

The Dunolly and District Community News

The Welcome Record

Volume 35 Issue

Wednesday 25th March 2020

Donation: 50c

Dunolly Cemetery Clean Up



Thank you so much to the 13 hard workers who came to hear about the cemetery trust by the secretary, Barry Taylor, and helped them get on top of cleaning Dunolly cemetery on Sunday. A fun fact is that the cemetery was originally built around four circles and

that is why the layout is so different to other cemeteries which are often on a grid pattern. We were all fascinated at reading the headstones, pointing out our relatives and sharing stories. Work will continue at the cemetery to tidy it up.

Janelle Bianca-Davy



The Welcome Record Inc.
A0013872F ABN 19299170473
 Published by community volunteers
 at the Dunolly Town Hall
 83 Broadway Dunolly Victoria 3472

Phone: (03) 5468 1054

Email: welcomerecords@iinet.net.au



Web: www.dunollynews.org

Editors:

Susan Anderson — Editor in Chief (President)
 Marilyn Goldie — Co Editor (Secretary)

Office:

Monika Thumerer - Office Manager (Treasurer)

Proofreaders:

Jan Brock
 Esmé Flett
 Cynthia Lindsay
 Rosemary Mccredy
 Jenny Scott
 Marilyn Rowe



Printing and Distribution:

Theresa Milne
 Marilyn and Bob Rowe
 Monika Thumerer

MEMBER 2020

OPENING TIMES

Tuesday 9.30am - 3.30pm

(for advertisements, articles and classifieds)

Wednesday 9.00am – 3.30pm

(to receive payments)

Phone 5468 1054

Contributions are accepted up to **4pm on Tuesdays**. Exceptions are made only by prior arrangement, or for important community notices for the *Classified* pages. If in doubt, please ring us before 3pm on Tuesday to avoid disappointment.

All letters, articles and classifieds must contain the author's full name, home address and daytime telephone number.

All un-acknowledged photo/pictures are from stock.

The Welcome Record aims to present the diversity of viewpoints which reflect the concerns and interests of our community. It will not print contributions which are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. The opinions expressed by contributors are not necessarily those of *The Welcome Record*.



Well, there will not be any rambling for a while by the look of it. Just have to amuse myself at home.

Daughter Ramble the Elder (her preferred title), was up from Colac for a couple of days this week. I suppose this will be the last visit for quite a while. We had a good time — spent a long time at the local op shop. She is an experienced op shopper and came loaded with good stuff. There is a tattoo shop in Maryborough with a sign on the window that says "Tattoo's." There is NO apostrophe in that word.

My sitting resting in the Philips gardens last week watching the birds on the water made me think of a poem we learned at school . —

"All along the backwater, through the rushes tall
 Ducks are a-dabbling, up tails all."

No idea who wrote it or why it stuck in my mind. The most ducks I saw then were the ones Dad shot during the duck season. They were not dabbling anywhere.

I am aiming to spend the time the loss of my "social life" will give me sorting out my wardrobe and a lot of years of photos. That is after I have read all the books I've been collecting over the last little while, and knitting jackets for penguins, and anything else I can find to avoid that aim. Good wishes to you all.

Rosie

CATS —

Cats can be devious and mean — just a couple of their many GOOD qualities.

Alice Dixon

A cat can sleep anywhere at any time. There is no such thing as a cat with insomnia.

Jacqueline Francis



INDEX

Title	Page
Rosie's Ramble	2
Letters to Editor	3
Probus News	4
Vicky's Stories: Tepee Builders	5
Arts & Entertainment	5
CGSC News	6 & 8
Loddon Mayoral Column	6
Neighbourhood Centre	7
CGR&RAI	7
Church Page	9
A Holistic Approach to Health	13
ScamWatch	14
Important Dates	15
School Page	16
Crossword Page	17
Classifieds and Notices	18
Sports	19
Willy Waistcoat Saga	20

Defibrillators available at —

SES, CFA, DFNC, Dunolly Bowls Club, Doctor's Office and Dunolly Town Hall.

In case of emergency, the defibrillators can be accessed at the above venues when they are open.

The unit at the Town Hall is located in the breezeway outside and can be accessed at any time.

Important telephone numbers

Police: 000

Fire: 000

Ambulance: 000

Police non emergency: 131 444

Dunolly Police: 5468 1100

Dunolly Doctor: 5468 1104

Dunolly SES: 5468 1199

 **LETTERS TO EDITOR**

Thank you

I would like to say thank you to the shop keepers who have shown us such courage and loyalty to this town in stopping outside people from the city buying the food that is available in our shops. Perhaps we can say thankyou by buying local where we can.

Jean Richardson

Local's The Best

During the recent period of panic buying, Dunolly has not been immune. Local businesses have worked hard in an effort to make sure locals have not missed out. The bakery has made more bread, the supermarket has tried hard to keep the shelves stocked, the butcher has .limited meat sales to out of towners so locals can still get what they want and the pharmacy staff have been run off their feet. I am very appreciative of what they have done for us, and I am sure others are too. Let us all continue to show our appreciation by supporting them so they will still be operating in Dunolly long after the corona virus has gone.

Vicky Frizzell

Open for business

There have been some rumours that the Dunolly Butcher is closing due to lack of supplies. This is not true. Matt is open for business as usual and will keep supplying our local community. There may be a delivery service implemented in the future if the situation worsens and people are unable to leave their homes.

Matt assures everyone that only local people will be served. He will not serve any busloads of opportunists as those who attempted to shop last Wednesday. Matt refused to allow them entry to his shop and turned them away. Hats off to Matt. Well done!

Susan Anderson

Donation to CFA

New resident of Broadway Sue Haslett, proudly presented funds to the Dunolly CFA raised by her son Samuel Eriwata from NZ and daughter Selina Eriwata from the Gold Coast. Many thanks to Jan Stephenson for the PA set up and performing with Ash on bass guitar. Not forgetting the Railway Hotel for the venue. We were so blessed to have them perform and grateful for the generosity of the people in our small town of Dunolly.

Sue Haslett



DUNOLLY MEDICAL PRACTICE

Due to the recent outbreak of the Covid-19 virus, going forward the Dunolly Medical Practice will remain open, but the front door to the clinic will be locked — this is to ensure that patients within the waiting room are at a minimum and are not waiting for long periods of time with other patients.

If you require any normal scripts or referrals, please contact the clinic by phone only 5468 1104 and Leanne will organise for Dr Tang to do these for you within 24-48 hours.

Please be patient at this time, as we are trying to limit person to person contact, so as not to spread the virus within our community.

If you believe you have the Covid-19 virus, please either attend the Maryborough Hospital or call the Dunolly Medical Practice 5468 1104. (Please be advised that patients with symptoms will not be let into the clinic). Please DO NOT attend the clinic under any circumstances if you have any of the symptoms of Covid -19 (outlined below).

SYMPTOM	COVID-19	COLD	FLU
	Mild to severe	Gradual onset	Abrupt onset
FEVER	COMMON	RARE	COMMON
FATIGUE	SOMETIMES	SOMETIMES	COMMON
COUGH	COMMON/DRY	MILD	COMMON/DRY
SNEEZING	NO	COMMON	NO
ACHES & PAINS	SOMETIMES	COMMON	COMMON
RUNNY/STUFFY NOSE	RARE	COMMON	SOMETIMES
SORE THROAT	SOMETIMES	COMMON	SOMETIMES
DIARRHOEA	RARE	NO	SOMETIMES
			(children only)
HEADACHES	SOMETIMES	RARE	COMMON
SHORTNESS OF BREATH	SOMETIMES	NO	NO

And remember hand hygiene is extremely important — you will be asked to sanitise your hands when you attend the clinic — if you refuse, you may be asked to leave.

The Dunolly Medical Centre Team

IMPORTANT MESSAGE FROM DUNOLLY/ BEALIBA RSL SUB-BRANCH



Due to the difficult circumstances we are facing these days, ANZAC Day will be conducted differently 2020. There will be no 11am March or Service at RSL Hall.

