

Dunolly & District Community News



The *Welcome Record*



DUNOLLY CONNECTS



Our Community Groups including members of the CWA (pictured above) gathered to meet our fellow residents at our *Connecting Dunolly*, Morning Tea event at the Snr. Citizens Hall, offering an opportunity for new as well as long term Dunolly residents to discover, engage and connect with our community groups. Well, **WE** were there, where were **YOU**? Find out what you missed on Pgs 10 and 11 and Come, Join us for the next one.

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MAY
2024

GOLD COIN



welcome@thewelcomerecord.com.au — www.dunollynews.org

The Welcome Record

ABN 19299170473 A0013872F

The Welcome Record is the weekly Independent Voice of the Dunolly and District Community, produced by dedicated community volunteers and self-funded.

Public Opening times: Only Tuesday & Wednesday, 10 am - 12.30 pm.

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The Welcome Record aims to reflect the concerns and interests of the community. We will not print contributions that are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. All letters, articles and classifieds may be submitted via email or in person and must contain the author's full name, home address and telephone number. The opinions expressed by contributors are not necessarily those of The Welcome Record.

Editorial Deadline

Editorial contributions to be submitted BY 12 NOON each FRIDAY for the following week's issue. All contributions may be edited for the purposes of clarity and/or available space.

E: editorial@thewelcomerecord.com.au

Advertising

Contact: production@thewelcomerecord.com.au for advertising sizes, rates (from just \$15 per week) and deadlines.

GET YOUR COPY HERE...Pick up a copy from...

Dunolly: Dunolly Pharmacy, The RTC, Dunolly Butcher, Dunolly Bakery, Dunolly & District Neighbourhood Centre and Dunolly Friendly Grocer.

Bealiba: Bealiba Post Office

Tarnagulla: Tarnagulla Post Office

Maryborough: Maryborough Pharmacy OR via subscription (please email for rates).

Also available online at:

[Dunolly News | The Welcome Record » Current Issue](#)

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MEMBER 2024

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Dja Dja Wurrung People, the Traditional Owners of the land that we are on. We pay our respects to leaders and Elders past, present and emerging. We express our gratitude in the sharing of this land, and our hope that we may walk forward together in harmony and in the spirit of healing.



AUTUMN FIREWOOD COLLECTION SEASON IS NOW OPEN

FREE FIREWOOD COLLECTION

You can now collect FREE firewood for personal use from state forest firewood collection areas until June 30!

Find your local collection spot at <http://www.ffm.vic.gov.au/.../firewood-collection-in-your..>

Remember to follow the rules:

Only collect from designated areas

Limit: 2 cubic metres per person per day

Max: 16 cubic metres per household per financial year

For financial assistance to buy firewood, check out www.ffm.vic.gov.au/firewood/energy-concession-and-support

We're here to support those on low incomes who rely on firewood for heating and cooking.

Crossword Solution 57, 2024

I	D	A	H	O		A	U	S	T	E	R	E
S	E	M	I	N	A	L		O		R	R	O
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	U			R	E	S	P	I	T	E		A
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NEW NATIONAL STANDARD FOR PSYCHOTROPIC MEDICINES

The Australian Commission on Safety and Quality in Health Care (the Commission) has just introduced a national standard to improve the care of people with cognitive disability or impairment.

The **Psychotropic Medicines in Cognitive Disability or Impairment Clinical Care Standard** outlines clear actions to ensure the responsible and appropriate use of psychotropic medicines, representing a significant step towards ensuring safer, more effective treatment practices.

The **Royal Commission into Aged Care Quality and Safety and the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability** revealed concerning trends in psychotropic medicines misuse and overuse in the aged care and disability sectors.

Professor Eddy Strivens, Geriatrician and Clinical Director, Cairns and Hinterland Hospital and Health Service, emphasised the need for coordinated efforts,

"This is a supportive Standard for prescribers and clinicians. It provides practical information, encourages sharing information across care settings, and will help ensure that these agents are used least and last, rather than first and foremost."

The Standard aims to curb the inappropriate use of psychotropic medicines and promote patient safety. It highlights the importance of non-medication interventions as the primary method for addressing behaviours of concern, with psychotropic medicines reserved as a last resort option when other strategies have failed, or there is a high risk of harm to the person or others.

Importantly, non-medication strategies should be designed around the person's individual needs and expressed wishes, and in consultation with family and others the person has agreed, should be involved in their care.

Over the past three decades, there has been a staggering 60% increase in psychotropic medicine prescriptions for all Australians¹. While an increased awareness of the risks associated with using these medicines has led to a slight decline in antipsychotic prescriptions among older Australians², significant challenges persist.



Older people are particularly susceptible to adverse effects from psychotropic medicines, including worsening cognition and an increased risk of falls, stroke, and death. In Australia, aged care residents have a 22% higher risk of death in the first 100 days when antipsychotics³, a commonly used type of psychotropic medicine, are prescribed. Around a third of people with intellectual disability are prescribed psychotropic medicines and are exposed to potential short and long-term adverse effects.

While psychotropic medicines play an important role in treating mental health conditions, they are also commonly used to manage behaviours of concern experienced by people with cognitive disability or impairment. This is despite the known harms of these medicines and the lack of evidence that they are effective for managing behaviours, which may include aggression, agitation, and sometimes self-harm.

