

The Nelcome Record

CNAV Best Community Newspaper 2023

TARNAGULLA VINTAGE FAIR

ISSUE 28 ISSN 2653-4754

11TH OF SEPTEMBER 2024

GOLD COIN





Tarnagulla Strictly Vintage Fair is where 'vintagy fabulous' people and things gather to enjoy a great family fun day - filled with nostalgia and great memories.

Catch all the fun of the fair on Pg 11.

The Welcome Record

ABN 19299170473 A0013872F

The Welcome Record is the weekly Independent Voice of the Dunolly and District Community, produced by dedicated community volunteers and self-funded.

Public Opening times: Only Tuesday & Wednesday, 10 am - 12.30 pm.

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The Welcome Record aims to reflect the concerns and interests of the community. We will not print contributions that are defamatory or being used as an alternative to a personal approach in dealing with a personal issue. All letters, articles and classifieds may be submitted via email or in person and must contain the author's full name, home address and telephone number. The opinions expressed by contributors are not necessarily those of *The Welcome Record*.

Editorial Deadline

Editorial contributions to be submitted BY <u>12 NOON</u> <u>each FRIDAY for the following week's issue</u>. All contributions may be edited for the purposes of clarity and/or available space.

E: editorial@thewelcomerecord.com.au

Advertising

Contact: production@thewelcomerecord.com.au for advertising sizes, rates (from just \$15 per week) and deadlines.

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Bealiba: Bealiba Post Office

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Also available online at:

Dunolly News | The Welcome Record » Current Issue

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ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Dja Dja Wurrung People, the Traditional Owners of the land that we are on. We pay our respects to leaders and Elders past, present and emerging. We express our gratitude in the sharing of this land, and our hope that we may walk forward together in harmony and in the spirit of healing.

From the Editor ...

Thanks for all the support I have received from you all, as I learn. The blackouts really tested me last week.

Kath



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Crossword Solution 68, 2024



News

Cheaper Medicines For Patients

igures recently released by the Commonwealth Government show lowering the maximum co-payment is more than 11 times more effective in delivering cost of living relief to all Australians.

"It's now clear that lowering the maximum Pharmaceutical Benefits Scheme (PBS) co-payment is the best way to make medicines cheaper and support Australians challenged by the cost of living to meet their healthcare needs," Pharmacy Guild of Australia President Professor Trent Twomey said.

"The numbers prove, in black and white, the positive

impact lowering the maximum PBS copayment has on the lives of all Australians, not just a select few.



"The lowering of the

maximum co-payment from \$42.50 to \$30 has saved patients a total of \$346 million on medicines, as opposed to the \$30 million from 60-day dispensing.

Together with the freezing of the concessional patient co-payments for five years until January 1st 2029, negotiated as part of the Eighth Community Pharmacy Agreement, community pharmacy continues to deliver cheaper medicines for all Australians.

"We know, when putting together the weekly budget, some patients continue to go without medicines – so there is more work to be done. The recent 6th Australian Healthcare Index (AHI) survey and report, by Healthengine and the Australian Patients Association, revealed 28% of respondents were skipping buying needed medicine due to cost of living pressures.

"The Australian Bureau of Statistics also reports a rise in the people who delayed or went without prescription medication due to cost, from 5.6 per cent in 2021-22 to 7.6 per cent in 2022-23.

"In a country as fortunate as ours, patients should never feel they need to sacrifice their lifesaving medication in preference of other living costs," Professor Twomey concluded.



RU OK DAY Sept 12, 2024

All of us experience ups and downs in life-there are times of joy and celebration, as well as life events or

navigate life's ups and downs.



periods that are Challenging, and some moments will contain a bit of both.

In these tough times, it's the support of family, friends and colleagues that can help us through. Like good friends, some things are just better together. The support of a good mate can help someone feel connected and supported as they

For some, closing the door on working life can be challenging, bringing financial stress, social isolation, or the loss of identity and routine.

Geoff retired from his rewarding career as a primary school teacher and principal in 2023.

Since retirement, Geoff has kept up a busy routine with several volunteering commitments, but his favourite slot in his weekly routine is a boxing group that he has run on Wednesday nights for over 30 years.

"I think blokes find it quite difficult to share feelings, I do myself. It's a lot easier if you give them something to do at the same time."

Geoff said

R U OK? Is not a crisis support or counselling service If you need professional support, please contact your local doctor or one of the support services below.



131114

crisis support and suicide prevention services.
Text support is also available:
0477 13 11 14.

Call Beyond Blue 24/7 for advice, referral and support from a trained mental health professional





Kids Helpline is 24/7 free and confidential phone and online counselling service for young people aged 5-25.