RSL State President OAM, Dr Robert Webster, has asked that each RSL Sub-Branch consider conducting a single service and the public asked to stay away. Remembering that ANZAC Day is so much more than attending a service, we should all embody the spirit and sentiment in those solemn words: "Lest We Forget".

With this in mind Dunolly/Bealiba RSL will conduct a small Dawn Service at the Cenotaph at the Post Office with Prayer, Wreath laying, Last Post, one minute's silence, Reveille.

Over the coming weeks and months, it is important that we, as a veteran network and community, support one another in any way we can, whilst ensuring we look after our own health and wellbeing.



Probud News

Our AGM was held on Thursday and our new executive and committee are:

President	Barry Cann
Vice President	Jan Watts
Secretary	Jill Morse
Treasurer	Faye Nicholson
Guest Speaker Organiser	Jan Watts
Newsletter Editor	Carolyn Butler
Attendance Officer	Shirley Doidge
Activities Officer	Faye Nicholson
Dine Outs	Isobel Hawksley
Welfare Officer	Jan Watts
Birthday Officer	Shirley Doidge
Bowls Convenor	Barry Cann
Club Historian	Julia Ramsay
Catering Convenor	Shirley Doidge

We have decided to go into recess for three months. This will be reviewed in mid-June. Our next meeting may be in July. The executive committee has resolved to regularly keep in contact.

After a lovely lunch at the Dunolly Railway Hotel, celebrations for our 20th anniversary concluded.

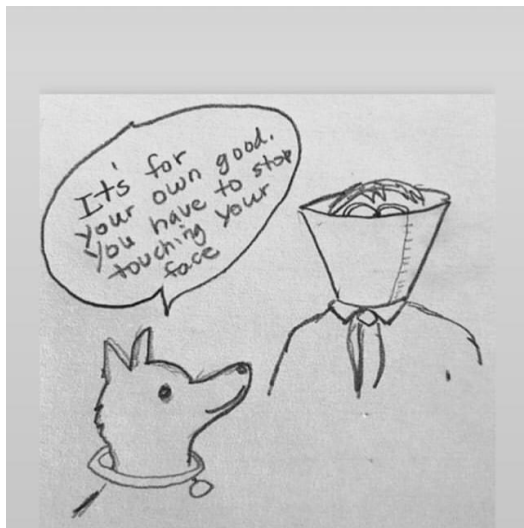
News from other clubs closing has been received after South Pacific Probud headquarters advised us to abide by the preventive measures that have been recently introduced, such as social distancing. Club meetings and activities are unlikely to occur for the next few months while still continuing banding together, inspiring positivity and keeping up our neighbourly spirit. Probud "Fun, Friendship and Fellowship" are more important than ever and we have the opportunity to demonstrate how Probud is finding ways to continue their goal of keeping their members connected despite the current health protocols.

Clubs can continue to stay in touch with members, communities and neighbours at this time by initiating activities such as:

- Allocating buddies within clubs and encourage various activities such as scheduled phone calls, interactive online games such as "Words with Friends", etc.
- Sending personal emails or letters in a pen-pal system
- Book Clubs over conferencing facilities like Skype or Zoom. There are also online websites where you can create book clubs.

Let us all stay safe, healthy and happy to survive these strange times.

Carolyn Butler, Publicity Officer



Fire Danger Period ceases

For the City of Greater Bendigo, the Fire Danger Period will terminate at 1am next Monday 30th March 2020.

However, the Fire Danger Period has now ceased in the following shires across the North West Region –

- Banyule
- Buloke
- Campaspe
- Central Goldfields
- Gannawarra
- Loddon
- Macedon Ranges
- Melton
- Mildura
- Mount Alexander
- Nillumbik
- Swan Hill
- Whittlesea
- Wyndham
- Yarriambiack North

Residents are reminded that even after the end of the Fire Danger Period, the Summary Offences Act still applies. This means that although restrictions have been lifted, all residents must check with their local municipality before burning off; however this should always be a last resort. CFA encourages disposal of waste in other ways, such as mulching, using green bins or taking green waste to local transfer stations where domestic quantities of green waste are accepted. You must also ensure that if you comply with local laws and have to burn off, the only material that can be burnt is dry wood as any other materials including rubbish, green waste and leaves are prohibited as they create excessive and toxic smoke which can be detrimental to health.

Each municipality has their own local laws. Contact your local council to find out what local laws apply and note that these may be in place all year round.

Paul Tangey,
Community Engagement Coordinator



FUNNY FILLERS

I was driving this morning when I saw an RACV repair van. The driver was sobbing uncontrollably and looked very miserable. I thought to myself, that guy's heading for a breakdown.

Bought some rocket salad yesterday, but it went off before I could eat it.

The Grim Reaper came for me last night, but I beat him off with the vacuum cleaner. Talk about Dyson with death!

Just got back from a mate's funeral. He died after being hit on the head with a tennis ball. It was a lovely service.



Tepee Builders



There is a tepee at the Basin. Standing on the shore next to a rock fire pit, it is reflected in the muddy puddle of water which is now the Basin. It looks great. Constructed of strategically placed rocks holding gnarled bush poles in place and partially clad in Chinese bush, it looks like it has been there for years. About the right height for a child to stand upright in, it is easy to imagine an eager child and inventive adult working together to build it.

Memories of similar cubby houses built by older siblings and cousins in my childhood came rushing back. There was a patch of native vegetation in a flood-prone bend in the Loddon River close to my home. We spent many happy winter weekends constructing all sorts of creations there. We seldom went there in the summer because of the abundance of snakes. Very few of our efforts were ever finished, but the joy was in weaving the story as we built, and in all sorts of imagined amazing features. Once my sisters and I completed a cubby each. Mine was really just a fragile bundle of sticks attached as a lean-to against my sisters' more substantial structures. We pilfered some potatoes and old tins from the kitchen, as well as some illegal matches, and boiled our pieces of potato. They heated part way through before we ate them. Yum!

Shelter is such a deep rooted human need and we always seek it. Many people carry little shelters to the beach. Campgrounds are full of tents. Bedouins have amazing tents to shelter themselves from the elements, as do American Indians and many other peoples. Gypsies took their caravans with them, while other civilisations built things of stone, wood, steel and glass. Centres of cities are now so full of high rise buildings it can be difficult to get sunlight down to the ground level. Yet despite all these amazing buildings, many people are homeless and seek shelter against the outside walls of these edifices.

Somehow these huge places lack the comfort and soul the simple little tepee built beside the Basin has got in spades. So, builders of the Basin tepee, your charming little cubby has brought back many happy memories for me. Thank you.

Vicky Frizzell



A TV star in Dunolly

If you happened to be watching Channel 7 last night at 5pm for the quiz show *The Chase*, you may have been surprised to see our very own editor, Susan Anderson as a contestant. She went by the name of Suzy as all her family and friends call her that; she also uses that name when she writes her escapades in *The Welcome Record*.

I was definitely surprised as I don't often watch *The Chase*, except at the tail end just before the news. I got a phone call from my brother in Melbourne to tell me to quickly turn on the TV as there was a woman from Dunolly on the show. And lo and behold, there was our Suzy!

I wondered why I hadn't been told, seeing I work closely with Suzy, but it appears I was on a group message that I hadn't looked at.

In any case, I was quite impressed with the way Suzy presented and how clever she was in answering all those questions, particularly in the final chase. I'm sure she could've have answered more as I saw she was pressing the button, but others got in before her.

I asked her whether she was nervous waiting for her turn as she was last on the panel. She replied that she didn't feel at all nervous as Andrew O'Keefe, the presenter, made everyone feel very relaxed before the show with a comfortable chat and some jokes.

Suzy said there was a fair bit cut out of the show as she had discussed a lot about Dunolly and the nugget that was brought here to be weighed; however, due to time constraints some of every person's chit-chat had to be shortened. But she did mention a bit about Dunolly and where it was and how she belonged to the Dunolly Gilbert and Sullivan Society. It's put our little town the map.

