

Dunolly & District Community News



The *Welcome Record*



ALL HANDS ON DECK



Dunolly celebrates 6 months of Community Meals, led by local cooks Natalie Conlin and Colleen Fogarty - just two of our dedicated community volunteers producing low cost, delicious monthly lunches at the Snr. Citizens Hall in Bull St. The next one will be this coming Friday, June 14 - so come one and all, engage and connect whilst enjoying a 2 course meal for a donation. See pg. 11 for the full story.

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12TH OF
JUNE
2024

GOLD COIN



welcome@thewelcomerecord.com.au — www.dunollynews.org

The Welcome Record

ABN 19299170473 A0013872F

The Welcome Record is the weekly Independent Voice of the Dunolly and District Community, produced by dedicated community volunteers and self-funded.

Public Opening times: Only Tuesday & Wednesday, 10 am - 12.30 pm.

Phone: (03) 5468 1054

Web: www.thewelcomerecord.com.au

Email: welcome@thewelcomerecord.com.au

Address: Dunolly & District Neighbourhood Centre, 18 Havelock St. Dunolly, VIC 3472

The Welcome Record aims to reflect the concerns and interests of the community. We will not print contributions that are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. All letters, articles and classifieds may be submitted via email or in person and must contain the author's full name, home address and telephone number. The opinions expressed by contributors are not necessarily those of The Welcome Record.

Editorial Deadline

Editorial contributions to be submitted BY **12 NOON** each **FRIDAY** for the following week's issue. All contributions may be edited for the purposes of clarity and/or available space.

E: editorial@thewelcomerecord.com.au

Advertising

Contact: production@thewelcomerecord.com.au for advertising sizes, rates (from just \$15 per week) and deadlines.

GET YOUR COPY HERE...Pick up a copy from...

Dunolly: Dunolly Pharmacy, The RTC, Dunolly Butcher, Dunolly Bakery, Dunolly & District Neighbourhood Centre and Dunolly Friendly Grocer.

Bealiba: Bealiba Post Office

Tarnagulla: Tarnagulla Post Office

Maryborough: Maryborough Pharmacy OR via subscription (please email for rates).

Also available online at:

[Dunolly News](#) | [The Welcome Record](#) » [Current Issue](#)

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ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Dja Dja Wurrung People, the Traditional Owners of the land that we are on. We pay our respects to leaders and Elders past, present and emerging. We express our gratitude in the sharing of this land, and our hope that we may walk forward together in harmony and in the spirit of healing.

Op Shop News

Some goodies that can be found at the Dunolly Uniting Church Op Shop, 94 Barkly St. Dunolly. New items arriving every day. Come in and have a scrounge and find yourself a bargain.



Crossword Solution 60, 2024

C	R	A	F	T	S	M	A	N	S	H	I	P
E	N	E	U	O	Y	H						
R	E	G	R	E	T	S	O	D	D	L	Y	
T	E	M	C	N	R	S						
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F			L	O	T	U	S	D	O			
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C	N	B	I	L	L	Y						H
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I	N	A	N	E	O	C	E	A	N	I	A	
O	I	S	F	E	G	P						
N	O	N	C	O	N	F	O	R	M	I	T	Y

Have Your Say On Regional Telco Connectivity

Rural, regional, and remote Australians are encouraged to give feedback on telecommunications issues with the release of the first ever Regional Telecommunications Review survey.

The short online survey provides a way for regional, rural and remote Australians to easily provide feedback on how they are experiencing telecommunications in their own communities.

“Access to reliable telecommunication is increasingly important for regional Australians – it is essential for keeping connected with family and friends as well as for business and access to health and education services. We need to hear your stories about what is working and what is not. While we will be travelling to dozens of sample communities across the country, we want to provide an opportunity for every regional Australian to have their say.” said Chair of the Review, the Hon Alannah MacTiernan.

The Review, which takes place every three years, sees the Regional Telecommunications Independent Review Committee examine the experiences of people in regional, rural, and remote parts of Australia with

telecommunications delivery, as well as considering the unique needs of First Nations communities.

Submissions and face-to-face consultations to date have provided feedback on a range of matters including the suitability of telecommunications during emergency situations, how emerging technologies could improve connectivity; and ways telecommunications can support regional development.

There are two other options for people to have their say: attending a face-to-face consultation in various towns or providing a submission via our website. Input from the public helps the Committee make findings and recommendations to Government that address the needs of rural, remote and regional Australia.

Previous Review’s have seen a number of major initiatives announced and delivered, such as the Mobile Black Spot Program and the National Audit of Mobile Coverage.

The online survey closes on 31 July 2024. To have your say visit: <https://www.infrastructure.gov.au/have-your-say/2024-regional-telecommunications-review>

MORE HEAT, LESS SMOKE

EPA Victoria encourages everyone to **TUNE** their wood heater or stove so it produces less smoke and more heat.

EPA Northwest Regional Manager Paul Ratajczyk says wood smoke and calm winter weather can reduce air quality, but there are simple ways to make your heater safer, cleaner and cheaper to run.

“One of the best things you can do is have the flue or chimney professionally cleaned. That can help to prevent flue fires and ensure the heater produces more heat and less smoke,” Mr Ratajczyk said.

Choosing the right fuel is also important. Look for dry, seasoned, untreated hardwood, which burns longer and produces more heat and less smoke.