The Standard applies to all healthcare services provided to people of all ages with cognitive disability or impairment and is relevant in any setting where they receive care, including hospitals, aged care facilities and the community.

The *Psychotropic Medicines in Cognitive Disability or Impairment Clinical Care Standard* and resources are available at safetyandquality.gov.au/psychotropics-ccs.

What's On



Friday, May 24, 2024
Goldfields Music Club, Feature Friday
AND Open Mic & Jam
Dunolly Golf Club, Separation Street.
6:00pm—11:30pm.
Feature Band: THE CREW

All players and public welcome with \$5 entry. Lucky door prizes, bar, meals available.

CASH and EFTPOS VENUE

Thursday, May 23, 2024

JANICE SIMPSON: Author Talk including Q&A with Maria Lacey.

Maryborough Library from 2-3 pm
A FREE EVENT with AFTERNOON TEA

Enjoy local author Janice Simpson chatting about her new short story collection.

Enjoy a Q&A Session facilitated by fellow local author Maria Lacey.

Bookings not required

SUNDAY, MAY 26 2024
DUNOLLY COUNTY MARKET



Come and Enjoy our local Market!

What you missed last time.....

It was a beautiful day at the Dunolly Country Market at the last April market.

There were 30 stalls of every-thing you could ever want, plenty of delicious food at the Railway Pub, the Welcome Stranger Cafe, the famous bakery, Dunolly Bistro & Bar and the CFA sausage sizzle.

Dunolly Market Committee



FEATURE FRIDAY!

Friday 24 May 2024 6-11:30pm
Feature Band at 8:15pm as well as the Open Mic & Jam
at the Dunolly Golf Club

This month's Feature Band is ...THE CREW!!
Get your dancin' shoes on & check 'em out
Crackin' songs from the 80's & 90's

in conjunction with the Dunolly Golf Club, Separation Rd, Dunolly
\$5 COVER CHARGE BBQ BAR DOOR PRIZES



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Letters & Notices

APOLOGY

I would like to apologise to Ronnie Markham, owner of the Welcome Stranger Cafe for listening to misinformation about her cafe being closed over the winter months. This is definitely not true and I have apologised to her in person and now I need to also retract my comments on Facebook on the Dunolly Country Market page and in *The Welcome Record*, last week, as it was too late to stop the article being put into the paper.

I am sorry to all concerned and retract all statements published. The Welcome Stranger is and will continue to be an integral part of our market.

Lynda Vater
Dunolly Country Market

~~30 June 2024~~
31 August 2024

Telstra 3G Extension

Telstra is giving their customers who have not upgraded their devices an extra two months to prepare before they switch off their 3G network on **31 August 2024**. All 3G networks across Australia have been switched off, or are closing. Once the network is switched off, old devices that rely on 3G won't work anymore, so they'll need to be upgraded.

This includes devices like: 3G-only mobile phones, 4G-enabled mobiles that rely on 3G for emergency calls; Other devices that rely on 3G, like medical devices and some of the older EFTPOS terminals.

To check if you need a new mobile. **SMS '3' to 3498** and Telstra will tell you if your handset needs to be updated.

BINGO AND CARDS AT SNR. CITIZENS HALL

At our recent *Connecting Dunolly* event, the Snr. Citizens Club rcalled for expressions of interest for two new activities— the ever popular Bingo and Cards.

In order for this to happen, the Club must have minimum participants. At least 10 for Bingo.

If you are interested, please contact Sandra Chaplin on 0438 616 477.

It's NOT a "Fallen" Tree, Just Dangerous

Be Aware that an exclusion zone has been created at Deledio Reserve around a **dangerous gum tree**, between the CFA running track and the RL Williams oval.

It's on the school side of the Reserve, so please caution your children to avoid the area. DEECA (DELWP) have been advised.



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18 Havelock St
Mon -Thu 9:30 - 3pm
Dunolly Arts Hub
Corner of Thompson
& Alice Streets.



In the old Nurses' Home beside the hospital on Havelock Street (top of Bull Street).
Monday-Thursday 9.30am to 3.00pm.
The Dunolly Arts Hub is on the corner of Thompson and Alice Streets, Dunolly.

Monday:

- Mosaics at the Arts Hub from 10am - beginners encouraged - Lynda will guide you.
- Ballroom Dancing at Dunolly Golf Club from 6pm - intermediate skills required; call me at the Centre for further details.
- Card making with Rhonda: third Monday of the month from 1.30 at the Centre. \$12, all inclusive.
- Hub Club for kids: FULL. Call Kath to be put on the waitlist for 2024.
- Yoga: 10am, June 3 & 17, July 1, 15 & 29 -Dunolly RSL Hall. Bring a mat and light blanket (\$12.50 full, \$7.50 concession). Call me if you need a mat!

Tuesday:

- Woodwork in the Centre shed from 9am until 12.30. Open to all!

Wednesday:

- Table tennis at the Golf Club on Separation Road from 9am to 12pm (evening session available if enough people are interested).
- Craft at the Centre from 10am - bring your own activity.

