community Garden** 

**Dunolly Community Market** 

**Dunolly CWA** 

Dunolly District Hospital Auxiliary Dunolly Field and Game

**Dunolly Fire Brigade** 

**Dunolly Historic Precinct Committee** Dunolly Karate Club

**Dunolly Masonic Lodge** 

**Dunolly Museum** 

**Dunolly Neighbourhood Watch** Dunolly Ninjas Program Dunolly Planned Activities Group

Dunolly RSL

**Dunolly Senior Citizens Meeting** 

DSC Card Playing
DSC Carpet Bowls DSC Luncheon **Dunolly Social Cyclists Dunolly Supported Playgroup** Dunolly Unit Vic SES

Golden Triangle Archers Maryborough Lions Club Tourist Market Mother Goose Program

Newbridge CWA Old Time Dancing

**PMAV** 

Red Hat Society

Sunday 7th

Tai Chi

**Talbot Farmers Market** Tarnagulla Action Group Tarnagulla Playgroup Tarnagulla Senior Citizens The Welcome Record Committee Win Chun Class

Venue

Bealiba Hall Bealiba Hall Bealiba Hall

Primary School—school terms

Bealiba Hall Bealiba Hall

Various locations - TBA

RTC side street

Be there 15 minutes before departure.

Senior Citizens Hall **Dunolly Town Hall** Pre-school Maude Street

Broadway (Main Street)

SES rooms PAG Room SES shed Fire Station own Hall Dunolly RSL Hall

Masonic Lodge Havelock Street

75 Broadway

CFA rooms **Dunolly RSL Hall** Call 5468 2907 **RSL Hall Dunolly** Senior Citizens Hall Senior Citizens Hall Senior Citizens Hall Senior Citizens Hall

Call Neville for info: 5468 7295

**Dunolly Preschool** SES rooms

Behind Deledio Reserve Alma and Nolan Streets

**Dunolly Primary School** 

Newbridge Hall

Anglican Hall, Barkly St Dunolly Maryborough Highland Club Ripples On The Res Dunolly Arts Hub Talbot streets Community Centre Behind the Tarnagulla Hall

Victoria Hall TWR Office Arts Hub

Date / Times

2nd Monday monthly 1.30pm 3rd Thursday monthly1pm Every Tuesday 7pm - 9pm Every Friday from 10am to 11am 2nd Monday monthly 7.30pm Every Thursday night 7.30pm Monthly meetings - 7.30pm Friday 10am leaves -

For return trip call 5468 1205 3rd Thursday monthly 10am 2nd Wednesday monthly 5pm Mondays 5pm-7pm daylight saving. Mondays 2pm-4pm Autumn/Winter 2nd Sunday monthly 8am to 1pm 1st Wednesday monthly 1.30pm 1st Monday monthly at 10am 1st Wednesday monthly 7.30pm 3rd Monday monthly 7.30pm

4th Monday monthly 1pm Mondays 5.30-6.30pm and 6.30-7.30pm Pee Wee/Junior/Senior (7+ years) 3rd Monday monthly at 7.30pm 3rd Monday monthly 2pm.

For website Google: Dunolly Museum Site

3rd Wednesday monthly 10am Mondays from 5pm (4 to 6 years old) Tuesday and Thursdays 10.30am to 2.30pm

2nd Tuesday monthly - 7pm 1st Monday monthly 10am Each Tuesday at 1.30pm Each Monday 1.30pm

3rd Wednesday monthly 12.30pm

Meet fortnightly

Wednesday 9.30am to 11.30am 3rd Tuesday monthly 6.30pm. Training every other Tuesday 4th Sunday monthly 10am 1st Sunday monthly 8am - 1pm

Maryborough

Every Friday during school term 9.30-10.30am

3rd Tuesday monthly 1.30pm

7.30pm Mondays

3rd Tuesday monthly, 7.30pm 2nd Thursday of the month, 11.30am

Tuesdays at 10am

3rd Sunday monthly 9am to 1pm 3rd Monday monthly 7.30pm Thursday 10.30am-12 noon

1st and 3rd Monday monthly, 11am-12.30pm

2nd Monday monthly, 1pm

Tuesdays 6pm

### Put These On Your Calendar for April 2019

Wirework Workshop, The Arts Hub

Tuesday 7th 7.30pm Central Goldfields & Residents Ass. Inc weekly meeting Tuesday 9th 5.30pm Ratepayers Submission Hearing, Maryborough Community Hub

Wednesday 10th 11am - 1pm Tiny Towns Arts Trail Painting Workshop

Tiny Towns Arts Trail - Woolly West Fest Project - Ministry of Fun Wednesday 10th 2pm Hands-on Demonstration on Broadway