Unfortunately the team didn't win as The Chaser, Goliath, was on a roll that day and beat their otherwise very good score of 20. Suzy contributed a lot of correct answers to that score. Well done!

Cynthia Lindsay

Photo supplied by Susan Anderson



Tongue twisters

Round and round the ragged rock the ragged rascal ran.

How much wood would a wood chuck chuck if a wood chuck could chuck wood?

Peter Piper picked a peck of pickled peppers.

(All these were mentioned on the show)



Draft Community plans now available

Thank you to everyone who has contributed to the development of our 10 year Community Plan Project over the past six months.

So far 1035 community voices have contributed to the project via listening posts, a survey, drop-in sessions, roving interviews, focus groups, children's drawing activities and community workshops.

Our eight draft community plans are now ready for the community to view and we want you let us know if we have got it right.

Feedback is required via an online survey by Wednesday 8th April, 2020.

To view the Draft Plans and complete the online survey visit www.centralgoldfields.vic.gov.au/haveyoursay

Burke Street Reopened

Burke Street, between Inkerman and Kars streets in Maryborough, is now reopened to traffic after major upgrade works. Works included:

- Footpath renewal
- Replacement of kerb and channel
- School crossing formalised
- Minor drainage works
- Road pavement reconstruction works.

Council developing Integrated Transport Strategy

Council has partnered with the Victorian Government Department of Transport to develop an Integrated Transport Strategy.

The Strategy will identify access and transport needs across the municipality and determine issues and opportunities with various modes of transport.

It will also identify the current ways our community access the various key destinations and how transport options could be improved.

Feedback is required by Friday 29th May, 2020 and is invited via:

- Online survey (employee, trader and student version) – www.centralgoldfields.vic.gov.au/haveyoursay
- Colouring in competition for children available at www.centralgoldfields.vic.gov.au/haveyoursay and tell us how you get to school. The entries will be displayed on the Central Goldfields Shire Council Facebook page.
- Email: strategicplanning@cgoldshire.vic.gov.au
- Written submission: Attention Strategic Planning, PO Box 194 Maryborough VIC 3465

Central Goldfields Shire Chief Administrator Noel Harvey said it can be difficult for residents to access services available locally and in larger cities.

"Due to limited public transport options in the Central Goldfields Shire, many of our residents find it difficult to access services that are only available in places like Ballarat, Bendigo or Melbourne as well as those within Central Goldfields.

"We are urging community members to provide feedback to Council on what transport options they currently use and what services they'd like to see established in our Shire."

For more information contact our Strategic Planner Amy Bell on 5461 0685 or email strategicplanning@cgoldshire.vic.gov.au



MAYORAL COLUMN

Coronavirus and our community

As the impact of Coronavirus (COVID-19) continues to evolve, Loddon Shire is constantly reviewing operations to protect the safety of staff, councillors, contractors, volunteers and the community.

Council will be as proactive as it can be, and our response to COVID-19 may result in the delay of projects and changes in service levels. We ask for understanding from the community as we work to provide services as best we can. Now is the time to try to look after ourselves and each other. The effects of the cancellation of events and social distancing will be far-reaching. We can still support local businesses by shopping locally, purchasing locally using online methods and generally showing support to small businesses which will be feeling the pinch.

We also need to acknowledge the many changes we are adjusting to and that self-isolation will result in increased anxiety and distress in many people. Some things we can do to help include finding a healthy balance in relation to large volumes of media, try to ensure that you are following accurate sources of information such as government websites and the World Health Organisation.

Where possible, try to maintain close to a normal routine, especially where children are concerned. Acknowledge feelings of distress and seek professional support if required. You may wish to consider what you have to do to minimise your own risk, particularly if you live with, or care for people who may be in the vulnerable category, including the over 65s, the very young or those with chronic medical conditions or compromised immune systems. I know there are health messages everywhere right now, but we cannot be reminded enough that everyone can help reduce the risk of contracting the virus by practising good hygiene. This means washing your hands often with soap and running water, for at least 20 seconds or use an alcohol-based hand sanitiser with over 60% alcohol. Avoid touching eyes, nose and mouth. Cover your nose and mouth with a tissue when you cough or sneeze, and if you don't have a tissue, cough or sneeze into your upper sleeve or elbow. Observing social distancing is a good way to slow the spread of infection, trying to keep a distance of 1.5 metres from other people, open windows and adjust air conditioning if possible. The more distance between people, the harder it is for the virus to spread. Avoid shaking hands or high-fives; perhaps an elbow-bump or some non-contact form of acknowledgement is enough.

Another way to minimise the spread of the COVID-19 is to reduce unnecessary face-to-face contact. For this reason, Council's offices have been closed to the public, but other options for staying in touch are in place, and detailed further on in this message.

If you are sick or have been in contact with someone who is sick, please do not go into public places. Seek medical attention, but call ahead first. If unsure, call the Coronavirus Health Information Line 1800 020 080. This line operates 24 hours a day, seven days a week.

Council is responding to this evolving situation and is taking advice from State and Federal Government departments. Meanwhile you can follow any Council updates on our Facebook page and website www.loddon.vic.gov.au and for information, updates and advice about the coronavirus (COVID-19) refer to <https://www.dhhs.vic.gov.au/coronavirus>.

I am confident that our community will work together and help each other out during this time, please be kind and support those around us where possible.

Some council services are closed. Please check website for information.

From the office of Cr Cheryl McKinnon Loddon Shire



TEMPORARY CLOSURE

Due to the Government law on non-essential services having to close, the Neighbourhood Centre will have to temporarily close its doors.



This means all of the Centre's programs and activities; that is all activities conducted at the Centre, in and at other venues, are suspended until further notice.

We hope all of you stay safe and well and know that we will be back when all this is done and dusted! Meanwhile knit and crochet some poppies!



Want more information? Ring 5468 1511 Monday to Thursday or simply email: admin@dunnhc.com.au

Sharon Hiley
Coordinator



The Coronavirus

Reports of increased cases of Coronavirus in Australia and the world sends a very strong message.

We all must stay aware of the danger and keep our awareness and precautions to the maximum.

Hopefully this will pass in a few months. However we feel that is very optimistic. But we do ask "Until this has been declared over, please maintain the best defence you can".

With our premier announcing a shutdown from March 22nd 2020, this does not mean we can't shop or get services. It basically means we only go out when essential. Stay in control, don't panic-buy and keep ringing your family and friends. Maintain your social connections even if it's just by phone. Prepare yourselves for a few months of uncertainty.

There have been many locals who have gone to extreme efforts to assist the community in the present times. We would like to thank all who have gone that extra yard. Thank you all so very much.

Our monthly meeting at Carisbrook on 7th April 2020 has been cancelled. Our next meeting will be on 5th May 2020; please stay tuned for updates on that. Updates on our Facebook page Central Goldfields Ratepayers & Residents Assn Inc.

A follow up on the Freedom of Information situation. Our shire has responded to two of the four concerns we raised, and this leaves us with two FOIs to lodge. These will be lodged shortly.

Dr Anne Webster MP visited late last month. We attended a meeting with her and she arranged the Shire to give CGR&RAI an update on the Carisbrook Levee situation.

We call on the Central Goldfields Shire to make all the information available so concerns and uncertainties can be put to rest. We all have the right to know the actual situation.

CGR&RAI has been approached by the Shire which has questioned the validity of some of our statements. We await council's response. We invite everyone to question our statements, and if information is supplied to prove our statements incorrect, we will publish a correction and an apology. Getting information correct is paramount.

Wayne McKail
President CGR&RAI



Changes due to COVID-19

The COVID-19 (Coronavirus) pandemic situation is changing rapidly and our priority is the safety and wellbeing of our community, volunteers and staff.

We have adapted the delivery of our services to minimise the risk of infection and transmission of the virus. A number of our services have been modified to restrict face-to-face interactions with Council staff still available via phone and email.