Thursday:

- Croquet at the Golf Club on Separation Road from 9.30am. Plenty of mallets available, so come and have a crack! If it's an extreme heat/wet day, players will cancel.
- Family History: from 7.30pm at the Centre.

Friday:

- Art group at the Arts Hub- on hold until further notice.
- Whichcraft at the Arts Hub.

Sunday:

- Golden Triangle Archers meet on the fourth Sunday at 10am, Deledio Reserve on Elgin Street (behind the RL Williams oval).
Covered shoes compulsory, and parents must stay with children.

WHOLE TOWN GARAGE SALE

As with the last few years, our Town Garage Sale will take place towards the end of November, so start gathering that bric-a-brac! The exact date will be set later in the year.

DUNOLLY NEIGHBOURHOOD PANTRY AND 'AFTER- HOURS' PANTRY:

The Dunolly Neighbourhood Pantry hours are Monday to Thursday 1.30 to 3pm.

The after-hours Pantry is always available, and in the old Kelvinator fridge on the verandah at the Centre. Our Pantries are available to anyone in the community needing a little bit extra for their pantry at home.

Watch this space- we are soon to purchase a double-door fridge for fresh produce, thanks to GrainCorp!

OUR THANKS TO THE WELCOME RECORD FOR 'CONNECTING DUNOLLY'.

I thoroughly enjoyed attending the recent 'Connecting Dunolly' day at the Senior Citizens Hall last Friday. It was a welcome opportunity for community members to come along and meet the different community groups that exist in Dunolly, and hopefully sign up as a volunteer!

I certainly appreciated the opportunity to network with the other groups in town who help shape and direct our town, and a lot of information was shared and gathered on the day. Without volunteers, towns like ours would cease to exist.




Neighbourhood Houses
The Heart of Our Community

Kath Ryan, Co-ordinator.
admin@dunnhc.com.au


Yoga class

10am June 3 & 17; July 1, 15 & 29.



Begin with Hatha Yoga to enhance fitness, flexibility and discipline, and follow with Yoga Nidra for complete relaxation.

Dunolly RSL Hall
Full: \$12.50 Concession: \$7.50 cash.
Bring mat & light blanket.
For enquiries call 54681511.



GREEN ACRES

Adventures at La Goshen Farm

by Charmain Shepard

The Rooster Dilemma a Feathery Saga

Greetings, fellow farm enthusiasts and chicken aficionados! Welcome back to the feathered haven of *La Goshen Farm*, where every *cluck*, *peep*, and *crow* adds a symphony to my daily routine.

Today, I embark on a journey through the bustling world of our silver and golden laced Wyandotte flocks, and oh, do I have a tale to tell – a tale of too many roosters!

It started with the *pitter-patter* of tiny, weenie day-old chicks arriving in two distinct groups - the proud offspring of my trusty incubator, and other, adventurous souls who ventured into the world as mere fluff balls.

Oh, the excitement of witnessing new life emerge, with its wee pecks and chirps, only to end in a wet-looking creature lying on its side! Panic ensued as the loud peeping sounded like an alarm, and I feared the worst. Little did I know, it was just the beginning of a feathery saga.

As these tiny, soft fluff balls dried and fluffed out, a peculiar phenomenon unfolded – they adopted me as their mother hen! Eating out of my hands, perching on my arms, and even huddling behind me for warmth, these chicks had me wrapped around their little feet.

The daily routine became a symphony of *clucks* and *peeps*, a melodious reminder of my newfound roles as honorary poultry parent.

Fast forward... now I find myself amidst a teenage rebellion! The once-cute chicks have blossomed into very attractive, fashionable "cat walk" hens strutting their stuff. Alas, I have discovered that my peaceful co-existence has reached a crossroads - Too many roosters! – with some vying for the title of "big guy," and the poor little hens caught in the middle.

So, what's a loving chicken parent to do? Well, dear readers, the time has come to address the overcrowded rooster situation. Alas, I have realised that giving away these magnificent roosters is easier said than done.

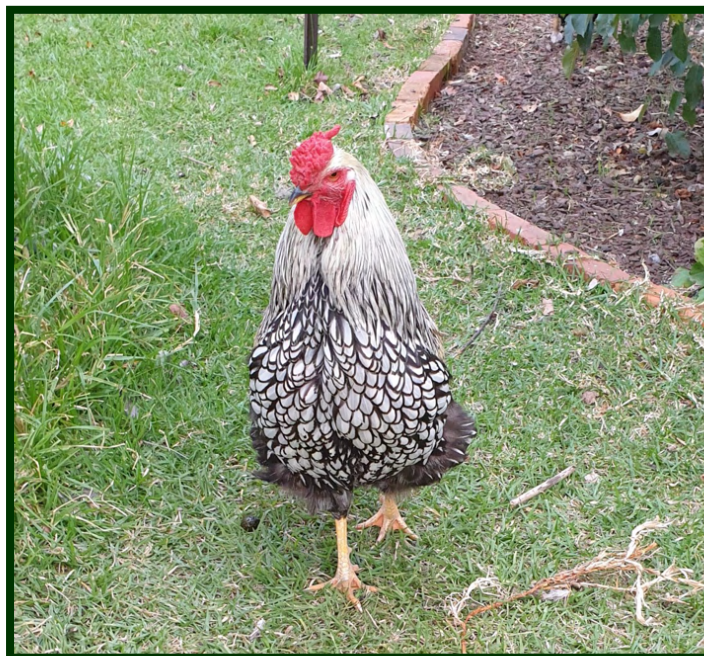
It seems the world is not ready for the sheer beauty and charisma of my surplus roosters.