1800 55 1800

https://www.ruok.org.au

What's On

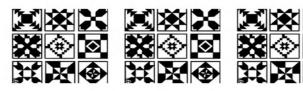
CWA Dunolly Branch presents

Lions Club of Quilters Victoria Trunk Show of Australian Quilts Friday September 20th 10.30 am at Senior Citizens Hall 21 Bull St, Dunolly \$10 entry Inc Lunch

Faye email: fayelynette1956 @gmail.com

RSVP

Phone: Colleen 0402287963



Monday 16th September 2024

Dunolly Museum tour of Goldsborough 10:00 am - 2:30 pm AEST

Dunolly Museum, 75 Broadway, Dunolly

We have introduced an online system to regulate our booking numbers to comply with safety and insurance regulations. Our tours *must* be booked in advance on the online ticket system **Humanitix Dunolly Tour of Goldsborough**. There is always so much to learn about our wonderful district, and all are welcome. Details on the booking page — link Dunolly Museum tour of Goldsborough

Tickets; \$20 Non-members, \$10 members

Rachel Buckley - Secretary.





Friday, September 13th Goldfields Music Club, Open Mic and Jam Night

Held the 2nd and 4th Friday of each month at the Dunolly Golf Club, Separation Street.

6:30pm—11:00pm. All players and public welcome with \$5 entry. Lucky door prizes, bar, meals available.

CASH ACCEPTED AND EFTPOS IS AVAILABLE

And don't forget

Sunday 27th October, Vibes on Broadway





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Letters & Notices

Dementia Action Week Dear Editor.

With around two-thirds of people with dementia living in the community this Dementia Action Week (16-22 September) we are calling on all Australians to take action to make their communities more welcoming and accessible for people living with dementia.

More than 421,000 Australians are currently living with dementia, but this number is expected to increase to more than 812,500 by 2054.

A lack of knowledge and understanding of dementia can lead to people living with dementia feeling excluded and experiencing discrimination.

People living with dementia tell us they want to belong - they want to be part of their community and to feel valued.

That's why this year's theme for Dementia Action Week - 16-22 September - is 'Act Now for a Dementia -Friendly Future'.

All people impacted by dementia deserve to be supported and welcomed in their communities, no matter where they live.

So please, find out how you can influence change in your community to create a more dementia-friendly future at dementia.org.au.

Yours Sincerely.

Merran Kelsall AO

National Dementia Helpline 1800 100 500

THANK YOU

A Big Thank You

To all the Fire Brigades and Fireys who attended the fire at my property on the morning of Tuesday 3rd Sept your dedication and care with your volunteer work is very much appreciated.

To stop any rumour mongers the cause was apparently, an electrical fault.

Thank you to all concerned once again.

Regards Loretta Parker & Family

DAYLIGHT SAVINGS BEGINS ON 6TH OCTOBER



Spring has sprung at the ARTS HUB

It's Virgo season .. we spring clean, write lists and get creative .. so dust off your unfinished projects and join in the fun.

Paper Mache has just started up on Wednesday, 10 to 2 .. materials supplied .. only \$5 . Each week we will go over various aspects of the process, armatures, paper layers and we make and use paper

It's a little bit messy and a lot of fun!

Drop in, we still have room for several more people to join in around the table.

Check out what's happening at the Arts Hub on other days!

Jude Meldrum 🐯



WELCOME AND APOLOGIES

Joe Grasso is our new Volunteer, doing a great job exploring his passion for photography. Welcome Joe.

Due to technological issues, the photo spread on Page 10 in last week's issue on the New Active Track at Dunolly Primary School did not credit Joe Grasso. Our apologies.



18 Havelock St
Mon -Thu 9:30 - 3pm
Dunolly Arts Hub
Corner of Thompson
& Alice Streets.



In the old Nurses' Home beside the hospital on Havelock Street (top of Bull Street). Monday-Thursday 9.30am to 3.00pm. The Dunolly Arts Hub is on the corner of Thompson

The Dunolly Arts Hub is on the corner of Thompsor and Alice Streets, Dunolly.

Monday:

Mosaics at the Arts Hub from 10am- beginners encouraged- Lynda will guide you.

Ballroom Dancing at Dunolly Golf Club: from 6pm-intermediate skills required; call me at the Centre for further details.

Card making with Rhonda: third Monday of the month from 1.30 at the Centre. \$12, all inclusive.

Hub Club for kids: FULL. Call me at the Centre to put your child on the wait list.

Yoga: 10am, fortnightly- Dunolly RSL Hall. Upcoming dates: September 23rd, October 7th and 21st. Bring a mat and light blanket (\$12.50 full, \$7.50 concession).

Tuesday:

Woodwork in the Centre shed from 9am until 12.30. Open to all!