EPA Victoria’s Chief Environmental Scientist, Professor Mark Patrick Taylor, added that reducing wood fire smoke will also help to minimise any health impacts.

“Wood smoke contains very small particles and gases that contribute to air pollution. This can cause problems for anyone with cardiovascular, breathing difficulties and respiratory conditions, resulting in symptoms for some people.”

Professor Taylor encouraged people to reduce their use of wood heaters and fireplaces on still days, and to go outside occasionally to check their chimney for smoke to make sure the heater is working as well as it can.

“While the impact of a single wood heater may be small, the cumulative effect is significant, particularly through autumn and winter, and tuning your wood heater for most efficient operation helps reduce impacts on air quality, optimises heating your home and minimises health risks,” he said.

Tips for reducing smoke pollution include:

- ⇒ Get a hot fire going quickly with plenty of paper and small dry kindling;
- ⇒ Keep the air controls set high enough to keep the fire burning hot;
- ⇒ Never overload a wood heater with too much wood; and
- ⇒ Make sure you never leave the wood heater to smoulder overnight, as this starves the fire of oxygen, producing more smoke.

EPA also advises you should never burn household rubbish, driftwood, treated wood such as pine, or old painted wood in your wood heater.

For tips on how to reduce wood smoke visit: epa.vic.gov.au/for-community/environmental-information/air-quality/smoke-from-wood-heaters

What's On



Friday, June 14, 2024

Goldfields Music Club, Open Mic and Jam Night

Held the 2nd and 4th Friday of each month at the Dunolly Golf Club, Separation Street.

6:00pm—11:30pm.

All players and public welcome with \$5 entry.

Lucky door prizes, bar, meals available.

CASH ACCEPTED AND EFTPOS IS AVAILABLE

**Saturday, June 15 and Sunday June 16,
At 2 pm.**

**Piano Recital with
Kevin Taminini**

***Playing Works by Debussy
and Haydn***



At the Melba Lounge, Buckley's of Dunolly, 1787 Maryborough-Dunolly Rd. Dunolly.

Includes Afternoon Tea. Book now as there is limited seating available. Bookings: Rachel 0427 275 006.

Presented by the Dunolly Gilbert & Sullivan Society



Coming Soon...

Saturday, June 22, 2024

TARNAGULLA WINTER SOLSTICE

Victoria Theatre & Environs

A FREE EVENT at 5.30 pm

Celebrate the shortest night of the year with bonfires, music, and good company at Tarnagulla Winter Solstice! Enjoy a magical evening designed to warm the heart and delight the senses, perfect for families and friends.

Culinary Delights

Diggers Diner: Savor the season with winter roasts
Food Trucks: Feast on hearty & warming deliciousness

Local Beverages: Indulge in tastings of local and mulled wines and beer sourced from celebrated regional producers.

Community and Warmth

Communal Fire Pits: Gather around crackling fires for warmth and camaraderie, a cozy hub for the evening's festivities.

Mystical and Musical Encounters

Enjoy the enchanting sounds provided by the Sunken Moons from the Goldfields Music Club Inc.

Tarot Readings: Mystical tarot readings, bewitching witches to enhance your magical solstice experience.

Solstice Costume Competition: Dress in your 'solstice -best' and participate in our costume competition. Fabulous prizes await the most creatively dressed attendees!

As part of the Festival, our Goldfields Music Club musicians from Dunolly & Surrounds: Sue Hayman (Vocals), Kerrie Jongebloed (Guitar), Natalie Conlin (Vocals), Kath Walker (Banjo), Andy Walker (Guitar), Chris Jobson (Bass) and Matt Bishop (Drums) will be performing as **The Sunken Moons**.

Come and enjoy their music at this FREE Event .



This enchanting evening promises to be an engaging experience for the whole family, combining the charm of Tarnagulla with the festive spirit of the solstice. Join us for a night where community, culture, and culinary arts meet, under the stars.

Saturday 29 June, 2024

The Brilliance of Karl Jenkins

**At 2.30 pm, St Paul's Anglican Cathedral,
6 Myers Street, Bendigo**

The Bendigo Chorale presents Karl Jenkins' *Requiem* and Mozart's *Laudate Dominum* at St Paul's Anglican Cathedral, 6 Myers Street, Bendigo

The Bendigo Chorale will combine with Glen Eira City Choir to form a chorus of 60 choristers for this event.

They will be accompanied by an instrumental ensemble comprising horn, flute, harp, violin, percussion and piano.



Horn player (Geordie Walker)

Welsh composer, Karl Jenkins, who is one of the world's most performed living composers, was classically trained as an oboist but also has a fine reputation as a jazz-rock multi-instrumentalist.

Neville Cohn of The West Australian says of this work, "*His requiem is a model of adventurous creativity.*" Also Music week reports that it is "*...the ultimate in post-modern Requiems...*"

Tickets are available from Gotix.com.au or at the door (EFTPOS available). www.bendigo.org.au

Letters & Notices

PARIS – IMPRESSIONS OF LIFE 1880 -1925

Dear Editor,

The Bendigo Gallery has once again surpassed its reputation with the latest display showcasing Paris. On loan from a small French gallery the many works, of lesser artists, in a variety of mediums gives a wide detailed experience to the viewer.