We'll continue to provide regular service changes information via our website:

www.centralgoldfields.vic.gov.au/covid19

Facebook @CentralGoldfields and Twitter @CG_Shire

We thank the community for their understanding during this time.


FACILITIES AND SERVICES

The following buildings are closed to public access. Services are still available by phone and email as outlined below.

- Customer Service Centre
Phone: 5461 0610 (Monday to Friday between 8.30am and 5pm) Email: mail@cgoldshire.vic.gov.au
Online: Faults can be reported via our free Neat Streets App (downloadable from your phone's App Store. Report a street or road issue, graffiti, hazard, damage, litter, pothole, signage, street light or even parking related issue direct to our works team.
- Visitor Information Centre – Maryborough
Phone 5460 4511 or email visitorinfo@cgoldshire.vic.gov.au
- Maryborough Regional Library
Phone 5461 1950 or email maryboroughlibrary@cgoldshire.vic.gov.au
- Central Goldfields Art Gallery
Phone: 5460 4588 or email mail@cgoldshire.vic.gov.au
- Central Goldfields Youth Hub
Phone: 5461 0610 or email mail@cgoldshire.vic.gov.au
- Pound (by appointment only)
Phone: 5461 0610 or email mail@cgoldshire.vic.gov.au
- Statutory Planning and Building Services counter service
Phone: 5461 0610 or email mail@cgoldshire.vic.gov.au
- Community Hub
Phone: 5461 0610 or email mail@cgoldshire.vic.gov.au
- Depot
Phone: 5461 0610 or email mail@cgoldshire.vic.gov.au

We would like to introduce our newest daughter
Piper Elouise
Piper arrived on 7th of Feb, at a very healthy
seven pound six ounces and is overall, just divine!

**All Day
BROADWAY**



We would like to say Thank You to all of our
customers for their patience and well wishes while
we adjust to life with our new family member.
All Day on Broadway will re-open from
Thursday 26th March 2020
Cheers, Millie and Craig

The following facilities remain open but with some changes:

- Waste Collection and Transfer Stations
Kerbside waste collection services continue as normal. Council's Transfer Stations remain open. The tip shop at the Carisbrook Transfer Station has been closed.

Phone: Veolia 5456 2500 or email:

waste@cgoldshire.vic.gov.au

- Public Toilets

More frequent cleaning of our more commonly used public toilet facilities is underway. In order to prioritise our cleaning and hygiene efforts we have closed some of our less frequented facilities. This includes: Dunolly – Gordon Gardens; Carisbrook – Market Reserve; Talbot – Memorial Park; Maryborough – Bristol Hill, Goldfields Reservoir and Princes Park.

The following activities are no longer operating but staff are still available via phone and email:

- Supported Playgroup

Phone: 5461 6500 or email

goldfieldsfamilycentre@cgoldshire.vic.gov.au

- Social Support Groups

Phone: 5461 0675 or email mail@cgoldshire.vic.gov.au

PAYMENT OPTIONS

Residents can pay their rates and animal registrations online via the following methods:

Australia Post Billpay: The Billpay code and reference number are located above the 'How to Pay Your Account' information on the front of your rate or animal registration notice next to the Billpay logo.

By phone: Via Australia Post Billpay – 13 18 16

By mail: Cheque or money order can be made payable to 'Central Goldfields Shire Council' and mailed to Central Goldfields Shire Council, PO Box 194, Maryborough VIC 3465. BPay/BPay View: Payment can be made via BPay / Bpay View and can be done by phone or internet banking. BPay Code: 8854 068494.

EVENTS AND ENGAGEMENTS

Listening Posts

The March Listening Posts that were scheduled to be held on 23 and 24 March have been postponed. Community members can still contact our Administrators via phone or email. Contact details are provided below:

- Noel Harvey

Phone: 0418 506 283 or email:

Noelh@cgoldshire.vic.gov.au

- Karen Douglas

Phone: 0409 921 226 or email:

karend@cgoldshire.vic.gov.au

- Hugh Delahunty

Phone: 0419 582 327 or email:

hughd@cgoldshire.vic.gov.au

Draft Integrated Transport Strategy

The Community Consultation Sessions for the Draft Integrated Transport Strategy have been cancelled. Please see our Council News ad in this edition of *The Maryborough & District Advertiser* for alternative feedback options.

GENERAL ADVICE

For the latest and most up-to-date information regarding COVID-19 visit www.dhhs.vic.gov.au/coronavirus

If you cannot find the information you are looking for on this website, please email

Infectious.Diseases@dhhs.vic.gov.au

As a last resort, please call the dedicated hotline on 1800 675 398.



Church News

Dunolly Christian Churches

Invites you to worship God
and welcomes you to their services:

Anglican Church Services:

St John's Dunolly

No services until further notice

Emu

No services until further notice

Bealiba St. David's

No services until further notice

Catholic Church Services:

Dunolly, St. Mary's

No services until further notice

Bealiba, St. Patrick's

No services until further notice

Uniting Church Services:

Dunolly

No services until further notice

Uniting Church

This is just a note to say the Op Shop will be closed for a little while and there will not be any Church services in the church. We might have something online in the coming weeks. I do not know at this moment.

The May Fashion Parade is cancelled as are all active events within our church. Easter Good Friday at the Catholic St Mary's church will not be held and all Easter services in our Church will not happen. "Alive", of course, is cancelled.

God Bless and keep yourself as safe as you can.

Jean Richardson

Uniting Church Op Shop

The Op Shop and the Car Boot Sale will go into recession for the duration.

We ask our generous supporters to refrain from leaving donations on our doorstep.

We hope and pray the present crisis will be short-lived and we can open again in the near future.

Jim McKenzie

Catholic Church

The Mass at St Mary's, Dunolly last Sunday will be the last for the foreseeable future due to the Coronavirus.

There will be no Mass at Bealiba this coming Sunday, 29th March.

There will be no Masses in the Parish at all until further notice.

This will be a sadness for parishioners, but a necessity.

R Mcreedy

*"Today you may not see any sunbeams,
but remember, the sun is still there."*

Helen Steiner Rice



Quince Paste

Ingredients

6 Quinces peeled and cored

1/2 cup water

Method

Cook in pan until quinces are soft. Add equal parts sugar and cook until candied, or comes away from sides and is ruby red. This could take two to three hours. Pour into a greased tray and leave overnight. Place in a slow oven for three to four hours until dry.

When cold cut into squares and store in an air tight container. Paste will keep longer in the refrigerator.

Serve with cheese and biscuits, add to casseroles or roast with poultry.

From the Grapevine Newsletter of
The Maryborough & District Garden Club Inc.

St John's Church

Church services have been suspended for the time being.

Rev Canon Heather Blackman

Readings this week: Samuel 16.1-13, Psalm 23,
Ephesians 5.8-14, Gospel reading John 9.1-41

A PRAYER DURING THE COVID-19

written by Cathedral Dean-Elizabeth

Almighty God, our heavenly father, we humbly ask you to have mercy on humanity besieged by coronavirus. Forgive us our selfish thoughts and actions which deny others of a fair share of resources and our reliance on human capacity to deliver rather than leaning into the hope of faith. Give wisdom to those in authority making decisions which impact every aspect of community life. Enable the health systems to respond with gentleness and compassion. Help us all to support, encourage and care for one another both in church and community, and be with us as we find ways to share in worship and witness despite restrictions. Shine the light of your love into the darkness of this pandemic and reassure us with your goodness and mercy, through Jesus Christ our Lord. Amen.

Esmé Flett

SCRIPTURE VERSE OF THE WEEK

'I am the light of the world,' says the Lord; 'those who follow me will have the light of life.'