Saturday 13th 8am Car Boot Sale - Uniting Church Grounds

Sunday 14th 8am **Dunolly Community Market** 

This workshop is fully booked out

Thursday 18th 7.30pm Dunolly FNC 2019 Season Launch - Railway Hotel Dunolly

Friday 19th 8am Collectors Meet at the CFA Station - for The Good Friday Appeal

Saturday 20th 9am Moonambel Easter Market

Saturday 20th 12.45pm The Easter Cup -Tarnagulla Golf Club

Tuesday 23rd 6.30pm 20 year Celebration Maldon & District Bank - Maldon Community Centre

Saturday and Sunday 20th/21st and 27th/28th Tiny Towns Arts Trail - watch out for details



### Central Goldfields Ratepayers & Residents Association Inc. – 30<sup>th</sup> March, 2019

Council's Draft Rating Strategy: Remember: if you have missed the official deadline of Monday 1st April to prepare your submission or respond to the survey on the Draft Rating Strategy, you will still have until Tuesday 9th April, when the submission hearing will be held at the Community Hub, Maryborough at 5.30pm. You will need to indicate within it as to whether you wish to speak to your submission. It can be viewed at-

### www.centralgoldfields.vic.gov.au/haveyoursay

One of the other items mentioned at our March meeting was the subject of Council's Listening Posts.

These informal discussions with the Administrators, held in various locations around the Shire, provide an opportunity for residents to voice any concerns they may have on any particular matters, so please keep this in mind when the next round is announced; we believe it is important that your voice is heard.

Next month's CGR&RAI meeting is at Dunolly, on Tuesday 7th May, at the SES Hall, at 7.30pm.

We hope to see a good turnout of interested residents and ratepayers from Dunolly and surrounds at this meeting.

You do not have to be a financial member to attend meetings, everyone is welcome.

Please direct any questions to cgoldratepayers@mail.com or post to PO Box 184, Maryborough, 3465.

CGR&RAI





#### What's happened?

The Australian Cyber Security Centre is aware of malicious emails that are falsely telling Australians that their account has violated PayPal rules.

These phishing emails try to lure people into sharing their personal information which could then be used for identity theft and financial gain by cybercriminals.

The email says their PayPal account will be permanently disabled within 48 hours unless the user logs-in using the link provided within the email to 'update account details' and 'activate your account'.

The link sends you to a fake PayPal login portal where your details will be captured by cybercriminals.

### How do I stay safe?

If you receive the email:

- Do not click on the link
- Do not enter any information.

You should forward the email to: <a href="mailto:phishing@paypal.com.au">phishing@paypal.com.au</a> and can find more information and advice on the Paypal website.

#### More information

Read more on protecting yourself from phishing – including what to do if you think you have revealed confidential information.

Find out where to get help if you believe you have become a victim of a scam. Search or email.

Facebook: www.facebook.com/staysmartonline

Email: StaySmartOnline@ag.gov.au Web: www.staysmartonline.gov.au

The information provided here is of a general nature. Everyone's circumstances are different. If you require specific advice you should contact your local technical support provider.

Coral Christensen

### **More Scams - Payment demanded by gift card?**



Gift cards are increasingly the payment method of choice for scammers. Scamwatch reports show more than \$5 million was lost in 2018, a 38 per cent increase compared with 2017.

iTunes cards accounted for \$3.1 million in losses - a 156 per cent increase from the \$1.23 million reported in 2017. However Scamwatch has also seen an increase in reports involving other gift cards such as Google Play, Amazon, and Steam cards, and Australia Post Load & Go prepaid debit cards. Losses to scams where non-iTunes gift cards were used as payment increased by 530 per cent in 2018 to around \$1 million. "Scammers like to get gift cards as payment as it's easy for them to quickly sell them on secondary markets and pocket the cash," ACCC Deputy Chair Delia Rickard said. "It's concerning that the scammers are now demanding payment in other forms of gift cards. This is likely in response to scam warnings about using iTunes cards for paying scammers that are in stores like supermarkets and on the cards themselves. It's clear the scammers are diversifying their payments to try to get around these warnings, so it's vital people are aware that no legitimate company or government agency will ever ask you to make a payment with any sort of gift card," Ms Rickard said.