Large street maps pinpoint streetscapes, prominent buildings and modes of travel of the time. River scenes, markets and industrial areas show everyday living in the turn of the century.



Also on display are fashion, street advertising, and from the Moulin Rouge - posters showing the bright lights circa the Age.

Background music and songs of Edith Piaf, France's best known singer for performing cabaret and modern *chanson* genres, enhanced the immersion into the French culture.

After our viewing, we then enjoyed a well presented lunch accompanied by a range of cocktails or Spritz from attentive Staff on the promenade behind the Gallery.

On the lawns, an artist worked on his easel demonstrating the casual scene of patrons eating and enjoying the sunshine, a well-orchestrated touch by the Gallery.

Paris – Impressions of Life is on show until July 14th. Booking is preferred.

If you can't make it, the Gallery has a great website or if you want an "Aperitif" for motivation - It is well recommended!

Helen Jesser, Dunolly

For more information: www.bendigogallery.com.au

****Services Australia (Centrelink) Notice****

Services Australia will be visiting Dunolly on Tuesday, June 25, from 9.00am to 4.30pm, in their Mobile

Service Centre vehicle parked opposite the Senior Citizen's Hall in Bull St.

The staff will provide information and support on all issues related to Australian Government payments and services to rural families, older citizens, students, job seekers, people with disabilities, carers, farmers, and self-employed people.

Information about Department of Veterans Affairs programs and support services for veterans and their families will also be available.

Staff can also help you to create a myGov account as a simple and secure way to access government services.

If you have any concerns, come along and let the friendly staff assist you.

Thank you

Suzy Anderson, RTC Coordinator

Ph: 03 5468 1205 [Em: rtcdunolly@gmail.com](mailto:rtcdunolly@gmail.com)

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Dunolly Arts Hub
Corner of Thompson
& Alice Streets.



In the old Nurses' Home beside the hospital on Havelock Street (top of Bull Street).
Monday-Thursday 9.30am to 3.00pm.
The Dunolly Arts Hub is on the corner of Thompson and Alice Streets, Dunolly.

Monday:

- Mosaics at the Arts Hub from 10am- beginners encouraged- Lynda will guide you.
- Ballroom Dancing at Dunolly Golf Club from 6pm - intermediate skills required; call me at the Centre for further details.
- Card making with Rhonda: third Monday of the month from 1.30 at the Centre. \$12, all inclusive.
- Hub Club for kids: FULL. Call Kath to be put on the waitlist for 2024.
- Yoga: 10am June 17; July 1, 15 & 29- Dunolly RSL Hall. Bring a mat and light blanket (\$12.50 full, \$7.50 concession).
Call me if you need a mat!

Tuesday:

- Woodwork in the Centre shed from 9am until 12.30. Open to all!

Wednesday:

- Table tennis at the Golf Club on Separation Road from 9am to 12pm (evening session available if enough people are interested).
- Craft at the Centre from 10am - bring your own activity.

Thursday:

- Croquet at the Golf Club on Separation Road from 10am (Winter months). Plenty of mallets available, so come and have a crack!
If it's an extreme heat/wet day, players will cancel.

- Family History: from 7.30 at the Centre.

Friday:

- Art group at the Arts Hub- on hold until further notice.
- Whichcraft at the Arts Hub.

Sunday:

- Golden Triangle Archers meet on the fourth Sunday at 10am, Deledio Reserve on Elgin Street (behind the RL Williams oval).
Covered shoes compulsory, and parents must stay with children.

WHOLE TOWN GARAGE SALE:

As with the last few years, our Town Garage Sale will take place towards the end of November, so start gathering that bric-a-brac!

The exact date will be set later in the year.

DUNOLLY NEIGHBOURHOOD PANTRY AND 'AFTER-HOURS' PANTRY:

The Dunolly Neighbourhood Pantry hours are Monday to Thursday 1.30 to 3pm.

The after-hours Pantry is the old Kelvinator fridge on the verandah at the Centre and is always available.



Neighbourhood Houses
The Heart of Our Community

Kath Ryan, Co-ordinator
Ph: 5468 1511
admin@dunnhc.com.au

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GATEWAYS



With 1 in 5 students unaware that bacon is an animal product and 30% of students confused about where yoghurt comes from, *Life Ed* and mascot *Healthy Harold* have teamed up with Bakers Delight's *Healthy Solutions range* to encourage Aussie kids to ask more questions about where their food comes from.

As part of the new **Growing Good Grains Grants (GGGG) program**, the two organisations have collaborated to provide schools with **free resources to empower students to learn more about the origins of food, and to give primary schools, preschools and early learning centres, the chance to win their share of \$25,000 in school garden grants.**

"The GGGG program is all about encouraging fresh thinking to sprout healthy habits – in and beyond the classroom. We have been partnering with schools to deliver preventative health education for 45 years now... Children learn by doing and that is



what GGGG is all about, encouraging kids to dig in to the facts as they work together to create a healthy food garden that their whole school community can benefit from." said Russell D'Costa, CEO at Life Ed Australia.