But fear not, *La Goshen Farm* enthusiasts, for every problem has a solution!

In the next chapter of our feathered saga, I embark on a quest to find these dashing roosters new homes and explore creative ways to share the love of my feathered friends with the world.

Stay tuned for tales of rooster diplomacy, matchmaking, and perhaps a surprise or two from *La Goshen Farm's* latest escapades in the world of chicken parenting.

Until then dear readers keep clucking, peeping and crowing, for the adventure at *La Goshen Farm* is far from over!





Government and Council, in partnership with the Dunolly Football Netball Club and the Deledio Recreation Reserve Committee of Management.



INDOOR POOL

We are all looking forward to the re-opening of the pool at the Maryborough Sports and Leisure Centre. The project to re-tile the 25-metre pool is almost finished, and we are doing everything we can to ensure it can re-open as soon as possible. At this stage the pool will re-open mid-June. The exact date will be communicated as soon as it is confirmed.

We appreciate your patience.

This project was made possible with funding through the Federal Government's Local Roads and Community Infrastructure program.



FOOD SYSTEMS

We are creating a Roadmap for a healthy food system, and we want to hear from you! The success of the local food system has a direct impact on our health and wellbeing, the growth of our children, the environment, and the local economy.

To learn more and give feedback visit:

- **Online:** www.engage.cgoldshire.vic.gov.au/foodsystmsroadmap
- **Teleconference: Central Goldfields Food Network Open Meeting:** Tuesday 21 May from 10am to 12pm - register at www.trybooking.com/events/landing/1224068
- **In Person:** Kitchen Table Conversation at the Community House, Wednesday 22 May from 12pm to 1.30pm at 23 Primrose Street Maryborough. No registration required. Light refreshments provided
- **Event:** Carisbrook Market Stall, Sunday 26 May from 9am to 1pm



DELEDIO COURTS OPENING

Join us for the official opening celebration of the new courts at Deledio Recreation Reserve.

With the previous courts at the end of their life and deemed unplayable, the new dedicated netball court and multi-use tennis and netball court can be enjoyed for generations to come.

This is an opportunity for the Dunolly community to come together to celebrate their new facilities.

When: Saturday 25 May at 2.15pm

Where: Deledio Recreation Reserve, Dunolly.

The project was jointly funded by the Victorian

Dunolly Rural Transaction Centre



109 Broadway Dunolly

Ph: 5468 1205

Email: rtcdunolly@gmail.com

Hours: 10am to 3.30pm Monday to Friday

Closed public holidays

Look out for our tourist information in the RTC trolley situated on the footpath on weekends.

Services Australia Agent:(formerly Centrelink)

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Services offered:

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10 LITTLE PINKIES / DIGIT PEDIS



I took pity on my toenails recently. The TV must have been particularly boring as I looked down - there they were.

Ten little digits that have carried me through life without much complaint! It might have been my daughter telling me she must paint her nails before a 'Glam' weekend she was attending (I don't think I have ever painted mine) or it might have been the upcoming appointment at the Podiatrist that shamed me into action.

So while sitting, watching TV, I prepared a warm bowl of water to soak my feet in. Along with a sweet lemon soap and a soft brush to remove unmentionables that creep into crevices. Watched closely by the dog, as he does like to give a gentle toe massage.



By: Helen Jesser

Apart from being a treat, a visit to the Podiatrist is essential for foot health. Training to be a Podiatrist takes four years and they have to be aware of their client's health problems and medication. They are very knowledgeable! '*Plantar Fasciitis*' is the plague of all older folk as the arch falls and foot spreads, not supporting our weight fully and causing pain. Or the dreaded '*in growing toenail*'!

Meanwhile, back to the job! Now that my feet are soft and crinkly, I am ashamed that I don't indulge more often. My feet are feeling terrific – Rejuvenated!

So, the message is ... LOVE YOUR FEET. They have a long way to travel and will painfully let you know when they are not happy!

The Welcome Record



EDITORIAL STAFF WANTED

Sub-Editor

Works closely with the Editor, editorial and production staff, involved with Copy Planning, Receiving and Sub-Editing copy and sourcing pictures. This role includes print production each week. Suggested: 1-2 half days in office per week

Writers/Reporters/Photographers

Enjoy writing or love photography? Our award-winning paper needs writers to produce feature stories as well attend and report on events AND photographers to visually record them. Suggested 1-2 hours a week or fortnightly in office or remotely.

No experience but willing to learn? We will train you - all you need is a basic working knowledge of Microsoft Word. To join us in these volunteer roles, email: welcome@thewelcomerecord.com.au OR call 5468 1054 for a chat in our office at The Neighbourhood Centre, 18 Havelock St. Dunolly on Tues. & Wed. only, from 10 am - 12.30 pm.

We can't wait to meet you.