### Supplied courtesy: The Puzzle Wizard

# QUICK crossword 12

#### Across

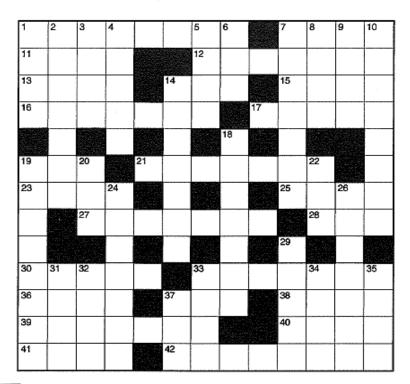
- 1. To enumerate incorrectly
- 7. To a great distance
- 11. A revered person
- 12. Consequence
- 13. Average of 14, 18 and -5
- 14. Hidden microphone
- 15. Metal money disc
- 16. First man in space, Yuri \_\_\_\_
- Exceed in performance
- Triangular sail
- 21. Tenth month
- 23. Afresh
- 25. One easily tricked
- 27. Giant Biblical warrior
- 28. Immature flower
- Knobbed
- Kingdom of northern Africa
- 36. Receive as income

- 37. Block of land
- 38. Neaten by clipping
- Unnaturally formal (of speech)
- Conifer's reproductive body
- 41. Notice with the eyes
- 42. Composer of Rhapsody in Blue, George

#### Down

- 1. Dynasty of China
- 1970s Ugandan head of state (3,4)
- 3. Piece of music
- 4. Unsoiled
- Part of speech signifying person or thing
- 6. Pull energetically
- 7. Defendant in court, the
- 8. Twelve inches
- 9. Among
- 10. Distinguished
- 14. Food item, Anzac
- Code word for letter 'f' (communications)
- 19. Language of Asia
- 20. Ask for charity
- 22. Apply pressure to using a back-andforth motion

- 24. Feminine
- Tosca composer, Giacomo
- To ruin through ineptitude
- 31. Breakfast food, rolled
- 32. Fall in drops
- 33. Current fashion
- 34. Large black bird
- 35. Prophetic sign
- Wish of 'good luck', as used in the theatre, break a \_\_\_\_\_



Solution for No.11

ARSE DOGGED RIPE D E 0 Ι G A Y OVER 0 Ρ A L IMILE ESTEEM NUT RIGHTLY NOBEL Y E W SOLUBLE KINGS D AI RON IKINI NUANCE BET Z 0 0 BOON Α INE U ULLL Z L TWENTY STRAY



# Bealiba Hall Line Dancers LINE DANCING CLASSES

#### FUN FOR ALL

or 0423 600 728

Where: Bealiba Town Hall
When: Every Tuesday night

Time: 7pm – 9pm

Cost: \$5.00

Contact: Chris - 5469 1337

Continued from...page 16

There are several common types of scams involving gift cards:

#### **ATO** impersonation scams

• The scammer pretends to be from the Australian Taxation Office and claims there is a warrant for their victim's arrest. The scammer asks the victim to pay an immediate 'fine' using gift cards or bitcoin, and claims police will come and arrest them if not.

#### Catch-a-hacker scam

• The scammer calls and pretends to be from a lawenforcement agency or internet provider and convinces the victim they are trying to trace the location of a hacker who has compromised the victim's computer. They claim they can do this by sending money from the victim's bank account or via gift card serial numbers.

"If anyone asks for payment using a gift card, it is a scam, simple as that," Ms Rickard said. "If you paid a scammer with a gift card, report it as soon as possible. Call the company that issued the gift card and tell them the gift card was used in a scam. It's very difficult to get your money back but the sooner you report it, the better your chances."

Businesses that sell iTunes, Google Wallet and similar gift cards are encouraged to inform their staff about these scams so that they can help warn customers. "If staff are informed they can identify the warning signs of a scam when they notice a customer spending large amounts of money on gift cards," Ms Rickard said. People can also make a report on the Scamwatch website, or find more information about where to get help. Web: www.staysmartonline.gov.au

**ACCC Media Release** 

### **CLASSIFIEDS & NOTICES**

#### Cleaner Wanted

A reliable cleaner is required for the offices of The Welcome Record at the Town Hall in Dunolly.

The person would be required to vacuum and dust and general tidy-up, once per month.

Please call 5468 1054 Tuesday or Wednesday **only** to negotiate times and remuneration.

The Welcome Record Committee

### **Companionship Wanted**

44 year-old single man would like to meet single lady between 20-40 years old for companionship, Dunolly area. I am a non-drinker, but do smoke.

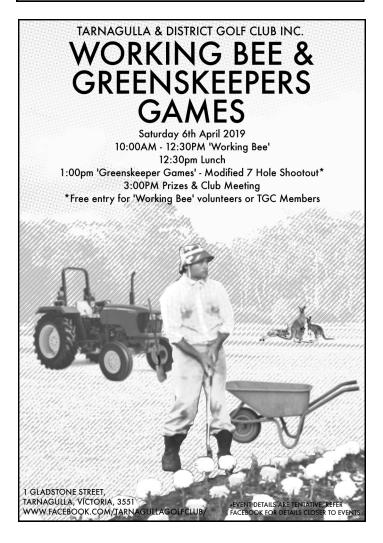
Please ring Jason 0457 827 449



**Raffle Tickets** are now on sale for the Good Friday Appeal. The prize is a food hamper plus chocolates. Tickets are \$2 each and will be on sale outside the supermarket over the next few weeks.