By simply sharing their vision for their healthy food garden, primary schools, preschools and early learning centres across Australia will have the opportunity to secure one of 25 grants, valued at \$1,000 each. **Thanks to major partner Bakers Delight's Healthy Solutions range, they will also have more chances to win with applications categorised by school type and size, plus the first 50 submissions will receive a \$100 Bakers Delight e-gift card.**

Throughout the four week campaign, from now to 29 June – schools can access free resources online to boost their applications

and create unique learning experiences in the classroom. From taking a journey through the life cycle of bread, through to growing their own wheat and making their own fresh dough, *Life Ed* and Bakers Delight's *Healthy Solutions range* have created a variety of hands-on activities and easy lesson plans that can be tailored according to class needs.

Elise Gillespie, Bakers Delight Joint CEO added, *"The journey that a single seed of wheat goes through before it winds up in a delicious sandwich is a fascinating one and we can't wait to start educating kids on where their ingredients come from today, so we can help them have a happier and healthier tomorrow."*

To find out more and to secure your share of \$25K in grants, visit lifeed.org.au/gardengrants

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2025 Kinder Registration NOW OPEN

Families with child/children aged three or four years old in 2024 can now register for kindergarten in 2025 through the Central Goldfields Shire Centralised Kindergarten Registration Program.

All seven kindergartens in the Central Goldfields Shire are participating in the Centralised Kindergarten Registration Program. Families can apply using one form to choose from the following kindergartens:

A.G. Leech Kindergarten; Back Creek Kinder (Talbot); Californian Gully Kindergarten; Dunolly Kindergarten; Goldfields Family Centre; Roseberry House Early Learning Centre and T.L. Stone Memorial Kindergarten.

Central Goldfields Shire Manager Children and Families Carolyn Bartholomeusz said the Centralised Kindergarten Registration Program makes it simple and convenient for families to register their children into local kindergartens.

“Kinder education provides huge benefits for children’s health and wellbeing, social skills and confidence giving them a great foundation for the future. The Central Registration process continues to be refined every year to manage kindergarten placements and ensure fair and transparent process for families and centres.”

If parents and carers have not visited kindergarten open days over the past month, they are encouraged to contact the kindergartens directly to arrange a time.

For more information and to register your child in three- or four-year-old kindergarten visit www.centralgoldfields.vic.gov.au/

centralenrolment or email

central.registrations@cgoldshire.vic.gov.au

2024 key dates:

First round – Monday 3 June 2024 to Friday 12 July 2024. Registrations collected during round one will be processed after Friday 12 July, following the priority of access guidelines. Second round – Opens Monday 9 September, 2024. **The Nest** (opposite Maryborough Regional Library at Nolan St. can assist families.



Help our young people

Are you a fully licensed driver over 21 years old and interested in road safety? We are looking for enthusiastic people who can help a learner driver to get their licence.

L2P PROGRAM

The TAC L2P Program helps young learner drivers without a supervising driver complete their 120 hours of driving practice before taking their licence test.

A driver licence opens up new opportunities for education and employment. As a volunteer mentor you'll contribute to your community by helping a young person take their next steps toward independence.

The TAC L2P Program is managed by the Department of Transport and delivered by community organisations across Victoria, who will work with you to:

- Match you with a learner driver
- Provide you and the learner with regular access to a learner-friendly car
- Arrange a program induction, coaching and support of a local coordinator

Volunteer Mentor Requirements

- Be over 21 years of age with an interest in helping young people
- Hold a full, current Victorian driver's licence
- Undertake a screening process by your local TAC L2P Program

Central Goldfields TAC L2P
Audrey Bartlett – Coordinator
Phone 0418 536 517
audreyb@cgoldshire.vic.gov.au

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DINNER TIME

By: Vicky Frizzell

Cooking for one becomes very monotonous. How often do you want to eat pasta or sausages and vegetables in a week? Soup can be very tasty, but when reheated for the third night in a row, nobody wants it.

Pre-cooked frozen meals are handy but can be a risk - who knows if you will like it. Sometimes I get it right, as I did with some chicken soup last week. But I only made enough for two meals. Maybe that is the right thing for me.

Recently, I roasted a nice leg of lamb from the local butcher. He cut it to size for me, but even then I had enough for five meals.



The first was a roast with all the trimmings. Delicious, and I made more than enough gravy to go with it. The next day was warmed roast meat, gravy and steamed vegies. Later it was a lamb roast roll, then shepherd's pie and finally roast vegies with the last of the reheated meat. I won't need another roast for a while.



Tonight will be lentil loaf which will go well cold, with some sweet chilli sauce for lunch tomorrow. I spend so much time mentally flicking through my limited "remembered" recipes and rejecting them, that it is a wonder I can ever make a menu decision. I envy people who make all sorts of creative dishes for themselves seemingly with little effort. *Do they really manage to have all those great meals every night?* Or do they settle down in front of the television with baked beans quite often - as I do.

The Welcome Record



EDITORIAL STAFF WANTED

Sub-Editor

Works closely with the Editor, editorial and production staff, involved with Copy Planning, Receiving and Sub-Editing copy and sourcing pictures. This role includes print production each week. Suggested: 1-2 half days in office per week

Writers/Reporters/Photographers

Enjoy writing or love photography? Our award-winning paper needs writers to produce feature stories as well attend and report on events AND photographers to visually record them. Suggested 1-2 hours a week or fortnightly in office or remotely.