CONNECTING DUNOLLY



It was a glorious morning with the sun streaming into the windows of the Senior Citizens Hall for our inaugural *Connecting Dunolly* community event, last Friday, May 17, 2024.

A modest, lively group of residents attended the event, thoroughly enjoying and engaging with members of our diverse community groups.

They included: Dunolly Community Garden, Dunolly Museum, Dunolly Neighbourhood Centre, CWA, Dunolly Market, CFA, Dunolly Senior Citizens, Goldfields Music Club and The Welcome Record.



SO WHAT DID YOU MISS?

For one thing, the CWA put on a spectacular spread and as the younger generation would say – *“Too Bad, So Sad!”*. It really was spectacular.

Designed to be a fun, relaxed *“meet and greet”* – it was an informative, connecting and worthwhile morning for all residents. Everyone happily joined in, with the constant laughter and increasing decibel levels of chatter, providing evidence of their enjoyment of the day.

So much so, that there were enthusiastic calls for us to *“Do It Again”*, perhaps planning the next event to include families with kids – we have so much in Dunolly to share and engage with ALL our residents, it would really be a shame for anyone to miss it. Stay tuned for future dates.



CONNECTING DUNOLLY



..... Please Note:
We would like to have
..... feedback on the best
day/time for the next event.
Please email us with your
..... suggestions on
[editorial@thewelcomerecord
.com.au](mailto:editorial@thewelcomerecord.com.au)
..... or to our
Facebook Page.....



Sincere Thanks to the CWA (Faye Arnold, Rosie Mecredy, Corry Moss, Colleen Fogarty, Heather Weir) not just for the morning tea but also for the kitchen clean-up at the end; Sandra Chaplin and Paul Chase from Dunolly Senior Citizens who allowed us to hold the event at their magnificent Hall and definitely not least - the Community Group members: Kath Ryan and Melissa Inverarity Freemantle (Neighbourhood Centre); John Tully and Rachel Buckley (Dunolly Museum); Anna Ashton (Dunolly Community Garden), Cheryl Humphrey and Sharron Fitzgerald (CFA); Kath, Dawn and Chai (Goldfields Music Club); and The Welcome Record team – Marilyn Goldie, Paula Galeano-Kilmaster (responsible for the splendid signage) and Sharon Shay. Thank you one and all.



Anywhere. Anytime. Anyone.

Police are out there to keep you safe. If you still choose to take risks while driving and break the road rules, chances are you will be caught.



SUPPORT GOLDFIELDS RED SHIELD APPEAL MAY 25th and 26th

The Salvation Army in Victoria's Goldfields region are urging the local community to get involved in this year's Red Shield Appeal on May 25 and 26, which will raise vital funds to continue supporting the most vulnerable and disadvantaged in our region.

This year, the Salvos, one of Australia's most trusted charity is celebrating 60 years of the Red Shield Appeal.

Across the country, the Salvos are aiming to raise \$38 million for the Red Shield Appeal, which is Australia's largest and longest-running door-knock appeal.

"Times are tough. We are seeing more people come through our doors every week, new families who have never done it this tough before, and people are feeling the pinch.

They are skipping meals, unable to afford utility bills or medication for their kids. This is why we need your support," said The Salvation Army's Major Warren Elliot.

There are many ways you can get involved – collections in shopping centres or other key locations, door-knocking, online fundraising or organising a collection at your workplace, school or sporting event.

"There is no better way to support your community than through volunteering and we would love to have you as part of our Red Shield Appeal army this year.

Grab a mate, some work colleagues or the entire family and join us. "We can't do our work in the community without you,"



said Major Elliot.

The Red Shield Appeal weekend is May 25 and 26, but there are many volunteering options.

If you are able to give some of your time, please reach out to your local Salvos by visiting salvationarmy.org.au/red-shield-appeal.

All funds raised locally will remain in the local community, allowing the Salvos to meet the specific needs of the most disadvantaged and marginalised members of our region.

Across Australia last year, The Salvation Army's network of over 400 centres and 2,000 services in areas such as homelessness, family and domestic violence, youth, drug and alcohol

rehabilitation, financial hardship and much more, provided:-

- Assistance to one person every 17 seconds
- More than 1.67 million sessions of care to over 250,000 people in need
- Over 1.2 million bed nights to those who need accommodation
- More than 1.63 million meals to those who accessed our homelessness services.

To donate or volunteer for The Salvation Army's Red Shield Appeal OR if you need support from the Salvos, visit salvationarmy.org.au OR call 13 SALVOS.

You can also donate at any Salvos Store.

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Mark 0428 179 870 or leave a message on 5468 1212



Church Notices

Catholic Church, Dunolly

There will be Mass at St. Mary's Church on Sunday May 26th at 8.30am.

Holy Rosary is at 5.00 pm at St Mary's. This will change to an earlier time in June.

R. Mecredy

Come Holy Spirit, fill the hearts of the faithful and kindle in them the fire of your love.

St John's Anglican Church, Dunolly

Rev Canon Heather Blackman
Parish Office, Nightingale Street,
Maryborough. Phone 5460 5964
Service 10am every fourth Thursday

New Horizon Church, Bealiba

Bealiba Public Hall. Every Sunday 3pm

For more information about services and bible studies

Contact Veronica Medlyn: 0427 345 577



Uniting Church, Dunolly

Rev Chris Venning will lead worship on Sunday May 26th at 9.30am.