John 8.12





Dalys

Your Local
ELGAS
DEALER






Phone/Text 24/7

0418 571 702

Dunolly Rural Transaction Centre

Centrelink
Medicare
Banking
Photo Copying
Printing
Laminating
Computer Training
V / Line Bookings
Community Bus Friday Run
Dry Cleaning

Information Centre
Maps
Post Cards
Tourist Brochures

Trading hours:
Monday to Friday
10am to 2.30pm

rtcdunolly@gmail.com

03 5468 1205



Family owned and operated for over a decade,

www.pyreneestrees.com.au

**TREE MAINTENANCE
PRUNING, REMOVAL
STUMP GRINDING, MULCHING
WOOD MILLING
LIMITED ACCESS TOWERS**
(tower fits through 76cm wide doorway)

For Sale • Mulch • Sleepers • Posts

Call for
a free **0409 517 064**
Quote Fully insured and qualified



KITCHENS LAUNDRIES VANITIES

20 Years Experience
Free Measure and Quote
Attention to detail
Personalised Service

EVERY BUDGET CATERED FOR

Peter and Shelley Davies
18 Drive In Court Maryborough 3465
www.evolutionkitchens.com.au
Telephone **5461 1000**

IAN CAIN ELECTRICAL

REC NO: 13585

1 Short Street, Carisbrook 3464
Phone/Fax: 5464 1402 Mobile: 0418 388 226



Email: ices@westnet.com.au

- Domestic
- Commercial
- Industrial
- Farming

*Emergency Callout Service
Upon Request*

ROD STRATFORD PLUMBING

DUNOLLY AND DISTRICT

- All types of plumbing and gas fitting
- New homes
- Maintenance and repairs
- Renovations
- Roofing

No Job Too Small

Over 30 years experience

Phone: **5468 1618**
Mobile: **0428 329 300**



**MALCOLM'S
PAINTING & DECORATING**
0400 681 207

TRADE QUALIFIED

- COMMERCIAL
- DOMESTIC
- INDUSTRIAL

e:malcs01@hotmail.com

 Malcolm's Painting & Decorating

MBL

Moliagul Build & Landscape Pty Ltd

*onsite welding – retaining walls – paving – concreting – roof sheeting
solid plastering – owner builder assist – repairs & maintenance
or freshen up that garden or create a new outdoor entertaining space*

For an obligation free quote call or email Keith

T 0418 953 473 - E moliagulbl@gmail.com



Cassia Plumbing

- ◆ *New Homes & Renovations*
- ◆ *General Plumbing & Blocked Drains*
- ◆ *Water Tank Manufacturer & Installations*
- ◆ *Leaking Taps, Spouting Downpipes*
- ◆ *Gas Fitting, Wood Heaters, Roofing*
- ◆ *Hot Water & Solar Installations*

No job too small.

Prompt friendly and professional service.

Paul Hounslow

0417 103 441

Reg 25573

NOONAN ELECTRICAL

DOMESTIC & COMMERCIAL

Your licenced A grade electrician

**SPECIALISING IN SPLIT SYSTEM
INSTALLATIONS**

New homes, re-wires, renovations, TV points, Digital TV aerials, undergrounds, shed wires, smoke detectors, ceiling fans, phone and data, switchboard upgrades, safety switches, shop fit-outs.

CALL MICK ON 0439 063 088

For all your electrical needs Email:
noonanelectrical@live.com.au. Rec 20680

Love's Septic Tank Cleaning Service



For all your septic cleaning needs trust the family with over 30 years experience. Servicing Dunolly and surrounding areas.

For prompt service at extremely reasonable rates call:

Mark 0428 179 870
or leave a message on **5468 1212**

Carpet Cleaning by Harold

Old fashioned values - modern technology

Ph: 0412 845 715



It's not a job, it's my passion!
Making it happen for everyone as you are my Priority!



Kerri Jongbloed
Sales Consultant & Leasing Agent
96 Broadway, Dunolly Vic 3472
T: 03 5400 1298
M: 0407 026 268
E: kerri@p1property.com.au

you
We are Priority1



Fidge Court Pty Ltd T/as

Railway Hotel Dunolly

ABN 53 609 146 750

101 Broadway, Dunolly 3472

Bar open every day

Lunch 12-2pm

Wednesday to Sunday

Dinner 6-8pm

Monday to Saturday

Happy Hour Friday 5 - 7pm



Phone 5468 1013
For all of your bookings



Move to a local bank.

Become a customer of Maldon **Community Bank**® Branch and Dunolly and Newstead agencies today and you'll have access to great banking products and enjoy premium customer service.

Drop into your nearest branch at 81 High Street Maldon - ph 5475 1747 or our agencies at Dunolly RTC - ph 5468 1596 or Newstead RTC - ph 5476 2014 to find out more.



Maldon & District
Community Bank® Branch



bendigobank.com.au/maldon



MARYBOROUGH VETERINARY PRACTICE

Caring for all animals large and small

49 Alma Street
Maryborough 3465



DUNOLLY AREA TUESDAY AFTERNOON

We conduct a mobile veterinary service throughout the Maryborough area

We are available for -

- House calls for small animal consultations, vaccinations etc.
- Routine farm consultations
- Routine horse and farm visits including pregnancy testing and horse dentistry

All appointments for call-outs must be made before midday on a Tuesday

Office hours - 5461 4466
After hours service available

A holistic approach to better health Part 2

I'm writing this second part because I feel it necessary to clarify and explain a few of the key points made in my article published in last week's paper.

Firstly, about the importance of eating whole grains and how this can help to build up our blood, lymph and our immune functions to protect us against, and ultimately eliminate the chances of catching infectious diseases and viruses such as the latest coronavirus.

"Over four thousand years ago the Chinese treated skin wounds and infections with a paste made from mouldy soybeans," explains Jeffery A Fisher, MD, an expert on epidemic diseases. "Almost identical remedies are described in the Hebrew Talmud. The ancient practices all had one common denominator, the use of fermented grains, with moulds, yeast and fungi as fermenting agents." Until the 1960s, when scientists and pharmaceutical companies began developing synthetic versions of antibiotics, the naturally produced ones were derived from similar sources: moulds, sewage or soil. As the bacteria or fungi producing these early antibiotics have been around for millions of years, it is likely that the pastes, packs or liquids used by these early healers contained antibiotics.

Source: Jeffery A Fisher, MD, *The Plague Makers: How we are creating Catastrophic New Epidemics- And What We Must Do To Avert Them*, New York; Simon & Schuster 1994.

When grain and cereal products are refined, the husk of the grain is removed and is no longer a whole grain. Once the husk is removed it can no longer ferment and produce natural microorganisms that are instrumental in helping digest foods in the intestines. When we eat whole grain, it ferments in stomach and intestine during the digestive process and produces a natural antibiotic which in turn boosts our immune function. If we begin to include even a small amount of whole grains (such as a small serve of brown rice with each meal) into our daily diet, your immune system will begin to strengthen immediately. I cannot stress the importance of this point enough. After all, what harm can it do to try it? It will not only strengthen your blood, lymph and immune functions but also improve your overall health on many levels.

Secondly, I talked about the universal law of how all phenomena is made up of two opposing elements i.e. man and woman, work and rest, expansion and contraction, macro and micro etc., or as the ancients have named it, Yin and Yang.

In the same way our bodies are a balance of acid (yin) and alkaline (yang). Women are slightly more acidic, and men are slightly more alkaline but generally a healthy person is a perfect balance and problems such as illness and ailments arise when we become out of balance. The modern western diet is largely acidic due to refined foods, fast food, deep fried food, sugar, soft drink, fruit juice, alcohol, coffee etc. A person who is overly acidic is more open to infection so best to limit or stop your intake of these foods, at least until the coronavirus problem is over. Or even better, forever.

Thirdly, I also mentioned in last week's article, foods to avoid to limit your chances of infection (along with heart disease, cancer, diabetes, stroke and a long line of modern ailments) and improve basic health and well being. These were foods high in animal protein and fat, including meat, poultry, eggs, fatty fish, and dairy foods;

foods high in simple sugar such as refined white sugar, chocolate, honey, ice cream, and soft drinks; and frequent consumption of fruit and fruit juice; especially of a tropical or semi tropical variety. Those who consume acidic foods, including the above items; white flour and baked goods, including bread, biscuits, dry biscuits, doughnuts, and similar foods; tomatoes, potatoes, and other members of the nightshade family; and oily greasy foods, are also liable to infection. Raw salad, raw oil, and other raw foods should also be avoided.