No experience but willing to learn? We will train you - all you need is a basic working knowledge of Microsoft Word. To join us in these volunteer roles, email: welcome@thewelcomerecord.com.au OR call 5468 1054 for a chat in our office at The Neighbourhood Centre, 18 Havelock St. Dunolly on Tues. & Wed. only, from 10 am - 12.30 pm.

We can't wait to meet you.



A MOST REGAL, ROYAL HARMONY

Join our Queen Victoria as she treads the boards in select Metro and regional venues in a very special "Royal Harmony" concert



It is a unique Audience with Queen Victoria as she reminisces about a meeting in London with her beloved Prince Albert (early in their married life) as they met celebrated composer **Felix Mendelssohn** in Buckingham Palace in 1842, in London. The Queen's diary entries show a merry time of music-making and singing. Prince Albert was a talented organist and pianist who wrote many songs – including one sung at their wedding and Queen Victoria had a pure and charming voice.

More than a recital, the concert features largely the songs of Prince Albert with an elder Queen Victoria introducing each song with anecdotes and recollections from that time.

Written and performed by Dunolly's talented Rachel Buckley, featuring Ian Lowe, Laura Caire, Ryan Jacobs with Geoffrey Urquhart on piano – *Royal Harmony* has been drawing accolades during their recent Melbourne concert. Costumes by Susan Halls. Musical Direction by Geoffrey Urquhart.



Photos by Robin Halls



Produced by the Dunolly Gilbert & Sullivan Society - make sure you catch this exceptional concert including spectacular costumes and Afternoon Tea with our Queen on **Saturday, June 29, 2pm at the Rex Theatre, 30-34 High St. Charlton.** Tickets are just \$30. Book now: <https://events.humanitix.com/royal-harmony>

Live at
The Rex

Join Queen Victoria for an afternoon musical delight!



ROYAL HARMONY

Saturday 29 June 2024 at 2pm

Tickets \$30 Bookings: <https://events.humanitix.com/royal-harmony>



CELEBRATING 6 MONTHS OF COMMUNITY MEALS



It all began the Friday before Valentine's Day in February, when a group of selfless community members came together to cook and serve a healthy, low cost and above all, delicious, two course lunch for just a donation. Drawing an inaugural crowd of almost 40 diners, they enjoyed roast chicken with potatoes, carrots, peas and corn followed by plum tart with ice-cream and cream.

Needless to say, it was a hit with diners enjoying an opportunity for friendly company, sharing a laugh or two whilst enjoying a tasty and nutritious meal for a very low price. Each month, these volunteers don their aprons to prepare, cook and serve the people of Dunolly. We even had our Mayor, Cr. Liesbeth Long serving them at last month's luncheon. All volunteers would be warmly welcomed.



All volunteer hands on deck, hard at work and ready to serve.

This heartwarming, community-led event by the Dunolly Neighbourhood Centre and the Dunolly Community Garden with support from Healthy Loddon Campaspe NEEDS financial support to continue. Organisers are now seeking donations at the community meals and VITAL sponsors to help offset the costs of producing the meals each month.



The Welcome Record has provided a donation in the interim, to keep the event continuing whilst the organisers seek essential sponsors in the next few months. If you would like to support or sponsor this much-needed community initiative. Please contact: Faye Arnold at the Dunolly Neighbourhood Centre via Email: admin@dunnhc.com.au



Anywhere. Anytime. Anyone.

Police are out there to keep you safe. If you still choose to take risks while driving and break the road rules, chances are you will be caught.





Applications Open for Community Projects

Applications have opened for Australia Post's 2024 Community Grants program, which funds community-led, local projects across Australia.

From today, eligible not-for-profit groups can apply for grants of up to \$10,000 to support projects which have the primary purpose of improving mental health and wellbeing in local communities.

Last year's program saw 72 projects awarded funding across the country, totalling over \$500,000, with half of the successful applications awarded in rural and remote locations.

Australia Post General Manager, Community and Stakeholder Engagement, Nicky Tracey, said:

"The wide range of organisations and projects that received grants last year demonstrated the need to support projects that help people connect to improve mental health and wellbeing."

"We know that when we connect, we feel better, which is why projects supported by Australia Post share a common thread and a commitment to improving mental health and wellbeing through the power of connection."

"Since 2013, more than 800 projects have been awarded a Community Grant from Australia Post, and we are proud to continue our support of these often-unsung heroes of our communities,"

concluded Ms. Tracey.

Professor and Director of Centre for Wellbeing Science at the University of Melbourne, Dianne Vella-Brodrick said: ***"This initiative is essential in supporting community-led projects that enhance mental health and wellbeing across Australia particularly in communities where mental health issues are a growing concern."***

By funding local projects, Australia Post is helping communities build stronger connections in their own unique way."



Previous recipients Wellsprings for Women.

"We know that when we connect, we feel better..."

Nicky Tracey, Australia Post GM, Community Stakeholder Engagement

"This program empowers local groups to develop initiatives tailored to their specific needs – in turn, fostering ownership, motivation, and collaboration. When communities design and implement their own projects, they build local skills and competencies, which strengthens social bonds and overall wellbeing." Ms. Vella-Brodrick said.

Organisations interested in applying are encouraged to review the [Community Grant](#) guidelines carefully to check eligibility requirements, with eligible community organisations able to apply until 11.59pm on 1 July 2024. To check eligibility, visit: [2024 Australia Post Community Grants Guidelines \(auspost.com.au\)](#). Successful applicants will be notified in September 2024.