Cuppa for Cancer Devonshire tea is on Thursday May 23rd in the Op Shop. \$5.00 per person. All welcome.

The Op Shop is open from 10.00am on Tuesday, Thursday and Friday each week.

The next visit by Uniting emergency relief will be on Thursday May 30th. from 1.00pm.

Linda Pickering

'But if we hope for what we do not yet have, we wait for it patiently.'

Romans 8:25

St David's Anglican Church, Bealiba

Davies Street Bealiba

Sunday Eucharist: 8am 2nd and 4th Sundays of every month. Rev. Peter Downes ph. 0412 957 383



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Well, I think it has finally happened.

I think the gremlins in my tablet that send out weird messages have had a reply. My favourite Solitaire game has been taken over by a foreign language that looks, of all things, like Spanish. My knowledge of Spanish is pretty much limited to Manuel from *Faulty Towers* and the odd word from movies.

According to the present instructions *Nuevo luego* is 'new game', and *classico modo* is 'classic method'. It is strange as this is only happening on one game on one tablet. The other one still speaks English. Of course it could be that somewhere along the line, I have *miss-clicked* (new word meaning some people should be more careful what buttons they touch). Still, it is rather odd.

When we went to Colac the last time, I bought some chutney and jam from the market. I tasted about 1/2 a teaspoon of the Spicy Mango first. When I recovered the power of speech, I had to concede it really was spicy. By contrast the Tamarillo one is quite sweet, it has raisins in it.

For my evening meal tonight I am going to try Buffalo cauliflower wings. Didn't realise that cauliflower can fly - maybe they are escaping from flying pigs.

I may be speechless again.

Saw a man living dangerously the other day. He had a really bushy beard which was reconnected to equally bushy side whiskers, which in turn connected to a head of bushy hair - and he was lighting a cigarette.

Received three Bill "Swampy" Marsh books from Daughter Ramble and her girls in Western Australia for Mother's Day - That should keep me occupied for a while.

Rosie

Just for a Laugh

David's father asked him: "How do you get your little brother to dig up so many worms for your fishing?"

"It's easy, Dad. For every ten he digs up, I let him eat one."

Two fishermen were talking. "I love fishing. The fresh air. The solitude. Man against Nature. The thrill of playing and landing your adversary. Tell me, why do YOU fish?." "My son's learning the bass guitar."

Golf is a game whose aim is to hit a very small ball into an even smaller hole, with weapons singularly ill - designed for the purpose. - Winston Churchill

Wal-Mart employee (on phone): "Thank you for calling Wal-Mart. How may I help you?"

Customer: "How late are you open?"

Employee: "We're open twenty-four hours, ma'am"

Customer: "Okay, so what time do you close?"



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BEALIBA INDOOR BOWLS

WHAT A SHOT!



What a night! It was a "leave Kitty where she lands" night and the thrills started on the first end of the first game.

Kitty was on the very EDGE of the mat with a bowl from each team resting there as well.

This set the tone for the rest of the night with three teams posting a draw, one of them with two draws.

Congratulations to the winning pair of Malcolm Campbell & Heather Cooper with their two draws & a win for the night.

Supper followed and the raffle was won by Shirley Coburn.

Happy Bowling!

Chris Evans

Thursday, May 23, 2024
Biggest Morning Tea for Cancer
Dunolly Uniting Church
Op Shop
10 am– 2 pm.



The Dunolly Uniting Church Op Shop is once again having a Biggest Morning Tea for Cancer. This will be held on Thursday 23rd of May 10-2 at the Op Shop. We are selling tickets for a Raffle. Prizes are on display in the Op shop.

All WELCOME.

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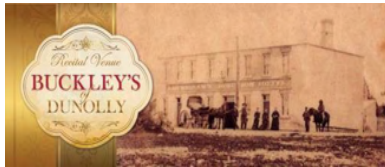
Office hours - 5461 4466

Virtuoso International Pianist Kevin Taminini

The Dunolly Gilbert & Sullivan Society is delighted to announce that international concert pianist *Kevin Taminini* is coming to the Melba Lounge at Buckley's of Dunolly for an intimate Debussy and Haydn Salon recital.

Starting the piano when he was nine years old, by the age of thirteen, Kevin knew that this was going to be a lifelong passion and commitment. Since his arrival in Australia in 2022, Kevin has been invited to play for the Melbourne Composers' League and has been appointed to the position of Repetiteur for various Opera companies such as **Melbourne Opera, IOpera or BK Opera**. Holding a State Diploma of piano pedagogy, he has been working as a piano teacher, accompanist, repetiteur, as well as head of department at the Regional Music School of Dudelage, Luxembourg since 2004 until 2022.

Kevin will be performing on Saturday June 15th at 2pm and again on Sunday June 16th at 2pm. Tickets are \$30 (incl. afternoon tea) purchased at the door.