Spinning/weaving at the Arts Hub from 10am to 2pm.

Wednesday:

Table tennis at the Golf Club on Separation Road from 9am to 12pm.

Craft at the Centre from 10am- bring your own activity.

Paper Mache at the Arts Hub- 10-2pm. \$5/session, materials supplied. Bring apron/rubber gloves/ lidded container.

Thursday:

Croquet at the Golf Club on Separation Road from 10am. Plenty of mallets available, so come and have a crack!

Family History: from 7.30 at the Centre.

Friday:

Dunolly Community Meals- every second Friday, Senior Citizens. Doors open 11.30 for 12.30 meal.

Call Nat on 0400 611 655 to book, as places are limited.

Whichcraft at the Arts Hub.

Sunday:

Golden Triangle Archers meet on the fourth Sunday at 10am, Deledio Reserve on Elgin Street (behind the RL Williams oval). Covered shoes compulsory, and parents must stay with children.

BASKET WEAVING WORKSHOP AT THE ARTS HUB-OCTOBER 12 & 13

Join Lynda and Jo for a two-day basket weaving tutorial at the Arts Hub! Call Lynda on 0418875453 to register your interest.

KATH'S ANNUAL LEAVE DETAILS:

I'll be on Annual Leave from September 13th, and return to work on Monday, October 14th from 9.30. The Centre will only be open for our regular activities, and there won't be many opportunities for one-one-one support.

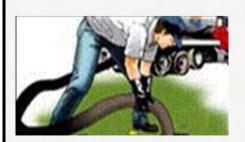
DUNOLLY NEIGHBOURHOOD PANTRY HOURS: WHILE I'M AWAY: WEDNESDAYS AND THURSDAYS 1.30 TO 3PM.

WHOLE TOWN GARAGE SALE: SATURDAY NOVEMBER 23rd.

Registrations open on Monday, October 14th when I'm back from annual leave. The cost remains \$5, and you will receive a little pack when you register, with posters for your wheelie bin, streamers, a how-to guide plus little goodies. Speak to you all from October 14th!



Kath Ryan, Co-ordinator Ph: 5468 1511 admin@dunnhc.com.au



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Protect yourself from Legionnaires' disease when you garden

Gardening is a fun, safe pastime and it is also a great way to get some fresh air or get the family or grandkids outside. However, there are some precautions we should take to look after ourselves.

Did you know that Legionella longbeachae bacteria, which can cause Legionnaires' disease - a rare form of

pneumonia, are found in commercial potting mixes and are also in compost and soil?

The simplest ways to avoid breathing in or spreading Legionella bacteria are to:

Wear a face mask and gloves while handling soil, potting mix or compost - gloves will also protect you from any sharp objects or biting insects living in the soil

Wash your hands with soap and water after gardening, before eating, drinking, smoking or placing your hands near your face or mouth.

Open bags of potting mix in a well-ventilated space and directing the opening away from your face to avoid inhaling the mix.

Dampen potting mix with a light spray of water to reduce the risk of airborne particles, and

water gardens and composts gently using a low-pressure hose.

Find atopdoc What is Legionnaires' Disease? Legionnaires' disease is a type of pneumonia that is **SYMPTOMS** caused by legionella bacteria, which grows best in warm water. Cough Causes: By breathing in mist from Fever contaminated water sources, such as hot tubs that are not cleaned, hot water heaters plumbing systems, cooling towers, and other Chills stagnant pools of water Aches Those at risk: People 50 years or older, current or former smokers, those with a weak immune system, or those with lung disease hortness f Breath Treatment: Course of antibiotics as administered by your doctor

Although most people who breathe in the bacteria don't become ill, the risk of disease increases with age, chronic lung disease, smoking, and in people with weakened immune systems.

The symptoms of Legionnaires' disease usually begin to appear within six days of being exposed to the bacteria.

Early symptoms are like the flu, and include headaches, fever, chills, muscle aches and pains, and a dry cough or shortness of breath.

If you experience these, you should see your GP for treatment.

For more information on Legionnaires' disease and garden safety, visit:

www.betterhealth.vic.gov.au/health/healthyliving/gardening-safety#legionnaires-disease-and-gardening-safety

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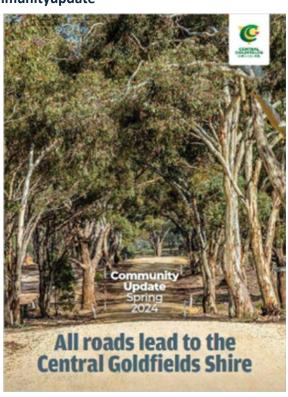
OUT NOW!