However, I didn't say what foods should be eaten to sustain a healthy balanced diet according to our evolutionary process.

The basic macrobiotic dietary guideline on a daily basis is as follows..

Whole Grains: 40-60% of daily intake by weight. Major portion including brown rice, millet, barley, whole wheat, oats, and other whole grains such as corn, buckwheat, and others. Minor portion including noodles, pasta, bread, and other cereal flour product

Vegetables: 20-30% of daily food. A balance of green leafy, round. And root vegetables, major portion cooked; minor portion salad or raw.

Beans and bean products: 5-10% including lentils, chickpeas, tofu.

Sea Vegetable: a small portion of seaweeds such as Nori, wakame, kombu.

Seasoning and condiments: including sea salt miso, soy sauce, and others.

Clearly, it's not practicable to switch from one way of eating to the other overnight, nor should you. Especially after coming from generations of large meat and dairy eating families. It's important to make the transition slowly but surely over several years and I would suggest that you start by replacing mashed potato with a similar portion of boiled brown rice and start from there. Brown rice takes longer cooking time than white rice. If you like it soft, as I do, then I suggest one cup of brown rice to two cups of water. Add a pinch of salt (sea salt is best). Bring it to the boil then simmer on a very low element for one hour. Then turn off and let it rest for 15 minutes. You can even add a packet of chicken noodle soup to the water to give it flavour. The most important thing here is, do whatever it takes to make the brown rice edible, the whole grain with the husk.

It's important at this vital moment in time to remain peaceful and calm and to act wisely rather than react foolishly. This will end as all things arise to pass away. I also believe the world will be a better place because of it. We'll have less pollution with cleaner air and cleaner water. The self-isolation, although difficult at the time, will allow the clutter in our minds to calm and a more peaceful, happier and more thoughtful world will emerge from the ashes.

Rory Stainton



Image from <https://dryatendrayadav.com/>

DUNOLLY FRIENDLY GROCER



**LICENSED SUPERMARKET
93 BROADWAY, DUNOLLY
TRADING HOURS:**

Mon-Sat: 7.00am-6.00pm
Sunday: 8.00am-5.00pm

Great weekly specials
fresh fruit and vegetables – liquor
fresh meat – deli – dairy - daily papers
plus excellent service
Tel: 5468 1241



Australians should be aware scammers are adapting existing technology to play on people’s fears around coronavirus and selling products claiming to prevent or cure the virus.

Since 1st January 2020, the ACCC’s Scamwatch has received 94 reports of scams about coronavirus, but warns figures are starting to climb.

Scamwatch has received multiple reports of phishing scams sent via email or text message that claim to be providing official information on coronavirus but are attempts to try and obtain personal data. The link in these text messages is not legitimate, and if clicked on, may install malicious software on your device, designed to steal your banking details.

“Unfortunately, scammers are using the uncertainty around COVID-19, or coronavirus, to take advantage of people,” ACCC Deputy Chair Delia Rickard said.

Other scams include people receiving misinformation about cures for coronavirus and investment scams claiming coronavirus has created opportunities to make money.

“We’ve had a wide variety of scams reported to us, including fake online stores selling products claiming to be a vaccine or cure for coronavirus, and stores selling products such as face masks and not providing the goods.

“There is no known vaccine or cure for coronavirus and a vaccine isn’t expected to be available for 18 months. Do not buy any products that claim to prevent or cure you of COVID-19. They simply don’t exist.

“Scammers are impersonating official organisations such as the World Health Organisation and the Department of Health, or legitimate businesses such as travel agents and telecommunications companies,” Ms Rickard said.

“Understandably, people want information on the pandemic, but they should be wary of emails or text messages claiming to be from experts. For the most up-to-date information about the coronavirus, visit the Department of Health and the World Health Organisation websites directly.”

If you think you have been scammed, contact your bank or financial institution immediately.

More information on coronavirus scams is available on the Scamwatch website, including how to make a report and where to get help.

Scamwatch Media release

**Discover
the taste
sensation**



**LOCALLY BAKED
SOURDOUGH BREAD**



**CLASSIC COMBINATIONS
REIMAGINED**

**Serving on Monday nights from 5pm
on Broadway in Dunolly**

0400 199 500
thegrilledcheeserie.com.au

Available for your events in the Goldfields

Important Notice

The Welcome Record will still continue to operate to bring news to our town. However, we are adhering to all the regulations by sanitising our workspace and keeping our distance by only two people in the office at any one time as we have two separate workstations .

The paper will only be delivered to a minimum of locations during this period as our usual places have closed; The Dunolly Bakery and The Friendly Grocer.

You can however always read *The Welcome Record* online by this link dunollynews.org and following the prompts.

During this period stay safe and keep calm. Look after yourselves and keep in touch with family and friends by telephone or email or social media. While we need to keep isolated, we are not alone.

TWR Team



Australian health funds – premium relief and teleconsultation measures

Private Healthcare Australia Chief Executive Dr Rachel David said health fund members experiencing financial distress as a result of the COVID 19 pandemic should contact their health fund to discuss their options.

“Health fund members who have been severely impacted by job loss or underemployment as a result of the COVID 19 pandemic are urged to contact their fund directly as they may be eligible to have their premium waived for an extended period. Health funds are currently putting programs in place to provide support for members,” Dr David said.

“The primary focus of health funds is to meet the needs of the community and members in these challenging and uncertain times, and offering financial support by way of premium waivers is an important first step.

Health funds are also fast tracking access for members to teleconsultations with psychologists while Australians’ movements are restricted by the COVID 19 pandemic.

“Individual telehealth consultations with psychologists are well supported by the evidence and health funds want to make sure people are able to continue with their treatment, as it is obviously a very stressful time for many Australians, said Dr David.

The majority of health funds have agreed to provide coverage for teleconsultations provided by psychologists from Monday 30th March subject to the conditions listed here *

Dr David said that initially it might be difficult to ensure benefits are paid quickly as electronic claiming systems (in particular, HICAPS) and some health funds’ processes are not set up to deliver benefits for telehealth services. PHA, Australian Psychological Society and individual funds will address the system issues as quickly as possible.

She said maintaining mental health was critically important and health funds were committed to delivering rapid access to evidence-based telehealth services for their members.

“While psychology is first off the mark, PHA is working with providers to quickly assess the effectiveness of telehealth treatment in their clinical area and expect to have more announcements on telehealth coverage shortly.”

*Teleconsultation conditions:

With the Australian Psychological Society (APS), private health insurers have agreed to provide benefits for individual (one on one) psychology teleconsultations where:

- The patient is undergoing an existing course of treatment, and has seen the psychologist providing the teleconsultation over the past six months, or
- For new patients, the telepsychology service has been recommended by their general practitioner, and
- The service is delivered before 30th September 2020, and
- The service is undertaken in accordance with Australian Psychological Society guidelines.

Media Release

Take These Off Your Calendar for coming months 2020

March 20, Maryborough Education Centre Family Fair — postponed
 March 21, Central Goldfields Shire Early Years Expo — postponed
 March 21, Avoca Autumn Races — will run with participants only and will be telecast as TAB meeting
 March 21, Antique Appraisal and Show Maryborough — cancelled
 March 23 and 24, Central Goldfields Shire Council Listening Posts — postponed
 March 29, Avoca Riverside Market — cancelled
 April 3-4, Australian Pipe Band Championships — postponed until October
 April 5, Maryborough Lions Market — cancelled
 April 9-13, Maldon Easter Fair — most events cancelled.
 Tower lighting, Beehive Chimney outdoor Good Friday service and Easter Raffle still going ahead
 April 10, Bendigo Football Netball League 2020 season — postponed until May 1
 April 10, MCDNFL 2020 season — postponed
 April 10-13, Easter Rainbow Regen event — postponed
 April 15, Goldfields Police Service Area Community Safety Forum — postponed
 April 18, Pyrenees Unearthed Wine and Food Festival — postponed until April 17, 2021
 April 19, AFL Goldfields Women’s league 2020 season — postponed
 April 25, Maryborough Anzac Day service — cancelled
 May 2-3, Clunes Booktown Festival — cancelled

Courtesy *The Maryborough Advertiser*

Editor’s Note: Please ensure you check with organisations, clubs and events organiser prior to attending. Everything is constantly changing and may have been decided after print date.