*Buckley's of Dunolly
1787 Maryborough-
Dunolly Road,
Dunolly 3472*

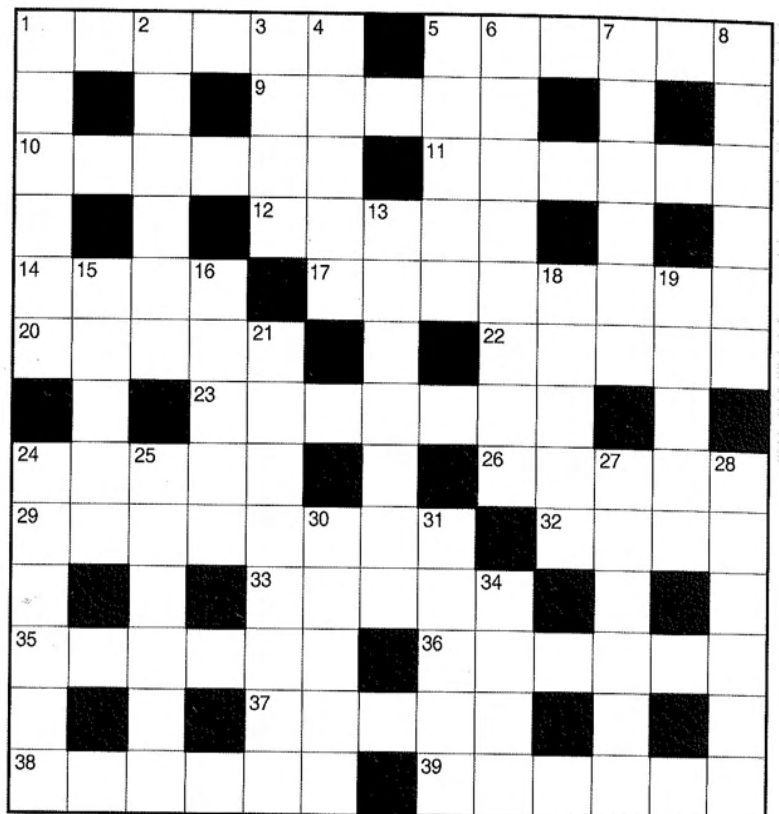
QUICK CROSSWORD 58

Across

1. Angry speech
5. Quantity able to be held by the upper limbs
9. Slanting, at an ____
10. Swedish actress, ____ Bergman
11. Water, eg.
12. An enclosed, carried vehicle for a seated person, used in former times
14. Individuality
17. Aust. comedienne and former Go-Go dancer, Denise ____
20. Tyre's grooved surface
22. Middle-distance athlete
23. Malcolm Turnbull's predecessor as leader of the Liberal Party, ____ Nelson

Down

1. A desire to drink
2. Give delight to
3. Platform in lecture hall
4. Concluded
5. Make less severe
6. Driver in trotting race
7. Tending to avoid waste
8. One who rents a furnished room
13. One who consumes liquid
15. Eject matter (of volcano, eg.)
16. Short tale with moral
18. One who eats out
19. Depart
21. Art of training horse
24. Refuge given to political offenders
25. Of the early ages of the world
27. Membrane at back of eyeball
28. Secondary consequence (of medicine, eg.), side ____
30. Small mammal with pointed snout
31. Initial appearance
34. Quantity of drug taken



Crossword supplied by Puzzle Wizard Note: Crossword Solution for previous week's Puzzle is on Pg. 2

Connection Postcard for over 1 million Victorians

Australia Post and Beyond Blue's mental health campaign – the Connection Postcard Program, in its fourth year, expands to reach 5 million mailboxes including every regional and rural home across Australia, with over one million households in Victoria alone.

These postcards carry important mental health messages to encourage greater community connection and support mental wellbeing across the country.

With research* indicating that nearly one in three Australians grapple with loneliness, especially in remote or regional areas, this initiative offers a simple way for people to connect via a newly designed two-part 'Connection Postcard'.

One part includes important mental health information and Beyond Blue contact details; while the detachable second part includes a pre-paid postcard for recipients to pen a personalised note to send to a friend or loved one.

Created by regional Australian artist, Jocelyn Proust, the postcard illustration shows two fairy wrens in a vibrant natural setting to signify the power of communication for connection and begins with the words, "sharing this postcard because I care".

The postcards include three new messages to encourage connection:

Share a thought - Send this postcard to someone you care about. Tell them why you're thinking of them and that you're never too far away for a chat.

Share a memory - Sharing a cherished memory you've experienced together can help you feel closer, even if apart.

Share a story - Stories help us connect and understand each other better. Let them know a story from your life lately and ask for one in return.

Australia Post General Manager Community and Stakeholder Engagement, Nicky Tracey, said "Since 2020, over 16 million Connection Postcards have been delivered, providing Australians, including those in

*regional and remote communities, access to Beyond Blue's incredible resources and the opportunity to connect with someone they care about. In fact, last year's Connection Postcard campaign demonstrated that 95%** of recipients who sent on the postcard felt more positive," Ms Tracey said.*

Beyond Blue Chief Executive Officer Georgie Harman



said the expanded campaign comes at a time when greater community connection and awareness about accessible and affordable mental health supports was critical.