Spring has arrived – and so should your copy of our latest Community Update magazine.

Over this week copies have been delivered to every household in our Shire. Copies are also available from our Customer Service Centre, Maryborough Library, Central Goldfields Art Gallery and our Visitor Centre at Maryborough Station.

You can also read it online at:

www.centralgoldfields.vic.gov.au/communityupdate



HEALTH ALERT

Cases of whooping cough (pertussis) continue to increase in Victoria, particularly amongst school-aged children.

Immunisation is the best way to reduce the risk of whooping cough and is recommended for babies and pregnant women to reduce the risk of infection and complications. To be effective, a booster vaccine is required every ten years.

The vaccine is free for pregnant women and children. Contact our immunisation team at Goldfields Family Centre by calling 0428 894 724, scan the QR code shown, or email:

immunisation@cgoldshire.vic.gov.au



Your Local Law Review

Thank you for the many thoughtful and practical suggestions about our Draft Local Law 2025-2035. With nearly 200 contributions over our engagement period, we now have good insight into our community's expectations for their Local Law.

Feedback will now be referred for legal advice, then presented to our new Council following the election process later this year.

We'll keep you up to date on its progress. For information about this process visit:

www.engage.cgoldshire.vic.gov.au/yourlocallaw





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SO CUTE! By Vicky Frizzell

The many little sores and scratches on the backs of my hands and around my ankles are testament to my new little friend.

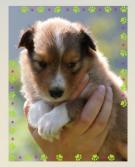
Such a dear little thing curled up sleeping on my lap or in her bed, she changes instantly her eyes open. Nothing she can reach is safe.

Washing and drying in front of the fire is fun, the bathroom mat turns up in many unexpected places. The mop head and hearth brush are fascinating and the rubber exercise band is amazing.

For a growing puppy food is the essence of life. It took less than a day for her to realise the fridge and cupboard are the centre of her universe.



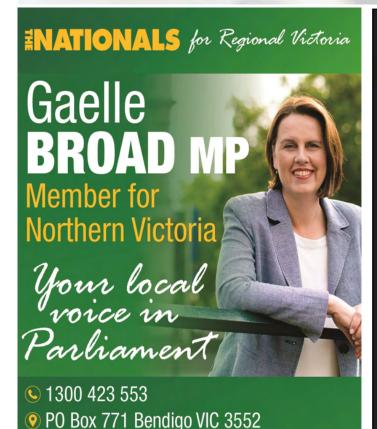
At the moment, I can nudge her away from the open fridge with my foot which then gets bitten, but in a few more weeks she will have grown a lot and that might not be possible. So far, I have resisted the urge to give her tidbits from my plate



and I am strong in that decision - so long as I don't look at her little face.

The floors are constantly covered in puppy toys, an empty drink bottle, unravelled balls of wool, bits of bark, random papers, the lid from a glass jar and the list goes on. Every plant in the fernery has been taste tested - and looks it.

Yet despite all the chaos she gives me many laughs and oh aah moments every day. I am very happy to share my space with her - so far. And she will grow out of this stage soon - I hope.



gaelle.broad@parliament.vic.gov.au

 gaellebroad.com.au GaelleBroadMP



MISUNDERSTOOD MARVEL WEED By. Charmain Sheppard

It's that time of year again when everything on the farm seems to be springing to life, including some unexpected visitors in the garden beds.



Recently, I stumbled upon a particularly rampant weed, growing like it had something to prove. Luckily, I was decked out in full protective gear - long sleeves, gloves, the whole nine yards - because when I paused my weeding for a quick research break, I discovered this prickly plant was none other than the infamous stinging nettle. Ouch! Just thinking about brushing up against it without protection made my skin crawl. But instead of casting nettle aside as just another garden nuisance, my curiosity got the best of me. What I found was nothing short of amazing.

NETTLE'S SCIENTIFIC SIDE

Let's start with the basics. The scientific name for this plant is Urtica, and it's a champion at growing just about anywhere it feels at home. Spring, summer, or autumn, nettle doesn't need much of an invitation to pop up in your garden, along your fences, or even in those forgotten corners of your yard.

Now, if you're like me, the first thing you'll think when you hear "stinging nettle" is to give it a wide berth. But here's the twist - once you get past its prickly exterior, this weed is actually a bit of a nutritional powerhouse. And yes, you can eat it! The key is to cook the leaves first, which neutralises the sting and unlocks its surprising potential.

NETTLE IN THE KITCHEN

Who knew that a plant notorious for causing pain could be so versatile in the kitchen? Nettle leaves can be steamed, brewed into a soothing tea, mixed into pasta dishes, or even stewed. Some folks also dry nettle leaves for future use, making it a handy addition to your pantry when fresh greens are in short supply.