Dunolly Rural Transaction Centre



109 Broadway Dunolly

Ph: 5468 1205

Email: rtcdunolly@gmail.com

Hours: 10am to 3.30pm Monday to Friday

Closed public holidays

Look out for our tourist information in the RTC trolley situated on the footpath on weekends.

Services Australia Agent:(formerly Centrelink)

Dedicated computer directly to Centrelink site with access to myGov and Medicare

Services offered:

Computer Use; Printing (from mobiles & flash drives); Photocopying; Emailing; Laminating; Community Bus to Maryborough; Bus Hire to Organisations; E-Waste Drop Off; V/Line Bookings; Secretarial Services; Tourist Information; Dry Cleaning Agent; Meeting Room Hire.

Church Notices

Catholic Church, Dunolly

There will be Assembly at St. Mary's Church on Sunday June 16th at 8.30am.

R . Mecredy

"With the Lord there is mercy and redemption"

Ps 129

St John's Anglican Church, Dunolly

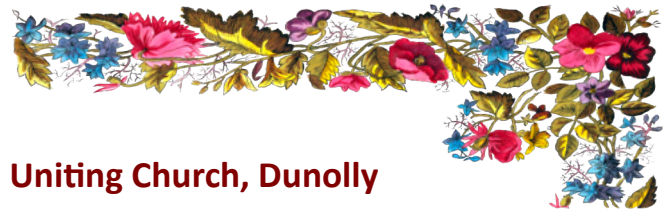
Rev Canon Heather Blackman
Parish Office, Nightingale Street,
Maryborough. Phone 5460 5964
Service 10am every fourth Thursday

New Horizon Church, Bealiba

Bealiba Public Hall. Every Sunday 3pm
For more information about services and bible studies
Contact Veronica Medlyn: 0427 345 577

St David's Anglican Church, Bealiba

Davies Street Bealiba
Sunday Eucharist: 8am 2nd and 4th Sundays of every month. Rev. Peter Downes ph. 0412 957 383



Uniting Church, Dunolly

Worship on Sunday, June 16th at 9.30am will be led by Julie Ramsay.

Uniting emergency relief will be in Dunolly this Thursday, June 13th from 1.00pm.

The Op Shop is open on Tuesday, Thursday and Friday from 10.00am.

Let us not become conceited, provoking and envying each other.'

Galatians 5:26



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Rosie's Ramble

My television has had a nervous breakdown - there is no picture! The sound is OK so I "watched" *Midsommer Murders* with sound only.

It reminded me of listening to the serials on the cabinet radio when we were kids. I think that helped our imagination to develop as we had to use our minds to "see" the stories.

Daughter Ramble who lives in WA works in the kitchen of a cafe. The other day, the griller burst into flames. As it was next to the frying oil, it was a dangerous situation.

Daughter acted quickly and pulled down the fire blanket and rang the fire brigade. Then the shopping mall had to be evacuated. In spite of the kitchen being on fire, people were still trying to buy coffee and food in spite of security herding them out, and the presence of the fire brigade. Some people are really stupid. The brigade thanked her for her quick action.

When they rang the owner who was on holiday, he asked if they had tried to burn the cafe down. Not well received! I can only think he made a joke because of shock.

Niece Ramble from Bendigo rang to see if I would like

to go to the Paris exhibition at the Art Gallery - YES . So I drove to Spotlight and went to the Gallery with her and her friend. It was very interesting - lots of old paintings of life in Paris 100 years ago. There were also some beautiful gowns - the older ones had ridiculously tiny waists. It was hard to see how the women could get into them. No wonder there was so much 'swooning'.

There were a few "flapper" dresses too. The embroidery was magnificent. Had a nice light lunch at the gallery cafe, and I was home before kangaroos were about.

Rosie

Just for a Laugh

Did you hear about the school kid who was studying Greek mythology? When the teacher asked him to name something that was half-man and half-beast. He replied "Buffalo Bill".

A neurotic is the man who builds a castle in the air. A psychotic is the man who lives in it. And a psychiatrist is the man who collects the rent.

A caucus is a sort of big parrot that has been taught to swear.

To keep milk from turning sour: keep it in the cow.

I know what a sextet is, but I'd rather not say.



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CALL FOR VIC GOVERNMENT REVIEW ON SPEED LIMITS

The Victorian Legislative Assembly Economy and Infrastructure Parliamentary Committee has backed RACV's calls to reduce the speed limit when passing emergency roadside vehicles and tow trucks on Victorian roads.

The Inquiry into the impact of road safety behaviours on vulnerable road users, has recommended that the Victorian Government **"review the road rules in relation to the speed motorists should travel at when passing a tow truck or emergency roadside assistance vehicle with flashing lights."**

This would include RACV patrol vans and tow trucks.

RACV General Manager Motoring Products, Jeff Ames, says the Victorian Government can no longer ignore calls for tow truck



and emergency roadside assistance workers to be afforded the same protection as in other States.