"While people have never been more digitally connected, the research shows too many people experience feelings of disconnection, loneliness and isolation...we hope to continue fostering genuine connection through the simple act of sending a personalised postcard, while also encouraging people to look after their mental health and know that Beyond Blue is always there for them with free support around the clock. Whether it's a simple conversation, a supportive gesture, or a shared experience, fostering connection is essential for nurturing resilience, reducing isolation, and promoting overall wellbeing."

*Research https://endingloneliness.com.au/wp-content/uploads/2023/10/ELT_LNA_Report_Digital.pdf

About Australia Post: As Australia's postal service for more than 215 years, we're at the heart of every community.

About Beyond Blue: Beyond Blue is an independent, not-for-profit organisation working to reduce the impact of anxiety and depression in Australia. The Beyond Blue Support Service is available 24/7 on 1300 22 4636 and via web chat at beyondblue.org.au/get-support, or email responses within 24 hours.



TARNAGULLA GOLF CLUB

Hello to all our Members, Friends, Supporters and Families,

What a fun event the Wildcard Pairs Event was on Saturday! Tarnagulla turned on another beautiful sunny day with clear blue skies. What a cracker of a day!

One of our keen school age golfers, Jeremy, walked half a km to the Golf Course - before dawn, so that he could see the sunrise at the Golf Course and play nine holes prior to the event beginning. What a fab "warmup". Good on you, Jeremy!

Once we were all sorted out into pairs, we began, with a lot of laughter. Teeing off each tee with your partner's ball added a layer of responsibility. Ha! We didn't want to hit such a wild shot that we lost our partner's ball from the tee! Well, we tried not to. Ha! Every so often, kangaroos would traverse some of the fairways and stop to gape at our efforts. (They still get a kick out of punching the flags in each hole so that the flag bounces into another kangaroo's or their own chest! Who would have thought the Golf Course is a kangaroo "adventure playground".)

There was so much talking amongst the pairs that one group took twice as long as all the other pairs. So much laughing does slow play. Ha! (I was in that group of two pairs and we all had a great laughing time.) Morning tea was superb. Oh, if only we could bake like Jan Sharman. Jan is really an artiste in the baking department. At morning tea, we were saying that when we have about three holes left to play, we are all mainly thinking about the delights Jan has baked and we start to play a bit faster, wanting to return to the Clubhouse.

WINNERS: The Dynamic Duo PETER & RON SANDERSON; **RUNNERS UP:** HELEN MORTLOCK and JASON CASSAR; **LONGEST DRIVE:** PETER SANDERSON; **NEAREST THE PIN:** MICK RADICH

Our next event is Saturday morning 8th June, (the Saturday morning of the long weekend) the **KING'S CADDY KANGAROO BASH**. With this event, depending on your handicap, you receive "bonus free shots" which you can use, whenever you like, during the nine holes. When you use one or more, it's up to you. For example, if you have a handicap of 20, you would have 10 bonus free shots during the nine holes. Of course, we use them when we've hit wayward shots; out of bounds; a "duffer"; that sort of thing! So, we will have our best amazing scores ever! Ha. (That's the plan.)

We tee off between 9.30 - 10.00 am and morning tea is after 11.30 a.m. So, even if you don't play golf, come along for the free morning tea.

On Saturday, we all gave Jan Sharman resounding claps for her baked delights. What a lovely way to enjoy the morning tea, have lovely chats with such

positive people and sow the seeds of new friendships. Please register at LRAAD@MAIL.COM or 0481 008 006 or just turn up before tee-off.

Please enjoy browsing photos and news on: WWW.FACEBOOK.COM/TARNAGULLAGOLFCLUB/

Mary McNamee, Club Secretary

DUNOLLY GOLF CLUB

Last Saturday saw the first round of the Fred Robertson Trophy.

A smaller field than the previous week took part, under beautiful conditions.

The very consistent Thang Nguyen won the day, with a nett 62, followed by Dave Billingham on nett 74. Shenae Hunt was close behind on nett 75.

There is still plenty of jobs to do around the course, so if any members or friends have spare time, please see Darren or Ian, who will be very pleased to see you!

Ian Arnold

DUNOLLY BOWLING CLUB

WEDNESDAY 15th: Once again we were blessed with a beautiful day for bowling, with 26 teams, 52 bowlers for Dunolly's Winter Jackpot Pairs.

Congratulations to the bowlers from Talbot, Addy and Matt, who won on the day. Bowlers eagerly waited to see if they were the Jackpot winners as \$104 was in the kitty. All hoping that their number would be called out. The lucky number was 9, this was shared equally by a few pairs. This week Avoca held the Winter Jackpot Pairs.

SUNDAY 26th, is the Dunolly Bowling Club (DBC) Presentation and AGM @ 12.30 pm, hopefully all that are attending the BBQ have already put their names down on the list in the outside noticeboards, or given Hannah a courtesy call. BBQ meats, bread and condiments courtesy of the club, could you please bring a Salad to share.

As I have resigned as the Publicity Officer, this will be my last writings as the Dunolly Bowling Clubs Publicly Officer.

Thank you to all at Welcome Record, for your understanding when I have been late sending in the weekly spiel.

Thank you Cheryl Lovell for your kind words, re: 'my writings.'

Warmest wishes,

Hannah Delconte, Publicity Officer

Editor's Note: Thank you Hannah for your weekly contribution.



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