So, what's the big deal with nettle? Why would anyone go to the trouble of cooking something that can sting you? As it turns out, nettle is packed with good stuff.



NETTLE'S NUTRITIONAL POWER

Before we dive in, let me be clear: I'm not a doctor, and this isn't medical advice. If you're thinking of adding nettle to your diet, it's always best to check with your healthcare provider first. That said, here's what I found

Nettle is high in chlorophyll, which can give your body a natural boost. It's also rich in iron, which might be beneficial for those dealing with anaemia, heavy menstruation, or fatigue. For those of us in the hay fever club, nettle contains a bit of antihistamine, which might just help take the edge off those sneezes and sniffles.

And it doesn't stop there. Some studies suggest that consuming nettle could help with stress, nervousness, depression, insomnia, and even gout. There are whispers that nettle tea can stimulate the digestive system, potentially aiding in weight loss and helping with conditions like ulcers, kidney and bladder issues, and fluid retention.

While the list of potential benefits is long, it's always wise to approach any new remedy with caution and a bit of skepticism. That said, many cultures have used nettle for generations, applying it directly to sore spots as a natural pain reliever.

NETTLE WORTH A SECOND LOOK

So, the next time you're out in the garden and come across a patch of nettle, don't just pull it up and toss it aside. Instead, consider giving this prickly plant a chance. With the right preparation, nettle can be transformed from a feared weed into a flavourful and nutritious addition to your diet. Just be sure to handle it with care both in the garden and in the kitchen!

TARNAGULLA STRICTLY VINTAGE FAIR

An annual FREE event celebrating all things vintage in the historic town of Tarnagulla in the Victorian Goldfields, Tarnagulla Strictly Vintage Fair held last weekend, showcased vintage stalls, vintage fashionistas, local live music, fabulous food, competitions, history displays and vintage games.





Luckily, the weather held off for everyone to enjoy a day filled with nostalgia, fun, and gloriously vintage memories.



PHOTOS BY JOE GRASSO









DUNOLLY FIRE BRIGADE AWARDS 2024

Dunolly Fire Brigade held their Annual Awards Night on Saturday 7th September at the Dunolly Bowling Club. It was a night to recognise the unwavering service our volunteers put into protecting life and property, through firefighting and education. Each year members come together with family and friends to recognise the commitment and dedication of members who have contributed to the Community.



This year's recipients were:

Anthony Barton 15 Year Medal, Elisabeth Christensen 15 Year Medal, Karina Colquhoun 5 Year Certificate of Service, Gary Cuddy 20 Year Service Medal, Peter Daly 35 Year Service Medal, Graeme Day 10 Year Service Medal, Ken Duell 35 Year Service Medal, Dot Dutton-Flett 15 Year Service Medal, Mark Kelly 30 Year Service Medal, Alan Murray 25 Year Medal and Ross Walker 55 Year Service Medal.

Dunolly Fire Brigade would also like to thank the hard-working volunteers from the Dunolly Community Meals Programme for catering this event. Their food and service were exemplary which contributed to a very enjoyable night. Congratulations to all members who received service awards.



The Country Fire Authority (CFA) values the contribution members make to their community and brigades. One way of acknowledging outstanding service is through the receipt of an award. Honours and awards recognise, celebrate and say 'thank you' to those members who have given their time in the service.

The awards medals consist of a bronze medal adorned with the 8-pointed Star of Saint John that signifies the 8 virtues of a firefighter (Tact, Loyalty, Dexterity, Sympathy, Explicitness, Observation, Gallantry, and Perseverance). It is attached to a Red and White Checked ribbon that signifies the CFA logo. The ribbon will have a service years clasp attached if the member has served 15 years or more. The Service Award also consists of a ribbon bar and a lapel pin.

Brigade Administrative Support Officer Lauren Hicks, Maryborough Training Officer Peter Higgins and Dunolly Brigade Captain Greg Humphrey presented these awards.





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<u>Tailings</u>

Newsletter of the Goldfields Historical and Arts Society Inc. No.A9641 Museum 75 Broadway Dunolly, John Tully editor



WIZZA WELDERS

hilip Mathew van Vledder (1903-1971) was the son of a Dutch merchant seaman who left his ship in Singapore and found his way to Geelong. Philip was born in Geelong moving to Dunolly in 1953. He purchased a house at 134 Broadway at the corner of Tweeddale St and in 1956 his family moved up. The workshop was in a corrugated iron shed towards the rear of the property.