"Every day, hundreds of our workers put themselves at risk of injury and death from fast-moving vehicles while helping over 820,000 Victorians annually, Mr Ames said. **"We welcome the Committee's recommendation of a review but believe the Victorian Government should urgently introduce legislation to reduce the speed limit in Victoria, to protect worker safety.**

"RACV has been in discussions with the Victorian Government to introduce a 40 kilometre per hour speed limit when driving past or overtaking any incident response service.

"After 18 months of meetings with the offices of the Road Safety Minister, the Police Minister, and their departments we are yet to see a change to the road rules, so this recommendation is welcomed.

"Any driver who has been stranded at the side of the road knows what a dangerous and stressful situation that can be.

"I think Victorian drivers will be disappointed that the Victorian Government is not taking action to protect our emergency roadside workers, and the people they help."

RACV News

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World Refill Day, 16 June 2024 is a global initiative supporting refilling to reduce the estimated ***240 million tonnes of plastic waste** that is produced each year, accelerating the transition away from single use plastic towards refill and reuse systems.

While many Australians are refilling coffee cups, water bottles and re-using shopping bags, research suggests a reluctance to switch onto refilling other items.

A recent survey conducted by Pilot Pen Australia, found that **87 per cent** of office workers are aware that their everyday **plastic writing pens** can be refilled but only 50 per cent actually do so.

*“With the average office worker using 15 pens and markers per year, in a company of 100 employees, that works out to be approximately 1,500 plastic pens and markers that are going straight into landfill, which is obviously not desirable, not to mention the missed opportunity to save some money. **If we can***

refill water, coffee cups and mechanical pencils, then why not pens?” said Mr Jarrad Murray, head of marketing, Pilot Pen Australia.

To encourage pen refilling, Pilot Pen has introduced a [refill finder](#) to its website to allow people to match their pen to the right refill, together with an [online calculator](#) that can predict the cost and carbon footprint savings of refilling, so people can see the positive impact they’re making.

“Our calculator shows that by refilling just one pen, you can reduce its carbon emissions by **40 per cent** and plastic use by **31 per cent** - the equivalent of **49 kilometres** or **30 plastic bottles**, not to mention the cost savings. Multiply this by 100 pens and this increases to the equivalent of over **3,000 plastic bottles**,” Mr Murray added.

To find a refill, visit: <https://pilotpen.com.au/find-refills>

*<https://www.unep.org/resources/report/drowning-plastics-marine-litter-and-plastic-waste-vital-graphics>

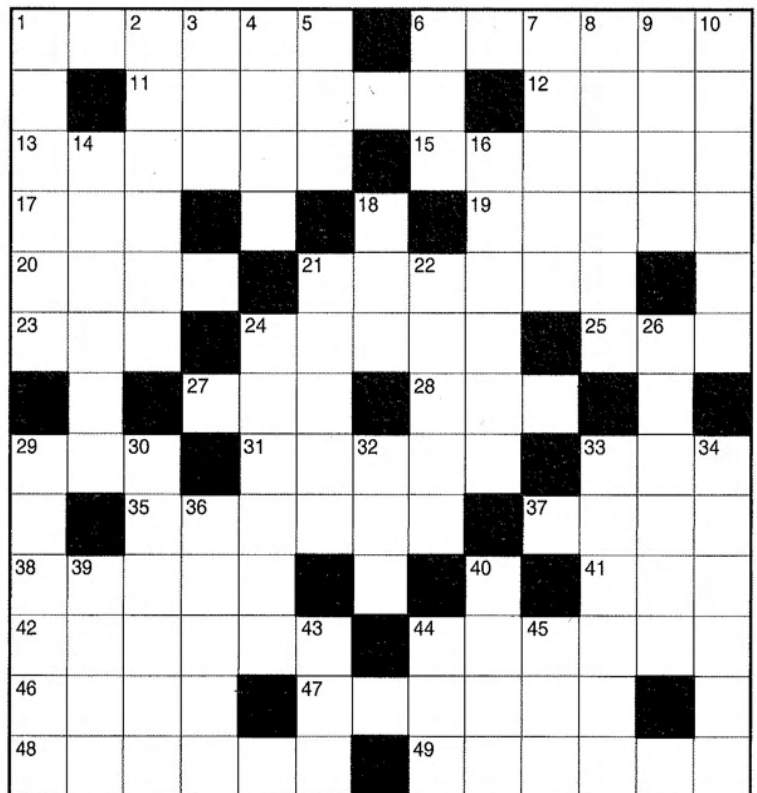
QUICK CROSSWORD 61

Across

1. Whole universe
6. A scuffle
11. National park in Arnhem Land
12. Pronged device inserted into electrical socket
13. Snow covering peak of mountain
15. Be the possession (of), _____ to
17. At this very instant
19. Couch with no back
20. One who prepares food for a living
21. Say aloud (something memorised)
23. The woman’s
24. Meat and vegetable dish, doner _____
25. Urge annoyingly
27. Eating child’s clothes protector
28. Made of three layers joined together, three-_____
29. Small vegetable

Down

1. Instance of competitors holding each other (boxing, eg.)
2. Rod to hold meat
3. Performers of *Go Your Own Way*, Fleetwood _____
4. In reasonable condition
5. Liquid circulating in plant
6. Bathing receptacle
7. Break into two
8. Ever-untidy person
9. Melbourne amusement park which opened in 1912, _____ Park
10. Drink containing milk and a spirit
14. Adhere
16. Fit to be eaten
18. Spider’s home
21. Disprove by offering counter argument
22. Playful leap
24. Salted smoked fish
26. Nuclear energy, _____ energy
29. Stinking
30. Of vinegar
32. *Jaws* star, _____ Scheider
33. Dwell (at)
34. Like June, July and August
36. Cause to laugh
39. At this locality
40. Function to raise school funds
43. Bolt-securing ring
44. Badly lit
45. By means of



Crossword supplied by Puzzle Wizard Note: Crossword Solution for previous week’s Puzzle is on Pg. 2

TARNAGULLA GOLF CLUB

A very warm hello to all our Members, Supporters, Families and Friends,

What a great sunny day Tarnagulla turned on for us all on Saturday! A “cracker” of a day!