Please see page 18 for more cancellations



Achievement
Promoting excellence
in education

Resilience
Creating problem solvers
ready to accept challenges

Community
Building
responsible citizens

Respect
Developing tolerant, con-
siderate individuals

LAST WEEK'S STUDENTS OF THE WEEK



STUDENTS OF THE WEEK

- Prep/1 – Matilda Lee
- Year 2/3 – Billy Crumpton
- Year 4/5 – Nicholas Soulsby & Imogen Dukker
- Year 5/6 – Tadgh Cananzi
- Principal's – Hannah Freemantle



Professionals
Maryborough

Your Local Real Estate Agent

Where our whole team works for you

- Licensed Estate Agents • Property Sales
- Property Management • Business Sales
- Auctioneers

95 High Street, Maryborough • Ph: 5461-1166
• buckgow@bigpond.net.au
www.professionalsmaryborough.com.au

DUNOLLY AND MARYBOROUGH DISTRICTS FUNERAL SERVICE

Lin & Marie Lovel
2 Lawrence St.,
DUNOLLY



Pre-Paid and Pre-Arranged Funerals 5468 1212

If no Answer: 5461 1979
5460 5605
5461 2369
Mobile 0418 995 424

Supplied courtesy : The Puzzle Wizard

QUICK CROSSWORD 10

Across

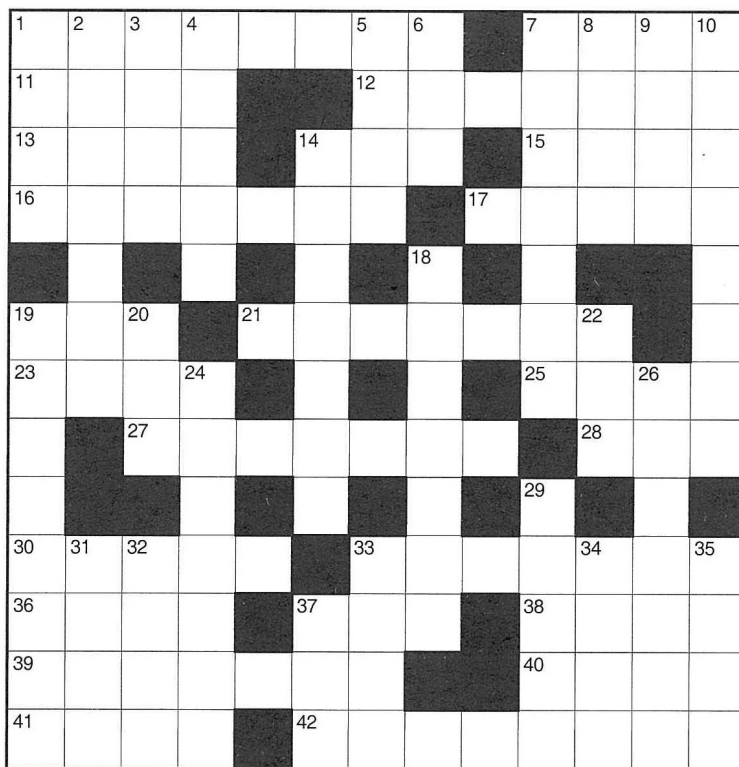
- 1. Inanimate
- 7. South American Indian
- 11. Merely
- 12. Oriental, anagram of 'earnest'
- 13. Burn superficially
- 14. Crow's cry
- 15. Dry (of climate)
- 16. Animal's normal environment
- 17. Spherical object
- 19. A cloth edge which has been turned under and sewn
- 21. Of little importance
- 23. Persian Gulf nation
- 25. Document, promissory
- 27. Stupid person
- 28. Achieved victory

- 30. Additional (as in 'the ___ incentive')
- 33. Veil worn by Muslim
- 36. In quick succession, on the ___
- 37. Music of wide appeal
- 38. Receive through effort
- 39. Passage in building
- 40. Either surface of flat object
- 41. Proficiently
- 42. Foolishness

Down

- 1. Water body in Scotland
- 2. Vapour dispenser used medicinally
- 3. Soft loose flesh
- 4. Eagle's nest
- 5. Piece of furniture
- 6. Thin toothed cutting device
- 7. Native of Naples, eg.
- 8. Claudius' adopted son who became emperor of Rome
- 9. Bed of baby
- 10. Author of *The Snow Queen*, Hans Christian
- 14. Aust. surfing great, Tom
- 18. Lie across part of

- 19. 16th century Mohawk Indian leader
- 20. Nonsensical
- 22. Antonym of both 'cheerful' and 'lofty'
- 24. Antonym of 'noisily'
- 26. With regard to
- 29. Objects indicated
- 31. Commonplace
- 32. Child's toy baby
- 33. Round toy on string
- 34. Most important
- 35. Joint of lower limb
- 37. Gold prospector's dish



Solution No 9



- 1. What was Sir Donald Bradman's batting average?
- 2. How many countries are larger than Australia?
- 3. Who designed the Sydney Opera House?
- 4. What year did Cyclone Tracy hit Darwin?
- 5. What is the highest grossing Australian movie?
- 6. In rhyming slang if someone said they were going to have a "bo-peep" what would they be doing?



dreamstime.com

CLASSIFIEDS & NOTICES



DFNC MINI LOTTO



Cancelled collections

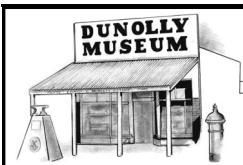
The collections for 9th and 10th April have been cancelled. The raffle will be drawn on 10th April and winners will be notified.

Thank you for all your support. See you next year.
 Georgie Christensen, Area Manager

Drawn: 20th March 2020
 Numbers: 4, 9, 13, 15, 16
 No winner: Jackpot: \$500
 Due to the current situation, draws are suspended until further notice.
 Thank you, punters, for your support. Terry Long

Lift into Maryborough for shopping

If any pensioner or disabled person requires a lift into town to do their shopping at the supermarkets during regulated hours between 7am-8am, I will be happy to give you a lift.
 Leave at 6.45am. Sorry, unable to take wheelchairs. Not enough room in car.
 Call Brian 0419 871 408



Cancelled

Goldfields Historical & Arts Society
 After some discussions we have decided to cancel the April tour to Joyces Creek. The Dunolly museum is closed for the immediate future and museum meetings are cancelled. The executive will make sure the operations of the historical society continue.
 John Tully

Whose head will roll?

In October last year, after years of frustration Rail Freight Alliance (RFA) released a Report Card on the Victorian Government's delivery of the Murray Basin Rail Project (MBRP).

"For years we had been calling on the Government to address the concerns we had with the lack of progress and poor quality of works undertaken on the MBRP. At the time we stated it was abundantly clear the MBRP Region is worse now than before the project started," said RFA Chair Councillor Anita Rank

Finally, with the release of the Victorian Auditor General's Report "Freight Outcomes from Regional Rail Upgrades" RFA's concerns have been justified.

"With the truth released and facts on the table, the government can stop the denials and focus on getting the Murray Basin Rail Project back on track. It is time to fix the errors of the past and build what was promised." Councillor Rank said.

"What this report highlights are the complete systemic failings, mismanagement and neglect by the people responsible for delivering this project; incomplete engagement with key stakeholders, limited analysis of current and future freight stakeholder needs, limited understanding of dilapidated nature of the network's assets and lack of detailed knowledge of the rail freight network. How these people were put in charge of delivering this project beggars belief."