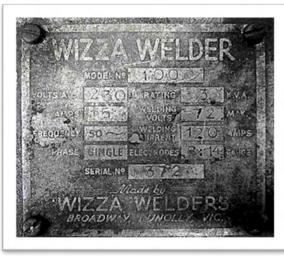
In 1953 he started manufacturing Wizza Welders. The advertising stated they were entirely designed and built in Dunolly. A few different models were available. There was a 230 volt single phase 75 amp sold for £40 and a 120 amp model at £55. There was also a 400 volt unit for use on farms combined with a generator. They came with instructions, accessories and a twelve month guarantee.



Geelong & Dunolly models at Dunolly Museum

Later a 460 volt model was added.

Sales in the district were delivered by van Vledder's truck. Those further away were sent by rail.



Dunolly nameplate

After about seven years van Vledder returned to Geelong and continued producing Wizza Welders.

These welders were donated to the Dunolly Museum earlier this year by Keith and Olive Maxwell. Olive is a descendant of the Sandow family of Dunolly. The welders had been used on dairy farms near the Murray River.

They are a good example of industrial history something that is often overlooked. It is also good to remind people that Dunolly once had a vibrant manufacturing industry.

The welders were named after Wizza a newspaper cartoon series at the time.

Dunolly Rural Transaction Centre



109 Broadway Dunolly Ph: 5468 1205 Email: rtcdunolly@gmail.com

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Church Notices

Catholic Church, Dunolly

There will be Assembly on Sunday September 15 at St. Mary's Church at 8.30 am

Rosary will be said at the summer-time of 5.00pm on Tuesday afternoons.

Good to see some new faces at Mass today.

R. Mecredy

Jesus preached the Good News of the kingdom and healed all who were sick.

Mt. 4:23

St John's Anglican Church, Dunolly

Rev Canon Heather Blackman Parish Office, Nightingale Street, Maryborough. Phone 5460 5964 Service 10am every fourth Thursday

New Horizon Church, Bealiba

Bealiba Public Hall. Every Sunday 3pm
For more information about services and bible studies

Contact Veronica Medlyn: 0427 345 577



Worship on Sunday, September 15 at 9.30am will be led by Julie Ramsay.

Uniting emergency relief will next be in Dunolly on Thursday, September 19 from 1.00.

The Op Shop is open weekly on Tuesday, Thursday and Friday from 10.00am.

Linda Pickering

'Do not withhold good from those to whom it is due, when it is in your power to act.'

Proverbs 3:27

St David's Anglican Church, Bealiba

Davies Street Bealiba

Sunday Eucharist: 8am 2nd and 4th Sundays of every month. Rev. Peter Downes ph. 0412 957 383



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hat changeable weather there has been this week. I was going into Maryborough on Friday, so I eye-checked the weather without going outside and dressed in my cold weather clothes.

Then I went outside, did a U-turn and re-emerged in summer clothes. It was hot out there!

Isn't it remarkable how warm and comfortable one's bed seems when it is time to get up, especially on cold mornings.

I was slightly amused and backward looking when I saw that basket weaving was going on at the Art's Hub a week or so ago.

I can remember when the "hippies "(anyone showing an interest in alternative lifestyles) were referred to sneeringly by politicians and other conservative thinkers as a bunch of basket weavers. How things have changed.

I had a really enjoyable morning/early afternoon today (Sunday). My niece from Bendigo rang to ask if I would like to go to the Tarnagulla Vintage Fair, as it looked interesting in the ads. Of course, I said yes, and had a really good time. There were masses of people, heaps of old cars and some interesting equally aged caravans. Some of these were quite small but contained everything that would be needed for a trip away. There was a fair sprinkling of Dunollyites in the crowd and on stalls.

There were local wines, beers and some interesting foodstuffs for sale. There was even a fashion parade by people who had dressed in their vintage clothes and found themselves picked to model their clothes. The threat of rain, and one good shower did not stop people enjoying themselves. Looking forward now to Dunolly's big day later in the year.

Rosie

Ligns

Bong recreation area exit 340.(Everyone relax).

National Institute for Brain Based learning. (is there any other type?

Please wait to be seated. Restrooms. (Seems like a good idea).

Just for a Laugh

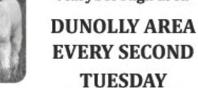
A guy shows up late for work. The boss yells, "You should have been here at 7.30 this morning."
He replies, "Why? What happened at 7.30?"

During a power outage in our office building my boss was stuck for three hours - on the escalator.

If God had meant us to eat sugar, he wouldn't have invented dentists.



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Community News

DUNOLLY'S BIGGEST MORNING TEA FOR CANCER.

Well done everyone! \$750.00 was raised for the Cuppa for Cancer fundraiser on Thursday.

Over 40 people enjoyed a very social event staying to have several cuppas. We were joined by 8 members of the Girrahween Trefoil Guild from Maryborough.