**Collectors Needed** to help raise money for sick kids. If you are free on Friday 19th April and would like to help, come to the CFA station at 8am and stay as long as you like. We will provide you with food and drink and good company.

Georgie Christensen, Area Manager





THE WELCOME RECORD

### **DFNC MINI LOTTO**

Issue 12

Drawn: 29th March 2019 Numbers: 5, 8, 11, 13, 14 No winner: Jackpot: \$950

\$1 per entry. 5#s out of 15. Quick picks available.

Entries in local shops.

Have a go and push the pot past \$1000

T Long

# NBN warns residents of scammers as reports rise

The National Broadband Network (NBN) is urging residents to be wary of scammers impersonating the wholesale network provider.

The company has released new information on its website to warn residents of scammers and help them learn how to identify those impersonating the NBN following an 84 percent increase in inquiries about suspected scams made to the wholesaler's contact centre since October 2018. "With nearly three in four homes and businesses now able to connect to the NBN access network, it's vital people understand the steps involved in making the switch, including how and when NBN Co and retailers will communicate with customers." NBN Co chief security officer Darren Kane said. "It's important to remember the key point of contact for Australians connecting to the NBN access network will always be their preferred phone and internet service provider. This is because NBN Co is a wholesale-only company and does not sell services directly to the public. In fact connecting to the NBN access network is not automatic and people need to contact their preferred phone or internet provider to make the switch."

Mr Kane urged residents and businesses to be vigilant of callers claiming to be from NBN Co requesting personal or financial information.

"We will never make unsolicited calls or door knock to sell broadband services to the public. We will never request remote access to a resident's computer and we will never make unsolicited requests for payment or financial information," he said.

"Protect yourself by verifying who are you talking to. If in doubt, hang up and call your retail service provider customer service centre to check if the call is legitimate."

Courtesy, The Maryborough Advertiser

### **Maryborough Lions Market**

Sunday 7th April, 8am - 1pm.
Corner Nolan and Alma Streets Maryborough



The market precinct is closed to road traffic. Stall holders enquiries call Terry Hill on: 0400 739 653

All funds raised by the Lions Club go toward community projects and causes.



#### At the Bealiba Hall

The grand final of the tournament was played with the winners Joe Battisson and Pam Brightwell.

The runners-up were Gordon Smith and Ian Lovel.

Well done everyone. This was followed by the usual night of bowling. It was an unusual night of play with two drawn

The best team of the night was David Price, Chris Evans and Geraldine Delgado with two wins.

Pam Brightwell





Welcome back!

Our first official day's play is Saturday week on 13th April. However, many of us are playing this Saturday, 6th April. We are calling it a Practice Round.

Please come along for a few holes, a few drinks and a catch up after the long break.

Ian Arnold.

## **MARYBOROUGH**

BALLARAT REAL ESTATE

## Kate Ashton

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Kate Ashton-Maryborough Ballarat Real estate

kate@ballaratrealestate.com.au





### Tarnagulla Neighbourhood Watch Loddon Area 7 Presentations



Last Tuesday, 26th March, I was pleased to be asked to attend the Annual General Meeting and Awards Night of the Tarnagulla branch of Neighbourhood Watch. Following the general meeting, all positions were declared vacant and the AGM took place. After supper, presentations of certificates for long service were awarded. The recipients for 20 years' service were Barry Condick, AFSM JP (Area Co-ordinator), Barbara Broome and Barry Rogers. Recipients for 15 years' service were Alf Broome, Joe Jakitsch and David Shay; for 10 years' service was Julie Davis and for 5 years' service; Terry Kellogg, Lyn Kellogg and Hani Read (absent). The branch has been in existence for 20 years now and with this type of dedication, it is sure to continue for many vears to come.

Jenny Scott.

### Successful Mega Craft Sale at Arts Hub

On Sunday 24th March, the eagerly-awaited Craft Sale took place at the Arts Hub. Just about all stalls had been booked by craft enthusiasts in the hope of moving on some of their excess stock. I was there when the doors opened and already eager buyers were lining up to view and purchase some of the huge array of craft supplies; of course the stallholders themselves had already availed themselves of the opportunity to purchase from each other.

It is once again a testament to Lynda Vater's organisational ability and flair in drawing the local community and people from far and wide together, in a successful event. As usual, Lynda's social media advertising is beyond par and has been instrumental in raising Dunolly's profile within the region.

We have heard many comments to the effect that people would like to make this a regular event and it appears one is now scheduled for September, so watch this space!

Jenny Scott Photos - Lynda Vater and Jenny Scott