The report highlights even though the MBRP was subjected to a gateway review process they did not effectively mitigate problems identified at the key review points.

At each of the gateway review points the MBRP received an overall red rating (a red rating means the gateway review team believe that the issues they have identified are critical and urgent and to achieve success the project should take action immediately).

"The Murray Basin Rail Project cannot be left in the state it is in. The Victorian Auditor General's Report clearly shows the failings sit solely and squarely with the Government. With Victoria's freight task estimated to treble by 2051 the Andrews Government owes it to Industry and Victorians to fix and complete the Murray Basin Rail Project to its original scope, as promised, and now is the time to do it." Councillor Anita Rank said.

Cancelled

As from Sunday 23rd March 2020, Dunolly & District Field & Game Club has cancelled all shoots and meetings until further notice.
 Nigel Elston, Hon. Sec.

Cancelled

The Come and Try class for Line Dancing at the Dunolly Town Hall on Thursday 26th March has been cancelled. Once the crisis is over I will advise a new date.
 Chris Evans

Cancelled

Bealiba Indoor Bowls is cancelled until further notice.
 Chris Evans

Cancelled

Dunolly Bowls Club
 All bowls matches have been cancelled. No more club matches that haven't been completed for this year, 2019-2020.
 Sandra Chaplin

Free

Jonquil bulbs — some already shooting.
 Call 0497 547 968

Found

Lady's gold watch on Broadway.
 Call 0402 845 841

For Sale

Caravan: Jayco pop-up Starcraft.
 Single axle 16ft cabin. Aluminium frame, draw bar- 578721 — one gas bottle 3/4 full, electronic braking system.
 12 years old — Rego 2178. In good order.

Also a mallee root table lamp, oval. Professionally made. Orange light. New \$112, asking \$40.

Phone: 5468 7232 or 0439 625 139





At the Bealiba Hall

A quieter gathering this week, but well done to the teams of Shirley Coburn, Betty Lovel and Chris Evans and Gordon Smith and Garry Coburn on posting two wins. It was decided that given the current circumstances and social distancing that bowling would be postponed to a date to be confirmed. Members will be notified when we are able to recommence.

Chris Evans



Temporary Closure

On Monday 23rd March, the Dunolly Karate dojo temporarily closed its doors — as per guidelines set by the government.

We were able to hold that last session outdoors, as it allowed us to comply with social distancing, physically spread everyone out, and we used no equipment, and did no contact work, as a precaution.

However, like many other sports clubs, schools and even businesses, we have had to close the doors — just for now!

As a Karate instructor, it's absolutely heart-breaking to have to close your doors. Even more so, and a confusing, mixed emotion when you have a dojo full of students who are keen to keep training. But we know how important this is, it's a matter of life and death, and if we don't all comply with the recommendations, then the outcome is much bigger than having to temporarily close the dojo, school, sports and businesses etc — it's just temporary!

We urge everyone to follow the recommendations — stay at home! Let's get through this, so life as we know it can get back to normal!!

We know how great our community is, and once this is over, we will all be back, bigger and better, because we will have the support of our members, and the local community.

It was a very strange feeling, as we all said goodbye on Monday. But it's not goodbye.... it's "See you later".

We will have online training available! It's really important to stay active, and focus on the positive things in life ... use this time at home to reconnect with family!

You can do plenty of different exercises at home, as well as meditation — especially during this stressful time.

We will resume when we are told it's safe to do. So stay tuned to our Facebook page, as well as *The Welcome Record*.

Written by Dunolly Kokoro Kai Members



SLUDGEBUSTERS P/L



Septic tank cleaning

Grease traps

EPA LICENCE

5461 2975

mobile 0417 598 614

Greg Butler

AT BETTER THAN REASONABLE RATES

Tarnagulla & District Golf Club Inc.



POSTPONMENT OF GOLF EVENTS

GREENSKEEPERS' EVENT :

Saturday 28th March 2020

EASTER CUP EVENT :

Saturday 11th April 2020

We are all sorry, but due to the Coronavirus, we are postponing these two events this year. We want our members, friends, supporters and families to be safe from any chance of exposure to the coronavirus.

now when organised events will resume.

However, the golf course itself is open and you are able to play golf at the Club any day in the fresh air. Just come along and play when you feel like it.

Our best wishes to you all,

Trivia Answers

1. 99.94
2. Five (Australia is sixth largest country after Russia, Canada, China, USA & Brazil)
3. Joern Utzon
4. 1974
5. Crocodile Dundee
6. Having a sleep

More stories from Cynthia's Willy Waistcoat Saga



Tiki watches over the "Matthew Flinders", Daydream Island, N.Q.

Last week we left Billy and Bryan in Brisbane but still with itchy feet. They decided to head for Airlie Beach where a cyclone had been through causing a great deal of damage, which meant restoration work was badly needed. That was in the 70s as Billy remembers. There were Queensland houses leaning on dangerous angles on their stilts. When Billy and Bryan applied for jobs, the manager gave them work installing the sewerage and put them in one of these houses, eliciting a protest from Billy, who suggested that it didn't look very safe. "Oh it's Ok; it won't fall down," was the reply. The first night they slept on the floor and were eaten alive by mossies. So Billy protested, reminding him they had driven from Brisbane to take on the work and the rickety house was just not on. So the manager moved them into a proper house and they started working on the sewerage. After slaving away for a few days, the two mates decided to visit the local pub where they got chatting to the barmaid. She was delighted to hear that the sewerage was being installed and they told her they were really sailors and much preferred to be at sea. She said that was a coincidence because there was a yacht owner on Daydream Island with his vessel, the *Matthew Flinders*, and he was looking for a crew. The two men jumped at this incredible news, thinking it too good to be true. They asked the girl how to get there and she directed them to the ferry which would take them to the island. She told them to see the manageress, a Mrs Collins, who turned out to be a beautiful blonde lady, and when Billy asked about the job she asked them if they could play soccer. They were both able to say that they did play soccer so Mrs Collins said they had the job because they were looking for a soccer team on the island. What a surprise for two seamen to get a job on those conditions. They were told they would have to go to Bowen to board the yacht so they garaged their car and headed there. Billy was amazed to see the yacht and going on board discovered there were 30 cabins and they were invited to pick one each and then shown the galley, which was a great improvement on the ones Billy had cooked in before. They then went in the bar and had a beer and were introduced to everyone.

Next day Billy was told that the yacht's owner was arriving. Up the gangplank came this fairly small man and Billy stood to attention, put out his hand and addressed him, "Bill Weetman, able seaman." The man shook Billy's hand and replied "Bernie Eley, millionaire." Billy liked this approach and took to Bernie straight away. The crew had been working on the yacht the last few days, painting and cleaning and making it very shipshape and Bernie was duly impressed. He came across as a happy go lucky person, very easy to please. He told the crew they were about to sail over to the island but could not tie up at the jetty as it was under repair, so they had to anchor offshore. They stayed there for a couple of days and then Bernie said he had to go to Surfers Paradise on business and left the crew on the yacht. Billy and Bryan used to row over to the island for lunch, have a barbecue around the pool and watch the girls in their grass skirts. After a couple of drinks they would return to the yacht. What a life! And they were getting paid for it.

One evening the young engineer suggested they row over for dinner. After they set off, the sea was running at about five knots, which was very fast. The engineer was leaning hard on his oars and one oar broke. They started drifting very fast away from the island. Billy took off his shirt and started waving but people waved back, not realising their plight until finally a man on the jetty realised they were in trouble and sent a motor launch out to rescue them. After that Billy decided that from now on they would take the motor boat instead.

Then it was time for the real reason why Bryan and Billy got this job; the soccer game. Joan Collins wanted them to play at night and she had them kitted out in their brightly coloured soccer jerseys and shorts and run around the field to the appreciation of the tourists and Joan would announce them as a famous soccer team; however they never played a game. How quaint was that!

Cynthia Lindsay

Photo supplied by Rosa Halas