A great time to catch up with old friends!

Our heartfelt thanks to the members of our church community who donated jam, cream, butter and baked a huge array of freshly baked scones.

Special thanks to the local Commonwealth Banks who held morning teas in honour of our daughter Anne who has been 15 years free of Cancer. They raised \$165.00 and gave us the money.

Many thanks to Wendy and Keith who sold flowers from their garden on Mothers' Day raising \$55.00. A great effort! KYB had a whip around and raised \$47.65. Thank you!

Our raffle raised \$180.00. The teapot with the chook teapot cosy was Knitted and donated by Marion and was won by Jeannette Richards. Other prizes were donated by the Watts and Wyman families and were won by Hannah, Elaine Hall and Bev Hunter.

Our door prizes were won by Stella Deason and Ric Moore. Stella won a beautiful hand knitted cup cake tea cosy made by Marion and Ric won a mug donated by Fred.

The donation box on the counter of the Op Shop collected \$52.35.

It just shows how every little bit helps. We have all been touched by cancer in some way.

A huge thank you to all who helped make this day such a success.

Jan and Fred Watts



CHANGE IN URGENT CARE

Maryborough District Health Service (MDHS) advises there will be a change to the access to the Urgent Care Centre (UCC) at Maryborough Hospital from Monday 9 September.

The adjustment is necessary due to the ongoing construction of the new hospital building.

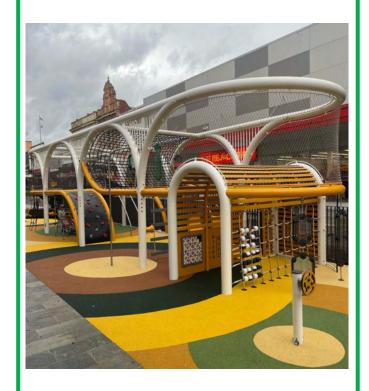
Access to the UCC will be limited to one lane, reserved for ambulance entry and drop-off of vulnerable UCC patients only. Vehicles can still enter from Clarendon Street but must give way to exiting traffic.

A new vehicle give way bay is located at the driveway entry point from Clarendon Street.

Additional ambulance parking will be available in the new car park at the rear of the hospital, ensuring priority access for emergency vehicles. The health service is urging medical imaging patients to park in nearby parking zones. Access via the pedestrian access ramp remains unaffected. These changes are expected to be in place until the new hospital is complete. Thank you for your understanding while we build a bigger and better hospital for our community.

NEW PLAYGROUND OPEN

Bendigo's Bridge Mall Playground is now open.





Op Shop News

unolly Op Shop is still bursting with winter clothing, despite the great efforts of many shoppers on the first day of our clothing for \$5 a BAG!

As you enter the Op Shop there is a large box stuffed with empty supermarket bags. Select a bag and away you go.

Stuff in as much Winter clothing, warm coats, shoes, scarves, handbags, socks etc into that bag and present a \$5 note at the counter.

We are relying on everyone to help us prepare our shop for the garments for our new season. along on Tuesdays, Thursdays and Fridays.

A beautiful tasteful-green 3 seater is waiting to grace couch someone's home or Bn'B. It is a lovely item but space is always an



issue, so this settee in excellent condition will be sold for a tiny price.

Are you decorating for Spring, like advertisements of retail stores suggest?

Op Shop has so many pictures and





many in good quality frames. You may see them all displayed when you come in for our \$5 a bag of clothing SALE! Hurry before you miss out!

The Op Shop Team

Across

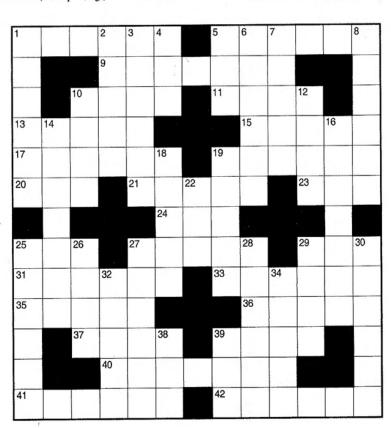
- 1. Fail to reach fruition, on the vine
- 5. Resort city of southern France
- 9. Water body north of Aust., ___ Sea
- 10. Large web-footed bird
- 11. Covering on inside of fruit rind
- 13. Physical appearance
- 15. Liquid food dressing 17. Blood-filtering organ
- 19. Soft and full-flavoured (of fruit)
- 20. Golf peg
- 21. Portrayed Peter Pan in Hook,_ __ Williams
- 23. One or some
- 24. Enclosed truck
- 25. Flying mammal
- 27. Lord of the underworld in Greek mythology
- 29. I am, you _