We had a really good turn up of golfers and friends and as I walked to the first tee-off, I couldn't get over the cacophony of sounds from our resident bird folk! It was as if they were singing, tweeting and shrieking at us all to do well, and of course, with the Kangaroo Caddy extra free shots, we all were wonderful golfers and we all did very well!

On such a sunny day, it was hard to believe we were actually in Winter! Peter Ravenhall had manicured and shaped each sand beautifully. What a fabulous job - almost like a “golfing work of art” that Peter produced. Many, many thanks, Peter. When I used my Kings Kangaroo Caddy shots on the sands, I could “one putt” with ease! Ha!

And of course, at the Clubhouse, hot food and Jan Sharman's baked delights added to the fun atmosphere. We had five new members join last Saturday and of course, everyone is made most welcome.

Everyone is so helpful with the Golf Club and enthusiastic. Thank you all. That all makes for such a great team spirit with the Club. We are so lucky to have so many kind and wonderful golfers, families and friends and so many volunteers. Thank you all.

RESULTS:

WOMENS: WINNER: ROBYN RAVENHALL
RUNNER-UP: JENNY HONEYMAN

MENS: WINNER: PETER SANDERSON
RUNNER-UP: WARWICK STAGG
(After a 3 way count back):

EVERYONE:
LONGEST DRIVE: PETER SANDERSON
NEAREST THE PIN: RON SANDERSON

Our next event is the **AMBROSE PAIRS EVENT** - Nine holes with tee-off between 9.30 - 10.00 a.m. Saturday 29th June 2024. (Save the date.)

We play in twos and you can either bring a mate along for your duo, or we will match you up with another golfer.

Ambrose is a great golfing event because both of the pair tee off and then you both hit the second ball from one of the places where your two balls landed. Just choose which you think is a better spot. (*Many a time it's a very easy choice. Ha!*)

You keep doing this for each shot (and putt) and you will be so pleased with the results!

AMBROSE PAIRS EVENT is **FREE to all members** and school age children and otherwise only \$15. There will be a raffle and a marvelous morning tea (from about 11.30 onwards).

Even if you don't play golf, come along and have some laughs, meet some new lovely people and go home feeling great! See you then.

Best wishes,

Mary McNamee, Club Secretary

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Local events strengthen local bonds



From farmers markets to food festivals, art exhibitions and how-to workshops, local community events are often the lifeblood of thriving neighbourhoods.

Researchers at the University of South Australia have investigated how often people visit and actively participate in local events and how this affects their sense of place or their connection to their community.

A survey of almost 400 households in a South Australian coastal town found that **people who frequently attend local events or participate as volunteers, organisers or exhibitors, have a stronger sense of place, meaning their neighbourhood is important to them and they feel connected to the area.**

Those who regularly attend local events are also likely to be more satisfied with their neighbourhood and are more willing to live there longer.

While owning a home or living there for a long time are influential factors in a person developing a sense of place, this study found that regularly attending local events had a greater impact on fostering a sense of place than length of residency and home ownership.

More than half (61%) of survey respondents had attended at least one local event in the three years between 2017 and 2019, while almost a third (32%) had attended at least six events in that time.

UniSA tourism and event management expert Dr Sunny Son, said, ***“Events provide positive***

experiences for people to participate in and socialise, build trust, create networks, and promote intercultural learning. These are all major contributors to cultural sustainability, and they can help break down prejudices and promote social harmony by generating a community of acceptance and diversity.”

UniSA’s Dr Chris Krolikowski, an expert in urban tourism, said **the findings validate the importance of events not only as economic tools but as crucial components to the social structure of local communities.**

“These social benefits are particularly important to rebuilding local communities after the pandemic, during which social connections and broader community life were affected by lockdowns and social distancing measures,” he said.

“On a broader level, popular local events can also become attractions for visitors by showcasing the culture of the area. By contributing to uniqueness of places, events are well positioned to play an essential role in developing the tourism sector of urban and regional destinations.

“We still need to further our understanding of the role that events play in social sustainability. Understanding how events can help build socially sustainable communities is vital in justifying government investment in local events.” he concluded.

Note: The next Dunolly Community Market will be on Sunday, June 23, 2024.

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CUBBY SEASON!

Students were as busy as ants this week as Cubby Season officially kicked off.

Play is permitted in the back corner of the school yard where the students are not only building cubbies but creating a whole economy where they are trading goods and services (branches, sticks, cubby cleaning, shrub brooms), producing, consuming, constructing, cooperating, negotiating, problem solving and communicating. Great learning fun was had by all!