- 31. Warm jacket, usually with hood
- 33. Argue logically
- 35. Term not meant literally
- 36. Bedspread
- 37. Cube of sugar
- 39. Distinctive quality seeming to surround someone
- 40. U.S. state bordered by Florida and Alabama
- Card game with up to four players
- 42. Via the Internet Down

1. During the time that

- 2. Former Aust. P.M., Bob
- Stationer's product
- 4. Went quickly on foot
- Container supported
- by saucer 6. Moved upward
- 7. Birth-related
- Tough and stringy (of meat)
- 10. One and only
- 12. Skirt of long grass, skirt
- 14. Amount on which operation is performed (mathematics)
- 16. Unable to be managed, out of _
- 18. Serbian tennis champion, _ Djokovic

- 19. One working in extraction of ore
- 22. Naughty
- 25. One to whom goods are temporarily entrusted (for repair, eg.)
- 26. Hard work
- 27. With great energy,
- and tongs 28. A spangle
 - 29. Most populated continent
- 30. Tempt
- 32. Having uneven surface
- 34. Relating to hearing
- 38. 19th century U.S. writer, Edgar Allan
- 39. Prior to the present



Spring Cleaning

Now Spring has arrived its time to tackle those little jobs around the house

Easy-to-miss Home Maintenance jobs.

Roofing: From the ground, routinely inspect your roof for signs of damage. This can include cracked tiles and damage to flashing on any chimneys. It is especially important to assess your roof's condition after storms when rain, strong winds and debris are more likely to have caused damage.

Flexi hoses: Flexi hoses are commonly found in the kitchen, bathroom and laundry. Signs you may have a leaking hose include swollen skirting boards and/or cabinetry, and, if the problem is on the second floor, ceiling damage. To help prevent burst flexi hose pipes, take stock of where they're located in your home and check them on a regular basis for damage such as tears or fraying. Always use a licensed plumber to install and fix flexi hoses.

Grout/Silicon seals: Grout and silicon seals are found in and around plumbing fixtures such as showers, baths and sinks. Degraded grout and silicon seals are a leading cause of water damage in homes and it's recommended to inspect regularly and reseal as necessary.



Mould: No matter where it's located, the basics of mould prevention remain the same. Increase air flow and reduce moisture. This can be achieved by leaving a small gap between furniture and walls, airing out your home when weather permits, and addressing any causes of damp.

Buying a dehumidifier or an air purifier can also help stop mould taking root. If you discover mould in your home, it can be treated with diluted vinegar (nine parts vinegar to one part water) or methylated spirits (four parts methylated spirits to one part water).

Termites: Common signs of a termite infestation include weak or damaged walls, sagging floors and unexplained power failures. Pest prevention is better than cure, including preventing damp, ensuring water is draining away from your home, fixing any leaks, and storing firewood, timber, wood mulch and piles of scrap paper goods (such as cardboard and newspapers) away from the main structure of your home.

Door/window seals: Around 15 to 25% of heat loss in the home during winter can be attributed to draughts due to worn or absent sealing. Well-fitted seals can save you money on your energy bills as well as insulate your house better.

Heaters/Air conditioners: Heating and cooling systems should be serviced annually before their peak usage period to ensure they are functioning at their most efficient and cost effective. There are also health reasons to maintain your heaters and coolers. Unseen mould and bacteria can build up in split-system units, which you can unwittingly blow throughout your home. A damaged or poorly working gas heater can potentially leak deadly, colourless and odorless carbon monoxide gas into your home.

RACV News

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DUNOLLY GOLF CLUB

Work continues to finish the clean up from the recent storm. A big thankyou to all those doing their bit to help get the course up to scratch.

Saturday's play saw the completion of the Mixed Championship for 2024. Congratulations to Laurence Thomas and Julie Hunt, who won the event from Darren and Shenae Hunt.

Josh Britten won the Monthly Medal for September by just one shot from the unlucky Ken Brereton. Nearest the pin awards went to Shenae on the 13th, Ian Arnold on the 16th, and Josh Britten on the 18th.

Next Saturday sees the start of our final board events for the year, the June Lovel and Brian Watts matchplay championships.

We require all players to let us know if they are available to play, so we can make a draw for the events.

If you are not available on Saturday, but can play on Sunday or during the week, we will try to accommodate you.

Let's see if we can get as many players as possible to participate in the final competitions for the year Speaking of which, the course will remain open until at least the end of October, and is in great condition. It is not too late to start playing, and we will certainly be encouraging school kids to play during the upcoming vacation period.

Come along and have some fun!

Ian Arnold





DANGI I'VE BEEN

SHORT ALL DAY!

I'VE BEEN SHORT MY WHOLE LIFE.

